

Are You A Champion?!?

Becoming a Champion requires a number of things: Mental Discipline, Self Control, Dedication & Pride.

Don't just achieve your goals, strive to exceed your goals. Goals should identify minimum performance. They should never limit your performance. Champions strive to exceed their limits by making the good better, and the better best. Real winners are champions in life, not just in sport. Are YOU a Champion?

A TRUE Champion knows the following:

Self Control isn't learned overnight.

Excellence is achieved only through constant pursuit.

Setbacks should be viewed as temporary. They provide a basis for learning.

Failure only comes with quitting.

Missing a goal means setting other goals to strive for.

Improvement is a progression.

Problems don't disappear overnight.

Persistence gives a new strategy enough time to work. When trying a new strategy, focus on performance, not on evaluation of the new strategy.

Champions are willing to lose a little in the long run.

True confidence is based on the thoroughness of preparation.

A Champion constantly learns and improves.

Standing still means stagnation.

To develop the Winning Attitude you must:

Become excited, confident and enthusiastic about your goals.

Give yourself permission to be a winner.

Winners have the ability to look inside themselves and find that special dream.

The winner always has a goal.

The winner stresses solutions, not problems.

Winners have plans to reach their goals.

Winners have positive attitudes in all elements of their lives. The more you think, talk about and write about a thing happening, the greater the

certainty of that thing happening.

Winning is an inside job.

Self discipline is the winner's creed.


So, take a few minutes - read over this list and ask yourself again - ARE YOU A CHAMPION?!?

Information obtained from the Olympic Training Center Shooting Range.



Due to a combination of printing/binding problems - some of our 1999 Membership Rosters were shipped with pages out of order. If you have received one of these Rosters, please contact Headquarters for a replacement. We apologize for any inconvenience.

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