

Getting Back to Basics

Knowing how much water to apply and when are key questions in developing an efficient irrigation program.

by Dr. Robert N. Carrow

Water is necessary for a turfgrass plant to grow and be physiologically healthy.

In fact, most of the cells of a turfgrass plant contain 80 to 90 percent water on a weight basis. Unfortunately, weather patterns often do not result in sufficient water for good growth and the grower must irrigate.

The grower who desires to conserve water and irrigate efficiently is confronted with two questions:

- When should I irrigate? (i.e. frequency of irrigation)
- When I irrigate, how much water should I apply? (i.e. rate of water application)

The answers to these questions cannot be given in one or two easy "rules of thumb".

Instead, the grower must have at least a basic knowledge of the important factors that influence plant water relations—then a good irrigation plan

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can be developed based on sound principles.

Thus, before we deal with the two questions of frequency and rate, we shall look at the soil-plant-atmospheric system from a budget approach.

Water management can be visualized as a bank checking account

(Figure 1) with additions (inputs), losses (outputs), and a reserve balance at any point.

The wise turfgrass grower should think about how to maximize inputs, minimize outputs, and maintain as large a reserve pool as possible.

The maximum reserve pool of plant-available moisture depends primarily on soil texture and extent of the plant's root system. Thus, unlike a checking account which can hold unlimited funds, the "reserve water account" has a maximum limit determined by soil and plant factors.

Table 1 illustrates how soil texture influences plant-available moisture, which is the fraction of total water held in the soil that the plant can potentially extract. Some water is unavailable for plant uptake because it is held so tightly by adhesion and cohesion forces in the soil.

Sometimes a turf manager may increase the plant-available moisture fraction by adding organic water which holds much water to a sandy soil. The turf manager can greatly expand the maximum reserve pool of water by using cultural practices favoring maximum root development.

A plant with a 12-inch root system has twice as much water available to it compared to one with a 6-inch root system. This illustrates why our research-teaching-extension personnel stress management for a good root system.

Major factors that limit rooting are: close mowing; excessive nitrogen, irrigating lightly and frequently, compacted soils, and root feeding insects.

Inputs of moisture are precipitation, overhead irrigation, dew, and in some situations, capillary rise of moisture from below the root system.

Since precipitation and irrigation are the major inputs, we will only discuss these in this article. The grower cannot control the rate or frequency of precipitation but he or she has complete control of irrigation inputs.

continued on page 48

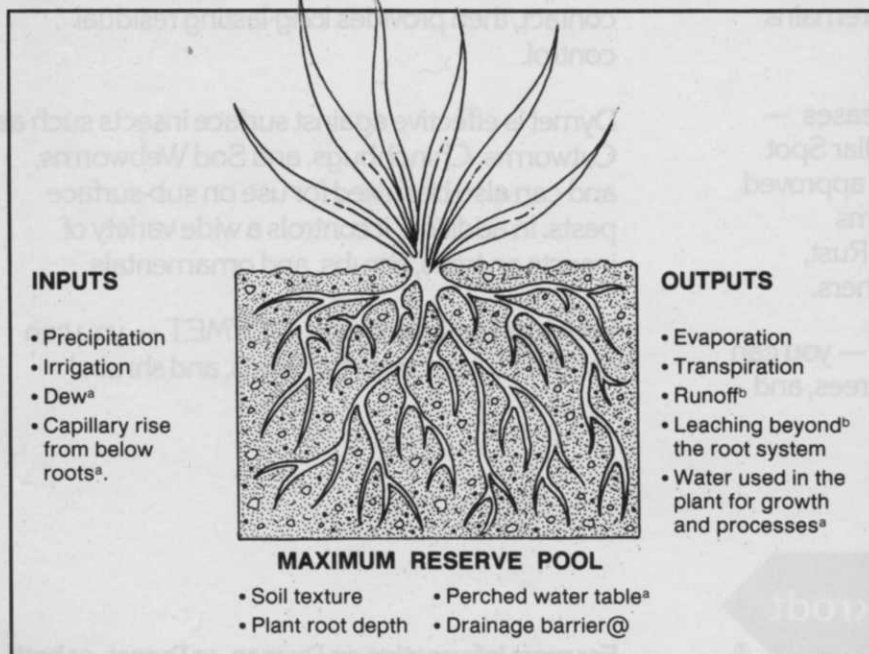


Figure 1. Budget concept of turfgrass water management (^adenotes minor factor in most situations; ^bThese should be minor if corrected by the turf manager). After: Carrow, R. N. 1985. Turfgrass soil-water relationships. In V. A. Gibeault (Ed.). Turfgrass Water Conservation. ANR Pub., Univ. of Cal., Oakland, CA.

