 bedpreparation free planting \& care *. wildflowers in urban areas

- 8 favorite annuals/perennials

Flowering annuals or bedding plants are homeowner favorites. They are inexpensive and produce an abundance of brightly colored flowers from spring to frost. Some are even winter-hardy if protected by a light mulch.

Annuals complete their growing cycle within one growing season. They are usually purchased in early spring and planted as soon as the last frost is past. Several annuals, such as pansy, snapdragon, stocks and calendula, will withstand a light frost and can be planted earlier for establishment during cool weather.

The annuals industry has grown tremendously in the last several years. The impatiens is the most popular since it is so versatile, offering brilliant summer-to-fall bloom in shady beds, borders and containers.

Other leading annuals are geraniums from cuttings and seed, petunia, marigolds and fibrous begonias.

Where they grow-Annuals grow best when the soil in the planting site has been prepared beforehand to receive the transplants. Planting sites should be well-drained and in full sun or moderate shade, depending on plant species preference. Plant roots fail to thrive in wet soil so drainage is very important.

Adjust the soil to a pH of 6.3 to 6.7 for best growth.
Highly organic soils can range from pH 5.7 to 6.0 . Amend the soil with high quality peat. At planting, break apart soil root masses slightly to prevent "root balling." This procedure will ensure rapid


Begonias are among the most popular annuals,
root expansion into surrounding soil.
Water plants after planting to hasten root establishment.

Before planting-After healthy plants have been purchased, plant them immediately. Water and fertilize on a regular basis.

Transplants, if held for a few days before planting, must be kept watered, since the small cell-packs dry readily. Place plants under the shade of trees and remove dead flowers as needed to prevent decay if planting is delayed.

Don't store plant material in a shop where gas engines are started. Build-up of ethylene gas, a product of combustion, can cause leaf drop and flower injury. High temperatures and low-light conditions will also lead to rapid deterioration of plants.

As plants grow and flower, it is necessary to pay some attention to small details of fertilization and dead flower removal.

Fertilize at time of planting by using a controlled release fertilizer product that will feed all season or use a liquid with $20-20-20,23-19-17$ or a similar fertilizer bi-weekly.

Remove dead flowers and broken branches weekly. This reduces botrytis fungus build-up and keeps plants healthy. Avoid overhead watering by using a soaker hose to wet the soil and not the foliage.
-Source: Dr. Charles T. Behnke, extension agent,
horticulture, Ohio State University

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Impatiens: for shade or partial shade areas.

Petnnias: best in arid locales.
Moist locations: Angel trumpet; forget-menot; hibiscus
Poor soil: California poppy; celosia; clarkia; cosmos; snow-on-the-mountain
Sunny locations: Aster; baby's breath; bachelor button; calendula; castor bean; celosia; celosia; cosmos; dianthus; flowering cabbage; gazania; geranium; larkspur; marigold; morning glory; moss rose; nasturtium; pansy; petunia; poppy; salvia; snapdragon; statice; strawflower; verbena; zinnia.
Shade or partial shade: Annual phlox; balsam; begonia; bellflower; calendula; clarkia; coleus; dwarf lobelia; forget-me-not; four o'clock; flowering tobacco; godetia; impatiens; larkspur; nasturtium; pansy; sweet alyssum; verbena; wallflower; wishbone plant Arid locations: Ageratum; California poppy; cockscomb; coreopsis; cosmos; four o'clock; moss rose; petunia; statice; swan river daisy;


## SPRING

Lungwort (Pulmonaria spp.)-Several varieties; oval leaves with metallic spots; flowers that turn from pink to blue; 5 inches tall; excellent ground cover.

Bloodroot (Sanguinara canadensis)-Huge, rounded leaves through spring and summer; daisylike white flowers are 8 inches tall; a native; self-seeds and spreads rapidly.

Ferns-Many varieties, including maidenhair (Adiantum npp.), Goldie's (Dryopteris
Goldiana), royal (Osmunda regalis), Christmas (Polystichum acrostichoides) and Japanese painted (Athyrium niponicum var. pietum): 1 to 4 feet tall: lovely foliage plants.

