

## PRESIDENT'S MESSAGE — My Winter

I got up; I went to Atlanta; I hung out at the Conference; I came Home.

For those of you that think I took a speed writing course this month I say to you, Not so Poa Annuu Breath. That is in fact a take off of a comical bit by the humorous team of Cheech and Chong.

The point of all this is I can't believe three months have gone by. It seems only "Yesterday" we were pouring anti-freeze down the course commodes? Ah, the pleasant thoughts of fall.

My thoughts are not just of freeze prevention. In doing this message for you I have the opportunity to look at the learnings of this winter. I notice that I had become stagnate in what I thought was a rather stagnate business. The real education was to discover that something is stagnate only when I think of it that way.

Well, I decided not to be stagnate in time for the National Conference. The opportunities available for the people in our Industry are incredible. The equipment, chemicals and technical information was everywhere. I look at all this and wonder how anyone cannot get value out of such surroundings.

I do know what it takes to get informed and that is the willingness to be informed.

The bottom line for me is that I don't know of another place in the world that gives us all that opportunity under one roof. For that I thank all the National members, they are the ones who created that conference happening.

Sincerely,

Bob Boltz  
President



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# The Grass Roots



AN OFFICIAL PUBLICATION OF THE WISCONSIN GOLF COURSE SUPERINTENDENT ASSOCIATION

VOLUME 2

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**Cover Picture:**

9th Hole  
Milwaukee, Country Club

**Editor:**

Danny H. Quast  
8010 N. Range Line Road  
Milwaukee, Wisconsin 53209

## Guest Editorial

"Ask a busy man to do something and it usually gets done" is an old axiom and, in my experience, a true one. No one is a busier person than Jim Belfield and for the past eight years he has quietly, effectively and efficiently gotten the job done for the Wisconsin Golf Course Superintendents Association. Nearly three years ago I was fortunate to be chosen Secretary of our Association. Jim was President for the two years I served as Secretary and I started, early on, to see what a capable leader he was. Even when viewed through a jeweler's eye, I could see that he always had in mind the best for our group and our profession and, without failure, represented us so well. He did not govern by force, as is done too frequently, but rather by more gentle and persuasive means and, more importantly, by setting a good example for officers and board members to follow.

The ability to properly assemble one's priorities is an important characteristic for any man and I have noted Jim's strong sense of concern for his children's welfare. That impresses me and many others, I'm sure. Further, he is as qualified as any Golf Course Superintendent in our organization and his efforts produce the consistent premier playing conditions Tripoli has come to be known for.

These few lines are about and for Jim Belfield. I am too often hesitant to offer up well deserved thanks, overdue credit and sincere compliments for a job well done. It is a pleasure to pass these thoughts along to our members because I admire his ability and success, as do all of you. Why not make Jim's day sometime and thank him when you get a chance?

Monroe S. Miller



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# SPRING START-UP OF YOUR IRRIGATION SYSTEM

## BEFORE YOU START CHECK THESE ITEMS

1. Replace all field controllers that were removed in the fall.
2. Have a representative of stock repair parts on hand including PVC pipe, fittings, repair couplings and sprinkler heads.
3. Open the drain valves at the ends of several laterals or turn on several heads at those locations (high spots on a "looped" system).
4. Start early! Before you need to irrigate in order to allow time for repairs if necessary.

## STARTING UP THE PUMPS

1. Visually inspect all pumps and pump controls for rodent and water damage.
2. Lubricate pump and motor bearings and spin the pumps by hand to make sure they're free.
3. Replace all of the drain plugs in your pumps and specialty valves. Remember air must be vented from pressure control valve ports for it to operate properly.
4. Replace the suction lines and prime the pumps.
5. Inspect or replace all fuses and relays in the pump control panels and make sure all pressure switches are connected.
6. Turn on the "jockey" or smallest pump to fill the system. Use the valve on the discharge side of the pump to throttle the flow of water to the irrigation system. This should be done by maintaining normal operating pressure at the pump.

### Note:

When filling an irrigation system care must be taken to prevent water hammer (a shock wave set up by introducing water under high flow rates into an air filled pipe). Excessive high flow-low pressure filling can also cause a destructive pump cavitation (pump sounds like marbles rattling inside).

7. While filling the system, check all the lines throughout the golf course for leaks —repair as needed.
8. Turn off the sprinkler heads and/or close all drains, bring the system up to operating pressure.
9. If you have an automatic pump plant and irrigation system turn all pumps to automatic and start a normal irrigation cycle. Check the operation of the pumps, controllers, valves and heads.

