

MIDWEST EDUCATION RECAP

Brad Anderson, CGCS *Midlane Country Club*

June

Brian King, the Director of Golf Instruction at Prairie Landing Golf Club, gave us a twenty minute swing clinic on the first tee at Old Oak Country Club. Three dynamics of a good golf swing were demonstrated and related to us through geometry and physics.

1. At impact the hands are ahead of the club-face, and the left wrist is flat and square to the target. When establishing your grip, your hands should be set up for proper impact alignment.
2. The club shaft follows a straight plane line. The take away and the down-stroke should follow the same path, especially from waist high down. The plane angle is set up from the club shaft, at address, to create the plane.
3. A well struck shot is basically a descending blow to the golf ball. The club-face hits the ball before it hits the ground. Club-head control comes from the club lagging behind the hands. Club-head lag also provides power to the shot.



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