is determined to have an average $G_{\text {max }}$ value exceeding 200. ASTM adopted the maximum impact level of 200 average Gmax for use because this value was accepted by the U.S. Consumer Product Safety Commission for similar test methods.

References
ASTM. 1999. Standard specification for shock-absorbing properties of North American football field playing systems as measured in the field. Designation: F 1936-98.

Rogers, J.N., D.V. Waddington, and J.C. Harper. 1988. Relationships between athletic field hardness and traction, vegetation, soil properties, and maintenance practices. Pa. Agric. Exp. Stn. Prog. Rep. 393.

## Sports Field of The Year

(F.O.Y.)<br>Proud of Your Field?<br>Want to Show Off Your Hard Work?

SFMANJ is inaugurating an annual New Jersey "field of the year" contest. Individual awards will be presented to the school, "F.O.Y." and parks/ recreation "F.O.Y."

ENTERING is easy, send to:
SFMANJ Contest, Po Box 370, Annandale, NJ 08801
Entries must be received by
September 30, 2005

## ELIGIBILITY:

*two categories; School or Parks/
Recreation fields only

* current member of SFMANJ
*natural grass fields
SEND:
*color photos of your natural grass field ( 10 maximum)
*name of facility and location
*name of owner
*your name, position and contact number

CRITERIA for awards:
*playability and appearance of the playing surfaces
*based on photos and a site visit by the SFMANJ Award Committee
*feel free to have sports groups in your photo

AWARDS:
Winners will be honored with a plaque at New Jersey Turf Grass Expo in December 2005 and be interviewed for a feature article in SFMANJ "UPDATE" (Also receive a two-night stay at Taj Mahl, Atlantic City and three days of education)
NOTE:
*photos will not be returned and may be used on SFMANJ website and promotional settings.

## Question and Answer

Question: How do I calculate the amount of topdressing needed for my athletic field?
Answer: To calculate the amount of topdressing needed for your athletic field multiply the length in feet $x$ width in feet x depth in inches x . 0031 .
Example: Calculate the amount of topdressing needed to topdress a soccer field measuring $360^{\prime} \times 210^{\prime}$ with $1 / 4$ " topdressing.
$210^{\prime} \times 360^{\prime} \times .25^{\prime \prime} \times .0031=58.59$ cubic yards of material

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- HIGH QUALITY New Jersey Certified Bluegrass \& Fescue Sod
- GROWN ON HAMMONTON sandy, loam-type soil (89-92\% sand)
- 700-acre farm allows deliveries to the Northeastern states or wherever sand sod is needed for specialized modern athletic fields
- LABOR-SAVING BIG ROLLS, please call for custom installation prices
- THICK CUT SOD with as much as $13 / 4^{1 "}$ soil for repair job



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