



# The Savory Supe

By **Scottie Hines, CGCS**  
Windsong Farm Golf Club



This is a great recipe for warming up after those cold days out in the winter snow plowing and shoveling the driveway. This soup is rich and hearty enough to be a main course. This soup is easily made and since little cooking time is needed it will be ready the same day.

### Ingredients

- 1 lb. cooked and sliced Polish Kielbasa
- 1 onion, chopped
- 1.5 teaspoons minced garlic
- 14.5 oz. (1 can) stewed tomatoes, do not drain
- 16 oz. (1 can) tomato puree
- 10 oz. frozen spinach
- 15 oz. (1 can) white kidney beans
- 2 cups water
- 1 tablespoon dried dill
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- Cayenne pepper (to taste)

## Kielbasa Bean Soup



Cook the sliced sausage in a skillet on medium heat. When about half way done add the chopped onion. Drain the excess fat.

Add this to a large stockpot or crock-pot. Stir in the remaining ingredients. Add the cayenne pepper to your liking. Heat to boiling, stirring occasionally. Reduce heat and simmer for 15 minutes uncovered.

This will comfortably serve 4 people.

I, personally, like it a little more hearty, even stew like so I add a little more sausage and white kidney beans. This will give me enough for lunch the next day or two.

*Enjoy!*

- *Scottie Hines, CGCS*

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