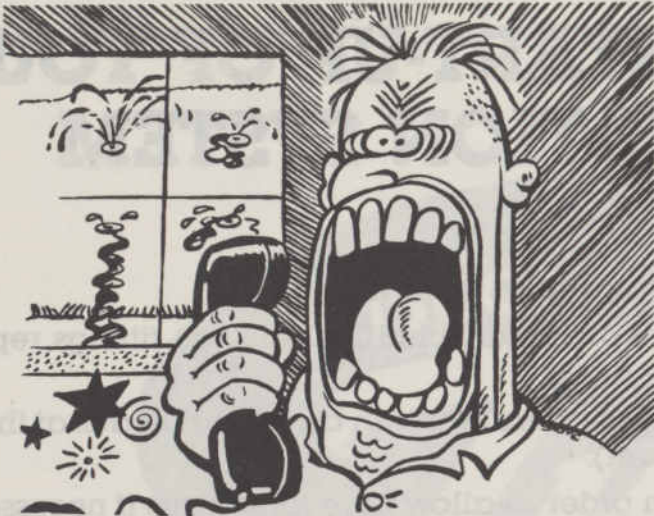
### Note:

Pumps and valves with stuffing box packings will leak abnormally until their seals absorb water and swell. Don't tighten down packings prematurely or you may risk permanent damage to pump shafts and valve stems.

10. If you should have any questions or a problem develops while starting-up your irrigation system, contact your distributor or installer.

This method of starting-up your irrigation system may take some extra time, but it will extend the life of your system.

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Contact Bob Boltz  
Brynwood Country Club  
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Dear Danny:

You may be aware of the fact that mid November I had cardiac arrest. The enclosed copy of a newspaper article will explain what happened prior to my five week hospital stay, included open heart surgery of four bypasses.

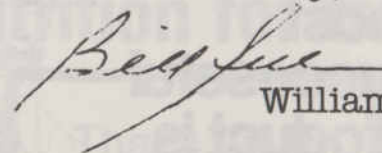
I wonder what number of Superintendents and/or their crews are able to administer cardio-pulmonary resuscitation? After my experience, it is mandatory that the Chaska grounds employees must be certified by the Red Cross in C.P.R.

We must ever be mindful that every one that has cardiac arrest may not be saved. However, more importantly, we must be mindful that if a crew member is in the vicinity of a heart attack victim that is experiencing cardiac arrest, and he administers C.P.R., that victim has a chance of survival.

Milton Karrels, Sup't. Port C.C., and his wife Jean were with us at the time of my heart attack. During my recovery Milton said to me and I quote, "I have never felt so helpless in my life." I would have had the same feeling if it would have happened to him. Be assured that after full recovery I will be able to administer C.P.R.

Perhaps an article in the Grass Roots informing the Superintendents of the importance in being able to administer cardio-pulmonary resuscitation, if and when it would be needed, a life may be saved.

Yours truly,



William T. Sell

## WHERE TO GET CPR TRAINING

Local Heart Association  
Most Technical Schools  
All Red Cross  
All Hospitals

Remember that we are dealing with the golfing public — most are in the age group and economic bracket that are the most prone to heart attacks, according to Peg Fennig, American Heart Association of Wisconsin Regional Director.

# 'He wasn't breathing ...'

BY JIM FLASCH  
Post-Crescent staff writer

Critical seconds were rapidly ticking off when Mark Dougherty learned someone had collapsed in the dining room downstairs.

Dougherty, manager of Chef Bill's Supper Club in Appleton, virtually flew down the steps to come to the aid of the man who was being watched but not helped, by others in the restaurant.

They were stunned, shocked and feeling so helpless — they didn't know what to do, or weren't sure they'd do it right.

Dougherty, 23, who had had a "mini" cardio-pulmonary resuscitation course in high school seven years earlier, jarred enough information from his memory bank to know what to do until the paramedics arrived.

William Sell, 62, had suffered a heart attack. He became Dougherty's "patient."

"He wasn't breathing, and there was no pulse when I got to him," Dougherty said. "He was turning gray — grayblue. I had never seen anybody that color before.

Dougherty had been talking on the telephone when his sister, Linda, came up to get him.

"She said there was a man downstairs having a heart attack, and when I got to him, he was lying on the carpeting, and people seemed to be in a kind of confused state," Dougherty said.

"I asked if he was breathing and nobody knew anything," Dougherty said with despair still hanging heavy in his voice.

Dougherty had another man prop Sell up. Sell's wife, Lucille, took off her husband's tie and loosened his shirt collar as Dougherty began to administer CPR.

While the CPR course seemed to have been taught a millenium ago, the procedures only took a second's worth of recall.

"I checked. He wasn't breathing. I checked his passageway to see if he had anything lodged in his throat. I was told he hadn't eaten anything and hadn't even had anything to drink," Dougherty said.

Methodically, he began the life-sustaining procedures to keep the blood enriched with oxygen and mechanically pump the fluid to the brain.