Daylillies (Hermerocallis spp.)-Early-blooming varieties 6 inches to 4 feet tall.

Oriental poppies (Papaver orientale)-Hairy lobed leaves: huge white, pink, red or orange flowers, 3 feet tall; dies back in summer.
N Peonies (Poeonia spp.)-Many varietics; deeply lobed, leathery foliage; white to red single and double flowers; 1 foot to 4 feet tall.

Virginia bluebells (Mertensia virginica)Oval leaves die back in summer; flowers start pink and turn blue, on graceful stalks: 1 foot tall.

Common primroses (Primula vulgaris)Crinkled, straplike foliage; pale yellow flowers; 8 inches tall.

Iris Kaempferi and I. Pseudacorus-Lanceshaped blue-green leaves: huge flat flowers: three feet tall.

## SUMMER

Hostas (Hosta spp.)-Many varieties; huge rosettes of oval leaves in many textures and colors, white to lavender bell-like flowers, some fragrant; 6 inches to 4 feet tall.

Daylillies (Hemerocallis spp.)-Many varieties; flower colors may be less vivid on shaded plants.

Balloon flowers (Platycodon grandiflorus)-Small oval leaves; white, pink or blue single and double flowers on wands; 2 feet to 3 feet tall. Buds look like balloons.

Heliopsis (Heliopsis spp.)-Many varieties: nondescript foliage; daisylike yellow to orange flowers; 4 feet tall; among the longest flowering perennials.

Phlox (Phlox paniculata)-Nondeseript foliage; fragrant white to purple flowers until frost; 3 feet tall; visited by hummingbirds.

Coneflowers (Rudbeckia spp.)-Several varieities: nondescript foliage: daisylike pink or white flowers with brown metallic centers; 2 feet to 3 feet tall; a native.

Astilbes (Astilbe spp.)- Many varieties; ferny, leathery foliage: flowers in plumes of white, pink, lavender and red; 6 inches to 5 feet tall.

Purple loosestrife (Lythrum Scalicaria)-Several varieties; nondeseript foliage: wandlike flower clusters in pink to purple; 3 feet to 4 feet tall; invasive.

## FALL

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Blue mist shrub (Caryopteris x clandonensis)-Graygreen delicate foliage; blue misty flowers from August on; 3 feet tall.

Asters (Aster spp.)-Many varieties; nondescript foliage: daisylike flowers in white, yellow, blue, pink. red and purple; 6 inches to 5 feet tall. Some are natives.

Hardy chrysanthemums (spp.)-Many varieties; much-branched compact plants with daisylike flowers from white to red; 1 foot to 3 feet tall. A good cultivar is C. $x$ rubellum 'Clara Curtis'.

Hibiseus (Hibiscus spp.)-Several varieteies; huge heart-shaped leaves; plate-sized single flowers from white to red; 4 feet to 6 feet tall.

Ferns-Many varieties; attractive foliage; 1 foot to 4 feet tall.

Perennials are charted in order of flowering or their most attractive season. Chart author Nancy Carney says these species all thrive in crowded gardens. Carney lists plants that are easy to grow and long-blooming, with foliage that stays attractive a long time.

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1) Provide a path for the eye. It's "the track the eye rides upon." A path guides the eye through the garden as though the eye were riding on rails. The path must appear to lead somewhere, and the further the better.
2) Build a background, to emphasize the best features of the garden. Fences, walls, shrubs or trees make the best backgrounds; they obscure distracting objects, like telephone poles or tool sheds.
3) Find a focal point. You find it when you follow the path and reach the background. The focal point should be interesting and obvious, such as sculpture, furniture, bird feeders, or a distinctive and colorful plant.

