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I'M FINE

There's nothing whatever the matter with me, I'm just as healthy as I can be.
I have arthritis in both my knees,
And when I talk, I speak with a wheeze.
My pulse is weak and my blood is thin.
But, I'm awfully well for the shape I'm in.

I think my liver is out of whack,
And I have a terrible pain in my back.
My hearing is poor and my eyes are dim.
Most everything seems to be out of trim.
The way I stagger sure is a crime.
I'm likely to fall at any time.
But, all things considered I'm feeling fine.
Arch supports for both of my feet.
Or I wouldn't be able to walk down the street.
My dentures are out, I'm a frightful sight.
Memory's failing, head's in a spin,
I'm practically living on aspirin.
But, I'm awfully well for the shape I'm in.

Now the moral is, as this tale unfolds, That for you and me who are growing old. It's better to say, ''I'm fine'', with a grin. Than to tell everyone of the shape we're in.

MAKE YOURSELF AN HONEST MAN . . .

Make yourself an honest man and then you may be sure that there is one rascal less in the world.

Thomas Carlyle



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POST-CONFERENCE SKI PACKAGE

Travel 76, a tour operator in Minnesota, is offering a Post-Conference Ski Package February 13-18, 1976. The total cost is \$121.00 per person, double occupancy. Included in the ski package are:

5 nights lodging at the Radisson Hotel, Duluth

4 days skiing at Spirit Mountain including lift tickets (lighted skiing also)

Shuttles to and from hotel each day

Round trip motor coach between Minneapolis and Duluth

The price **does not** include meals or ski equipment rental. A deposit of \$25.00 per person is required by January 15, 1976. There is a 50 person limit for the trip.

Those people interested in the Post-Conference Ski Package should contact the tour operator, Travel 76 directly.

> Travel 76 2234 Commerce Blvd. Mound, Minnesota 55364 612 - 472-5747

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