TABLE 1. Total water, plant available water, and plant unavailable water typically held by different soil texture classes.

Soil Texture	Water-holding capacity (inches per foot of soil)		
	Total	Available ^a	Unavailable ^b
Sand	0.6-1.8	0.4-1.0	0.2-0.8
Sandy loam	1.8-2.7	0.9-1.3	0.9-1.4
Loam	2.7-4.0	1.3-2.0	1.4-2.0
Silt loam	4.0-4.7	2.0-2.3	2.0-2.4
Clay loam	4.2-4.9	1.8-2.1	2.4-2.7
Clay	4.5-4.9	1.8-1.9	2.7-3.0

^aAvailable for plant uptake
^bNot available for plant uptake
 From: see reference, Figure 1.

Keeping tabs

Accurate rainfall and snowfall records should be kept so that the irrigation program can be adjusted for precipitation.

Also, the irrigator must know how much water his system applies per unit of time (i.e. inches of water per hour). Losses of water or outputs include runoff, leaching beyond the rootzone, evaporation from moist soil and plant surfaces, and transpiration which is water vapor lost from the plant leaves through the stomates.

Runoff can be reduced or eliminated by cultivating (coring, slicing) sloped areas, dethatching if needed, and applying water at slower rates on sloped areas.

Over-watering causes water to move beyond the root system and become unavailable for plant uptake. Leaching losses can be reduced by monitoring the depth of turfgrass root growth and then irrigating with sufficient moisture to wet the soil to just below the root system; one or two inches below the roots.

This can be observed by looking at the depth of water penetration a few hours after irrigation relative to the rooting depth.

Assuming that the turf manager has corrected runoff and leaching losses, the remaining losses of water are evaporation and transpiration. These are often combined into the term evapotranspiration (ET).

It is the ET losses of water from the soil and plant that must be replenished by precipitation or irrigation if turf growth is to be sustained. Most of the water taken in by a plant's roots is used in the transpiration (90 percent or more) process. The re-

mainder of the water taken up by a plant is used for cell growth and physiological processes.

Transpiration, the vaporization of water from inside the plant leaves through the open stomata, removes heat from the plant and is important for prevention of high temperature stresses.

The evaporation component of ET should be minimized but cannot be totally eliminated. Water lost by evaporation from moist soil and plant surfaces cannot be used for the beneficial processes of transpiration or growth.

Immediately after irrigation the evaporation component will be high but will decrease rapidly as the soil and plant surfaces dry. Thus, avoiding light, frequent irrigation will reduce evaporative losses.

Also, maintaining a dense, higher cut (within the recommended cutting height ranges) will shade the soil surface and reduce evaporation.

Since evaporation and transpiration are both vaporization processes, the grower can visualize how climatic conditions influence ET. Weather conditions that increase ET are:

- low humidity
- high temperatures
- clear and bright days
- high winds

However, if ET exceeds the ability of a plant to absorb enough soil moisture, the plant's stomata will close which greatly reduces transpiration as well as transpirational cooling.

Greatest efficiency

From this brief discussion of the soil-plant-atmospheric system as a water budget, the grower is encouraged to start thinking of how to control dif-

ferent parts of the system to efficiently irrigate.

No one factor alone will result in maximum water use, but by adjusting several factors the grower can irrigate better and have a good quality turfgrass.

Frequency of irrigation depends on many factors:

- A** rate of ET
- B** turfgrass species, and
- C** management-mowing, fertilization
- D** irrigation, traffic level, etc.

This is why it is impossible to give absolute frequencies of irrigation to a grower. Frequency of irrigation changes dramatically with time of year even if you are dealing with only one species and one management regime.

ET rates for turfgrasses are commonly in the 0.10 to 0.25 inches of water per day but may be as much as 0.45 inches of water per day for a well-watered turf exposed to high ET conditions.

If a grower has a turf with a 12-inch root system, a loam soil, and an average ET rate of 0.25 inches per day, then from Table 1, we can see that

TABLE 2. Relative need for frequency of irrigation under home lawn conditions.