Chrysanthemum variety 'Sophia', new from Yoder Bros., Barberton, Ohio: (216) 7452143

4) Control color. Divide flowers into two groups: those that are colored red through blue, and those that are yellow through orange. If you plant flowers form only one group, you simplify the color scheme without detracting much from the garden's allure, since the colors in each group generally harmonize.
5) Add texture. Save this for last. Texture includes all the nonflower details: plants, pebbles, rocks, benches, patios. Paving materials should be of the same texture. If the patio's made of brick, so should the wall be brick.

Plants, however, can be of various textures, as long as the most dramatic plants don't overpower the rest of the garden.
-Source: Robert Smaus in The Best of Fine Gardening: GARDEN DESIGN IDEAS, published by The Taunton Press (soffcover, 96 pages, 814.95). To order, call The Taunton Press, (800) 888-8286, operator 77.

- Wildflowers in residential areas? You bet.

Direct seeding of wildflowers is less expensive than using bedding plants. Wildflowers are hardy and, in many cases, drought tolerant. Wildflowers also offer a casual, natural lookthat bit of wilderness so desired by many homeowners today.

Does that mean advising homeowners to turn their properties into a wildflower meadows? Not at all.

Neighbors may not appreciate it. The homeowner may love wildflowers, but neighbors, some anyway, may perceive them as weeds. Also, some communities have laws against allowing lawns to grow too tall. A wildflower area is, admittedly, not a lawn, but these complaints are common enough to be bothersome. Deal with neighbor and local regulatory issues before beginning. Then plan the wildflower areas carefully. Likely residential wildflower sites include a slope in the back of a property or a side yard.

Matching the kind of wildflower mixture with specific site is the next step. How much sun does the area receive? There are wildflowers that grow in sunny, dry areas as well as those which grow in cool, shady spots which get at least one to four hours of sunlight daily. Decide what kind of mixture suits the desires of the homeowner best. All one color? A tall mixture?

A multitude of mixtures are available, even custom blending for larger seeded areas. Most mixtures contain both perennials and annuals. Most annuals will give a brilliant show the first year, but usually don't reseed. They help con-


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trol weeds and add vibrant color to the planting during the first year. Most perennials will bloom from the second year on.

Proper preparation of the planting site is critical for wildflower success. Remove existing vegetation, tilling the soil to a depth of three to four inches. Remove weed seed from the soil, either by repeated tilling or by repeated use of a general herbicide such as Roundup or Kleenup.

Wildflower seeds can be planted in spring, early summer or fall. Typical seeding rates for small areas are one ounce per 250 square feet or one pound to cover 4000 square feet. A oneacre planting will need $5-20$ pounds of seed, depending on the site and mixture used.

To make seeding easier, mix the seed with sand or vermiculite. Then spread the mixture by hand or with a small cyclone seeder. The seeds should be covered lightly by raking or by covering with $\%$ inch of fine peat.

Keep the ground evenly moist until the seedlings become established, usually within $4-6$ weeks. This is particularly important if seeds are sown in late spring or early summer. Although it may not be practical to hand-weed large wildflower plantings, it greatly enhances the beauty of the site to remove weeds. Mow, at a height of 4-6 inches, at the end of the growing season.

- Hostas are one of the best partial sun/full-shade perennials.
"Anything with yellow in it will tolerate more sun," says Debbie Frey, horticulturist with Bailey Nurseries, Inc., St. Paul, Minn. "But as a rule, hostas are suited to part shade or shade."

Light sun for plants means 3 hours or less per day. Full sun is 6-8 hours a day; partial sun is $4-6$ hours of direct sunlight.

Frey says there are some new hosta varieties on the market.
"There aren't thousands of cultivars to choose from, but here are some newer varieties on the market to think about."

Here's Frey's list of new hosta choices:
Hosta 'Aspen Gold' is a large specimen plant with gold leaves that are crinkled and cupped.

Hosta 'Francee' is a variegated type with dark forest green leaves
with a bright, crisp white edge. A good choice for potting, it blooms in August with a lavender flower on plants that are 15 -to 18 inches tall.

Hosta 'Ginko Craig' is a small-starred plant that's great for edging the garden bed, with long narrow dark green leaves with a narrow white border along the leaf.

