

# Golfdom

SEPTEMBER 2002 • VOLUME 58 • NO. 9

# Shape Up

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## Someone to Talk the Talk

At the fourth National Golf & Environment Summit, it was agreed the industry needs a spokesperson to educate golfers about the game's role in preserving the environment. Are you interested, Mr. Palmer?

By Larry Aylward



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## Inside the Fringe

**SPECIAL SECTION: THE PUTTING SURFACE**  
*Golfdom* reports on matters affecting greens, from amendments to turf covers.



MARK HUME



PART 1 **NUTRITION**

## cover story

BY ROBIN SUTTELL

You'll look and feel a lot better if you eat right and exercise regularly. Just ask Florida superintendent Joe Boe (left), who has lost 50 pounds.

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Sphagnum peat moss still reigns as the leading greensmix additive, but others are gaining ground.

By Frank H. Andorka Jr.

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Effective management of your height of cut requires diligence and focus to get it right.

By Frank H. Andorka Jr.

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By Frank H. Andorka Jr.

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By Larry Aylward

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We hope this bright and energetic Artville illustration by Stephanie Carter will make the idea of stepping on the scales a little less dreadful.

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