

The Savory Supe

By Scottie Hines, CGCS Windsong Farm Golf Club

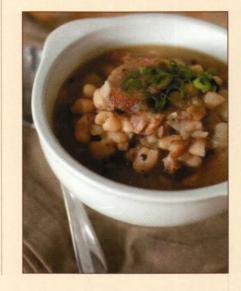


This is a great recipe for warming up after those cold days out in the winter snow plowing and shoveling the driveway. This soup is rich and hearty enough to be a main course. This soup is easily made and since little cooking time is needed it will be ready the same day.

Ingredients

1 lb. cooked and sliced Polish Kielbasa 1 onion, chopped 1.5 teaspoons minced garlic 14.5 oz. (1 can) stewed tomatoes, do not drain 16 oz. (1 can) tomato puree 10 oz. frozen spinach 15 oz. (1 can) white kidney beans 2 cups water 1 tablespoon dried dill / teaspoon salt / teaspoon pepper Cayenne pepper (to taste)

Kielbasa Bean Soup



Cook the sliced sausage in a skillet on medium heat. When about half way done add the chopped onion. Drain the excess fat.

Add this to a large stockpot or crock-pot. Stir in the remaining ingredients. Add the cayenne pepper to your liking. Heat to boiling, stirring occasionally. Reduce heat and simmer for 15 minutes uncovered.

This will comfortably serve 4 people.

I, personally, like it a little more hearty, even stew like so I add a little more sausage and white kidney beans. This will give me enough for lunch the next day or two.

Enjoy!

- Scottie Hines, CGCS

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Scenes from the Big Show!



22 January / February 2010 Hole Notes



EXHIBITORS SHOW WILL BE OPEN THE ENTIRE DAY!

START TIME: Registration from 7 - 8:00 a.m.

SESSIONS: Sessions will begin at 8:00 a.m.

Lunch and refreshments will be served. Prizes will be awarded at the conclusion of the day.

FEATURED SPEAKERS

EAB Featured Speaker Dr. David Smitley Michigan State University

Dr. Smitley is one of the 6 authors from the 5 University Study, Insecticide Options for Protecting Ash Trees from EAB.

Sports Turf Managers Featured Speaker Steve Horne

Groundskeeper of the Scranton Wilkes-Barre Yankees

AAA Affiliate of the New York Yankees

Sports Turf Manager for 24 years

CEU CREDITS AVAILABLE FROM: MNLA, ISA AND GCSAA.

EDUCATIONAL DAY Wednesday, February 24, 2010 Hosted at Mystic Lake Resort and Casino

Educational Day topics will include the following:

Chemical Control Options for Pre-emergent Weed Control Discovery of EAB, Life Cycle and Rate of Spread

Protecting Trees from EAB Erosion Control and Soil Structures Turf Lawn Fertilizing 101 Organic Fertilizing 101 How To Increase Retail Traffic Native Plants and Wildflowers Seminars Plant Health Care Issues Soil Testing and Fertility Sports Field Maintenance

REGISTRATION COSTS

\$10 early bird now through February. \$20 at the door, Municipalities \$20 flat fee for attendees of 2 or more.

Seeding with New and Better Turfgrass Varieties Better Weed Control Management

Vendors Exhibiting and Participating in Education:

Arborjet Plant Health Solutions Becker Underwood GroNatural - Erosion Control Kelly's Kubota Tractor (Niebur Tractor & Equipment, Inc.) Lebanon Turf Logan Labs Milorganite Monsanto NuFarm Perfect Blend Organics Pro's Choice Infield Soil Conditioners Quali-Pro Scotts Professional Seed Seymour Athletic Paint Spring Valley Fertilizer

Register via email, online at jrkseed.com, or call JRK Seed

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