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Dr. Jack Butler of the University of Illinois has announced that plans are being finalized for the many noted speakers and their topics who will participate at the 11th ILLINOIS TURF-GRASS FOUNDATION CONFERENCE being held December 3rd and 4th, 1970 in the main auditorium at the University of Illinois in Urbana.

Registration will take place December 3rd and 4th at 9 a.m. in front of the auditorium and the conference will get underway at 1:15 p.m. December 3rd. The I. T. F. banquet will be held Thursday night at the Ramada Inn. The Conference will close at noon on Friday.

ITF President, Oscar Miles will conduct the annual meeting at 11:30 on Friday immediately following the close of the conference sessions.

A Board of Directors meeting will take place at a luncheon at the Ramada Inn at 12:20 p.m. on Friday.

Dr. Butler will announce the speakers within a few weeks and reservation and registration cards will be mailed to all the membership.

HOW TO: Adjust to Change

Adjustment to change requires concentration on three major elements:

DESIRE

First, **define** the change you seek. Be honest with yourself in your **desire** to accomplish it. Recognize that change follows from wanting to.

ATTITUDE

Understand others have changed and so can you. Given desire, the **key** to changing you is believing you can. Belief is an attitude which grows with persistence, patience and practice.

PRACTICE

Anxiety in adjusting to change is normal. However, it **diminishes** as the change you seek is reinforced. Therefore, if you fail once, twice, a thousand times, start over. Then, **continue** to practice desire, a positive mental attitude and persistence until the

Twenty Dynamics

- The only thing constant about life is change.
- There are two kinds of change and two only: those you control and those controlled by others.
- Those you control can be changed by action; those changes others control can be accepted.
- Habits are locks; the key to which is effort.
- To stop changing is to sustain mediocrity.
- Change is like football; the object is the goal but you get there in ten yard steps.
- If you fall or are driven back, winners start over from where they are.
- People who change do it with courage.
- A changing you is a growing you.
- The loudest noise in the world is the still, small voice of conscience.
- Every man is a universe.
- To discover that personal infinity, a man must expand.
- No man truly knows others who fails to discover himself.
- Eternity knows each of us as the most precious human being who ever lived. Dare we see ourselves as less?
- Change is an accident which happens to us when we live on purpose for others.
- One changes as a child learns to walk; gradually, not without falls, one step at a time.
- Fear of change is either a resistance or a symptom of progress.
- Whichever, the fear will diminish if you keep right on going.
- Of course change demands a price; but the coin to pay it in is a smile and human kindness.
- If you forget everything else, remember this: as **you** change, so will the **world!**