Species ^a	Frequency of Irrigation
COOL SEASON	
Tall fescue	Least frequent
Red/chewings fescues ^b	
Perennial ryegrass, improved	
Kentucky bluegrass, common	Most
Kentucky bluegrass, improved	
Creeping bentgrass Rough bluegrass	
WARM SEASON	
Buffalograss	Least frequent
Bermudagrass	
Bahiagrass	Most
Zoysiagrass	
St. Augustine	
Centipede	
Carpetgrass	

^a Cultivars within a species vary; thus some cultivars may rank better than the species as a whole.
^b Red/chewings fescues may go easily dormant if irrigated too infrequently.

irrigation would be needed every four days (1.3/0.25) to eight days (2.0/0.25).

If the soil was a sand, irrigation frequency would be every 1.5 to four days. Turfgrass species and cultivars of a species vary greatly in water use because they differ in leaf area, shoot density, rooting depth, growth rate, and other aspects that influence water use.

Table 2 gives a general ranking of turfgrasses as to their frequency of irrigation, assuming each has a fully developed root system.

In a home lawn situation with a good cultural regime for the particular species management practices have a profound influence on how often irrigation is needed because they affect the growth and development of the plant.

A few examples will illustrate this principle:

A Mowing Height — mowing too close for the species will result in a much reduced root system and an open turf. The reduced rooting decreases the "maximum reserve pool of water" while the open turf results in higher evaporation versus transpiration losses.

B Excessive Nitrogen — applying nitrogen beyond the plant's needs will cause a decline in rooting and promote excessive leaf growth - more leaves for transpirational losses. This results in transpirational water use beyond the real needs of the plant.

C Irrigation — if a grower irrigates more frequently and at a lower rate i.e. more lightly than necessary, the turfgrass plant does not develop its full potential for rooting depth.

D Traffic — recreational turf is subjected to wear on the above-ground plant parts and to soil compaction. Wear of the turfgrass shoots causes the grower to force a faster growth rate with more nitrogen and water. Also, recreational turfs are often mowed closer because of their use.

As previously discussed, these all increase water use. Soil compaction reduces rooting and thins out the turf so that more frequent irrigation is often applied. Also, reduced infiltration under compaction encourages the irrigator to go to a more frequent, light application schedule. The grower should experiment with different irrigation frequencies with the goal of irrigating as infrequently and as deeply (i.e. with a higher water quantity) as possible.

This necessitates knowledge of the plant's rooting depth which changes on a seasonal basis and depth of water penetration after irrigation. On most sites, there are indicator spots that

first exhibit wilting - as evidenced by a bluish-green color; footprinting; or rolling, folding, drooping of leaves.

By observing these, a grower can obtain some guidance as to when to irrigate his site.

Rate of application

It should be obvious by this point that the turf manager must know his soil texture, depth of plant root development, and how much water his system applies per unit of time.

For example, if the soil is a loam (Table 1), which the grower believes has an available water-holding capacity of 2.0 inches per foot of soil, and a turf with a 12-inch root system, he should apply 2.0 inches of irrigation when his plant starts to show wilt symptoms.

If by observing the soil a few hours after irrigation, he finds that water penetrated to 16 inches, then the rate of water should be adjusted to a lower one; perhaps 1.50 inches the next time.

By a little experience based on observation, the irrigator can determine the actual quantity needed for his specific soil. After a turf manager determines the quantity of water needed to replenish that lost by ET, he must know how long to run his irrigation system to apply this quantity. In the above example, let us assume that 1.5 inches of water is enough and that the irrigation system applies 0.5 inches of water per hour. Thus, the system must run three hours (1.5/0.5) to obtain the total amount needed.

This quantity of water can be applied in different ways. If the soil has a good infiltration rate, above 0.50 inches per hour in this case, the water could be applied in a single three-hour setting. If the soil has a lower infiltration rate, the grower may wish to improve infiltration by cultivation or removal of excessive thatch.

On low infiltration soils, an automatic system can be programmed to apply water onto a site in two or three sequences separated by a few hours or even one day if necessary.

The first application in the sequence can be longer since soil takes water faster when it is dry; especially, if it cracks upon drying.

Of all the management practices that a turfgrass grower must do to develop a good turfgrass, irrigation is the most important. Yet, it is the most complex since a knowledge of each component of the soil-plant-atmospheric system is required.

The turf manager must truly think in terms of managing the whole "system" in order to achieve efficient water use.

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