

Construction Company. Good luck Bob, we wish you continued success.

UNDER THE WEATHER

Word reaches us that Ruth Milligan has been in the hospital for nearly two months. President Bob says it wasn't anything too serious and that she is home now and feeling much better. Bob also sends his thanks for the flowers and concern from the association.

Also heard the moustached super from Westwood CC in Vienna, Jack McClenahan, has been attacked by his arch enemy, his bleeding ulcer. Jack was in the hospital for five days and seriously has had a real ten rounder with it. At any rate, he is back on the job again. What? Me worry?

ACCIDENTS CAN HAPPEN — BE PREPARED

Last month we reviewed two items from the May issue of the Golf Journal concerning first aid on the golf course. We will now look at two more of the more common accidents which do occur frequently on the links.

Problem — Heart Attacks

Heart attacks are becoming more frequent each year. The layman usually hits the panic button, and many times the person having the attack is not helped too much before he is seen by the physician.

First aid care of heart attack cases is quite easy to determine simply by watching how the victim acts and then helping him. First, if he is in pain (usually pain in the chest and left side, sometimes down the arm) he should be kept quiet. Let him lie down if he can do so comfortably.

If he has medication, help him take it and watch very closely to see that he can breathe easily.

Sometimes the victim is stricken quite suddenly. He may fall, or seem to faint. Be certain to watch his color. If he begins to turn blue, watch his breathing. If breathing should stop, administer artificial respiration until a doctor arrives.

Problem — Sprains


Sprains are usually injuries to joints. A turned ankle, elbow or wrist will swell very rapidly and will be painful and extremely uncomfortable. Cold applications should be administered immediately, and the victim should rest.

If there is any doubt about a sprain, it should be treated as a fracture until a physician can see it.

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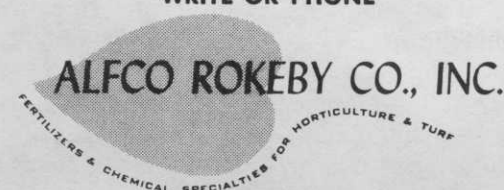
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Elevation of the injured member will usually reduce the swelling and pain.

Many times I have wished that there were more ways to reach people with the message that is in the Red Cross first aid textbook, particularly in the case where I saw about 20 adults standing by while a youngster who had been injured in an accident lay quietly bleeding.

We got there in time. A handkerchief and a little pressure in the right place for about three minutes controlled the bleeding.

We are our brothers keepers, so I keep on in my way trying to prevent people from killing themselves. It is my hope that we keep golf a game in which all of us can say that we do, (and can), take care of ourselves.

LADIES NIGHT REVIEW

Our annual Ladies Night was held on July 30 at Shady Grove and was a great success. Paul Barefoot, event chairman, reported that we had 125 people attending. The cocktail hour and the meal were at the Washingtonian, then we treked over to see the Jack Benny Show with Shani Wallis, female star of "Oliver." The show was excellent, and it was a very enjoyable evening.

SUPPLIERS — THE LADIES THANK YOU !!!

Due to the fact that we had such excellent response from the commercial men from our association the annual Ladies' Night was a financial as well as social success.

Those suppliers who so generously supported the cocktail hour are as follows: Aquatrols Corp, Lewis Barton Co., S.W. Barrick & Sons, F.W. Bolgiano Co., Blue Ridge Industries, Bordens Chemical & Fertilizer, Thomas E. Carroll & Son, Cornell Chemical, G.L. Cornell Co., H.T. Campbell, W.J. Cholko, W.A. Cleary Corp., National Chemsearch, Centreville Sod Growers, Egypt Farms, Miller Chemical & Fertilizer, Princeton Turf Farms, Alfco Rokeby, Russell Roberts, O.M. Scott, Summers Fertilizer, U.S. Steel Agri-Chemicals, and Weblite Corp.

ODDS & ENDS

In the GCSA Newsletter of New England, editor Gerry Finn reports that chinch bug is now giving supers there some of the headaches we "rebels" here in the south have been plagued with for years in our own area. From all indications it sounds as though the entire country has suffered from the Mid-Atlantic diseases and insects this summer. Now maybe the rest of the world

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