Hosta 'Great Expectations' is a large specimen plant; the leaf has a very wide, irregular margin of blue and green surrounding a light yel-low-cream center, very puckered.

Hosta 'Patriot' has leaves with forest green centers, accented by a broad, cream colored margin on plants up to 18 -inches tall. It likes more sun than the average hosta to retain its color.

Hosta 'Shade Fanfare' is a variegated variety; leaves have a light green to gold center accented by a broad, cream-colored margin on plants up to 18 -inches tall. It needs more sun to retain its color.

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## edding plant preparation/fertilization tips

- Vibrant displays of bedding plants require healthy soil that contain adequate quantities of water, air space and nutrients. Since bedding plants have such small root systems-compared to woody plants-these three requirements must be uniform in the top 8 to 10 inches in the soil.

Unfortunately, not all soils provide good growing conditions for bedding plants. Sub-standard soils can be improved with the addition of soil amendments and nutrients.

For instance, sandy or coarse-textured soils provide pore space for oxygen and drain well. That, of course, means they don't hold water very well. The addition of peat moss, humus, or properly processed compost will allow the soil to hold more water.

Clay soils are comprised of much smaller particles meaning they hold water well. Characteristically these soils compact easily and drain slowly, between 4 to 20 times slower than sandy soils. Additions of pine bark humus or compost (make sure it's fully composted) can improve these soils. For best results incorporate at least 2 inches of the amendment into the top 6 inches of the soil. You can add more amendment, up to about 50 percent. More than that is a waste of time and money.

After adding the amendments a soil test may be in order. It will reveal if phosphorus, potassium, calcium or magnesium are needed.

It will also measure the soil's pH . Or you can make your own preliminary finding with a portable pH meter. The soil pH for bedding plants should be between $5.5-6.5$. To raise the pH of the bedding plant soil, use ground limestone; to lower it, elemental sulfur.

Providing bedding plants with the proper nutrients and in the proper amounts isn't just a matter of putting down fertilizer.

For instance, the challenge in applying nitrogen-the element that accelerates plant growth-lies in not applying so much that plants are


Bedding plants provide a more colorful display when properly fertilized.

## damaged.

Water-soluble fertilizers, for instance, can generally be applied every $4-8$ weeks throughout the plant season, applying no more than $4-6 \mathrm{lbs}$. N per 1000 sq . ft . of bed area during the growing season. Or, slow-release fertilizer can be incorporated into the bed just before planting. Broadcast a second application about mid-season. Again, 4-6 lbs. of N per 1000 sq. ft . of bed per season should give good results.

Once the bed has been prepared and fertilized and the flowers planted, they must get adequate amounts of water. The nature of the soil, whether it's primarily sand, loam or clay, determines how often the bed should be irrigated. Beds maintained in sandy conditions may need to be watered 2 or 3 times a week whereas a bed that's been established in clay may only need a weekly dosing.

## Dry broadcast over bed surface

Suggested nitrogen sources, application methods, intervals between applications and application rates for bedding plants in the landscape (Nitrogen recommendations based on seasonal total of 4 lbs. $\mathrm{N} / 1000$ sq. ft. bed area)
-by Douglas A. Bailey, Stuart L. Warren, William C. Fonteno, North Carolina State University.

| Nitrogen source | Effect on <br> soil pH |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Ammonium nitrate <br> $(33.5-0-0)$ | mod. acid | 2 lbs .6 oz. | 4 lbs. | 6 lbs. | 4.5 oz. | 9 oz. | 1 lb. |
| Ammonium sulfate <br> $(20-0-0)$ | very acid | 4 lbs. | $6 \mathrm{lhs}, 11 \mathrm{oz}$. | 10 lbs. | 7 oz. | 14 oz. | 1 lb .10 oz. |
| Calcium nitrate <br> $(15.5-0-0)$ | mod. basic | $5 \mathrm{lbs} 3 oz.$. | 8 lb .10 oz. | 12 lbs .14 oz. | 9 oz. | 1 lb .2 oz. | 2 lbs .1 oz. |
| Potassium nitrate <br> $(13-0-44)$ | slight acid | $6 \mathrm{lbs} 2 oz.$. | 10 lbs .4 oz | 15 lbs .6 oz | 11 oz. | 1 lb .6 oz. | 2 lbs .7 oz. |

Generally, plant trees and shrubs so that they may develop freely without crowding each other, houses or utility lines.