"Somebody downstairs had already called the ambulance, so I didn't have to worry about that," Dougherty said.

Totally immersed in the task at hand, Dougherty lost track of how long he worked on Sell, but estimated it was only "four or five minutes" before the Appleton Fire Department paramedics arrived. "They shocked him to get a pulse, and then they had me continue to give him heart massage while they worked on him, too," Dougherty said.

Paramedics from the Fire Department and Gold Cross worked on Sell for about 20 minutes before stabilizing him enough so he could be transported.

Sell is now recuperating in the intensive care unit at St. Elizabeth Hospital, and is "making progress" according to his wife.

Dougherty is glad he was there to help, and now plans to take a refresher course.

"At the time I had it, it was one of those courses you think you'll never use, but I really think a lot of it now."

Sandy Munt, executive director of the American Red Cross, Outagamie County Chapter, said she was very impressed with Dougherty's actions.

"What surprised me in talking to Mark was that he remembered the techniques," Munt said. "Enough came back to him."

Munt said the CPR certification is for just one year, and after that time, people must be recertified to maintain their proficiency level in administering CPR.

"We have found that retention is not very high," she said. "It's really marvelous that after seven years, it really did come back to him."

Too often, there's nobody around who knows CPR when a person has a heart attack, is overcome with smoke, or is knocked down by a high voltage shock and the heart and lungs stop working.

"Last year, a man collapsed in a bank, and was not revived," Munt said. "A lot of people who saw that happen came in to take the course."

Munt said that reaction often takes place after people see a fellow human being suffering, in the throes of death, and they feel helpless to assist.

"We practically get deluged with calls every time that happens," Munt

said. "I guess we're glad they're interested, but we're not glad that someone has to have an accident or come close to death first. We prefer to have them come in before the accident happens."

In addition to the Red Cross, Munt said the Fox Valley Technical Institute and the Outagamie County Heart Association offer CPR courses for the public.

In 1981, the county chapter of the Red Cross offered 85 CPR courses and issued 917 certificates to those who became proficient in the life-saving techniques.

Dougherty's knowledge of CPR, however, was imparted by Alan Stoner, a social problems teacher at Appleton East High School who tries to have as many students as possible leave his classes knowing the technique. Some 60-70 students each year leave East knowing CPR.

"I was quite pleased to hear that (Dougherty) had put his knowledge to good use," Stoner said. "That's the third incident that I've had feedback on, and there probably are three people alive who wouldn't have been otherwise," he said.

Lucille Sell is certainly happy that Dougherty was one of those who signed up for Stoner's CPR course.

Doctors told her Bill would not be alive today if Dougherty hadn't been there and administered CPR as quickly as he did.

"If he hadn't been there, we wouldn't have known what to do, and probably all would have been lost," she said.

She said she's afraid of what would have happened if they had been at their home, out in the county, when he was stricken.

"Living out here, I don't know if they (paramedics) would have gotten there in time," she said.

"We sure owe a lot to Mark."

Bill's son Greg Sell, is planning on becoming CPR certified because of the incident.

"I should have taken the CPR course a long time ago," Greg said. "And now, when this happens to a loved one — well, I'm going to get off my butt and take the course too."

Reprinted from the Post-Crescent



# WTA ANNUAL MEETING A SUCCESS

The Wisconsin Turfgrass Association, joined by the College of Agriculture and Life Sciences at the University of Wisconsin-Madison and the University of Wisconsin Extension, sponsored a Turfgrass Research Conference on January 27, 1983. The setting for the gathering, which also featured the annual meeting of the WTA, was the Public Events Center on the UW Arlington Experimental Farm. The Board of Directors was more than pleased when nearly two hundred turf professionals from as far away as Eau Claire and Beloit, Platteville, Milwaukee and Green Bay took time to attend. It speaks highly for those interested in keeping abreast of the latest research findings in turf management and demonstrates a recognition of the need to support the work of our land grant institution.

The format of the meeting was altered somewhat from that of 1982 to take into account constructive suggestions that resulted from that meeting. Formal research presentations this year supplemented the informal framework from 1982. This approach allowed ample time for attendees to view the many turf exhibits and visit with colleagues and University specialists.

One of the highlights of the day was the appearance of Dr. Leo Walsh, Dean of the College of Agricultural and Life Sciences at the UW-Madison. Dr. Walsh took several hours from a busy schedule to welcome everyone at the noon luncheon and to offer some remarks at the afternoon assembly. He noted the critical role of groups like the WTA and his encouragement should motivate those truly concerned about turfgrass research to support the WTA in upcoming years.

The annual meeting was convened during the afternoon session. Minutes from 1982 were read, Treasurer Jim Huggett reported that nearly \$6,500 was donated to the UW during 1982, and the elections were held. The officers and board members for 1983 are as follows:

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