Before selection: determine the mature size of the tree by consulting nursery personnel, catalogs, garden books, or extnsion publications. Be sure to get the correct information fro the specific variety of you tree.

Many shrubs and round-headed trees grow about as wide as they grow tall, so if figures for width are unavailable, estimate from the ultimate height. Ex.: a tree that grows between 10 and 15 feet tall will commonly spread its branches about the same distance, and should be planted about 7 -to-8-ft.-or about half its height-away from houses or other structares.

Careful placement can reduce maintenance problems. Place shade trees away from the home or other builidings. Keep in mind that in the years to come, the tree will sometimes lose branches in storms. For this reason, oaks and other strong-wooded shade trees should be placed at least 20 ft . away from buildings and utility lines.

Place soft-wooded trees such as soft maple at an even greater distance. In relation to one aether, large shade trees should be placed about 50 ft . from each other for best results.

Medium-sized trees such as red maple or river birch should be spaced about 35 ft . apart. Dogwood, redbud, hawthorn, crab or other small trees may be planted $15-\mathrm{to}-20 \mathrm{ft}$. apart and at least 8 ft . from buildings.

## Shrubs, hedges -

 Spacing is also a considration for shrubs and hedges. Shrubs should be spaced about one-half of their ultimate spread from buildings.Place different varieties of shrubs about one-half the total spread for both plants (ex., an 8 -ft. shrub and a 6 -ft. shrub should be spaced about 7 - ft . apart. Hedges may be spaced closer together to
form a full, dense screen. Low hedge plants (3-to-4 ft. high) should be spaced about 18 -inches apart, while tall hedge plants will need to be $3-\mathrm{to}-4 \mathrm{ft}$. apart.

## Planting: 8 steps

The best time to plant trees and shrubs is during the dormant season; in fall after leafdrop or early spring before budbreak. Cool weather lets plants establish roots in their new location before spring rains and summer heat stimulate new growth.

However, if the tree has been properly cared for in the nursery or garden center, it's okay to plant throughout the growing season. Proper planting ensure a healthy future for new trees and shrubs.

Proper planting involves an 8 -step process:

1) Dig a large planting hole. After locating all utility lines, dig the hole as deep as the root ball and twice as wide.
2) Prune just a little-Check for injury to roots or branches. If any roots are crushed, cut them at a point just in front of the break. On the top, prune only broken branches, making sure to leave the branch collar (swollen area where one branch meets another) intact. Begin corrective pruning after a full season of growth in the new location.
3) Prepare the hole and soil. While some newly transplanted trees may binefit from an application of plant food , it is best not to use fertilizer until the plant is well-established. Good, rich native soil placed in the hole is usually dequate. Never apply high nitrogen fertilizer at planting time: it may burn tender roots.
4) Place the tree at the proper height.
To avoid damage, always
lift the tree by the root ball, never by the trunk. Add soil to the hole to raise the tree to its orignial growing level. (This level is marked by a dark stain on the trunk which indicates the difference between the root and trunk bark.) e

5) Fill the hole, gently but firmly. Cut the string and remove whatever burlap you can. If the tree's in a plantable basket,
perforate the sides in four or fie places and break off the top rim.
6) Firm the earth around the tree toold it in place and to eliminate air pocks.

Settle the soil with water and add soil to th ehole until the are is firmly placed.

Don't use your feet to tamp the ground; it ll cause compaction.
7) Stake the tree if needed. Staking can damage the bark, so avoid it if possible. Use a broad, soft strapping material such as woven belt fabric or padded wire. Drive two or :hae stakes into the ground just outside the perimeter of the planting

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