



Membership

Tracey Maddison, Head of Membership, provides a departmental update

Membership Benefits Update



Tastecard success

I'm pleased to report that quite a number of you took advantage of the tastecard offer last month, as advertised in last month's magazine and on the BIGGA Website.

We hope you enjoy treating the family to a great lunch or dinner at one of thousands of national chain restaurants around the country not to mention many local restaurants in your area and save money!

Don't forget if you have an iPhone or Android or Blackberry download your 'app' now (Blackberry coming soon)!

Or visit www.tastecard.co.uk website to search for your nearest participating restaurants.

We may offer this benefit again later on in the year, watch this space or visit the BIGGA Website for details.

Brad Anderson, Membership Services Administrator is leaving BIGGA

After ten years with the Association Brad is moving on. He is taking up the post of Manager of a local pub in Harrogate where he has been working part-time on an evening for around two years.

I'm sure you will join me in wishing him all the best for his future career and thank him for all his hard work over the last ten years. Good luck Brad!

Please bear with us in the Membership Department until a suitable replacement is found.

We will endeavour to continue providing the high level of service to our members.

Skin Cancer and outside work

I love this time of year as I look

outside my window at work I see all the trees starting to bloom and colour up, the different colours showing in the sunshine, so pretty, definitely signs of Spring and Summer.

However, the sun starts to increase in intensity and for people working outside this can be an issue.

Most skin cancers are caused by long-term exposure to the sun and research has shown that those who work outdoors are more at risk of skin cancer due to this fact.

It is thought that there could be as many as 100,000 cases of skin cancer each year in the UK, but many aren't reported.

Some Sun Smart advice

- Make sure you never burn
- Aim to cover up with T shirt, hat and sunglasses
- Use factor 15+ sunscreen (sun cream)

Cheap sunblocks are usually just as good as expensive ones. They are all tested the same way and it is the level of protection they give you against the sun that matters most. This is the 'sun protection factor' or SPF.

The SPF tells you the amount of protection the sun cream gives against UVB radiation. Cancer Research UK recommend at least factor 15. This is because it gives the best balance between protection and cost.

Prevention is better than cure.

Social Networking



Many of BIGGA's Sections now have a Facebook page or group, if you are a member of Facebook go and 'join' or 'like' a section group or page and keep up to date with what's going on locally not to mention the friends that you can make online through these Facebook groups.



Contact Details

Tracey Maddison
traceymaddison@bigga.co.uk

Brad Anderson
brad@bigga.co.uk

Tel: 01347 833800
(option 1 for Membership)

Regional Offices

Scotland & Northern Ireland

Peter Boyd
Tel: 0141 616 3440
Mobile: 07776 242120
pj.boyd@btinternet.com

Northern & Midland

Peter Larter
Tel: 01476 550115
Mobile: 07866 366966
petelarter972@aol.com

South East

Clive Osgood
Tel: 01737 819343
Mobile: 07841 948410
cliveosgood@yahoo.co.uk

South West & Wales

Jane Jones
Tel: 01454 270850
Mobile: 07841 948110
janejones1@btconnect.com



Peter Boyd Peter Larter



Clive Osgood Jane Jones

BIGGA welcomes the following new members

Scotland

Garry Duncan, Central Section
Carolyn Hedley, East Section
Craig Mackay, North Section
Kevin Smith, Central Section

Northern Region

Richard Blackburn, North West Section
Matthew Bulmer, Northern Section
Shaun Embleton, North East Section
Andrew Mair, North East Section
Colin Parker-Rich, North Wales Section
David Pinder, Northern Section

Midland Region

Rowland Atkin, Berks/Bucks & Oxon Section
Richard Impett, Berks/Bucks & Oxon Section
Alan Oram, Berks/Bucks & Oxon Section
Peter Richardson, East Midland
Lee Secker, East Midland Section
Martyn Snell, East of England Section
Luke Taylor, Berks/Bucks & Oxon Section

South East Region

Edward Barrow, Surrey Section
Kevin Bolton, Kent Section
Joseph Dormer, Sussex Section
Gary Doyle, London Section
Michael Fawcett, Kent Section
Darren Gidney, London Section
Andrew Hart, London Section
Curtis Ripley, Kent Section
Simon Shaw, Surrey Section
Luke Turner, Sussex Section

South West/South Wales

Richard Budd, Devon & Cornwall Section
Matthew Devereux, South West Section
Leighton Lunn, South Wales Section
David Rodgers, South Coast Section
Zak Thackeray, South Wales Section
Philip Woolley, South West Section

Colaiste Stiofain Naofa College, Republic of Ireland

Eddie Allen
Tim Crowley
Tony Desmond
John Hickey
Daniel Hickey
Stephen Kearney
Patrick Murphy
Robert O'Brien
Damian O'Connor
Timothy O'Rourke
Denis O'Sullivan

OTHER USEFUL NUMBERS

(Full Members only)

Personal Accident Helpline
02075 603013
Greenkeepers Legal Assistance
0800 177 7891
Greenkeepers Support Services
0800 174 319
Debt Counselling Helpline
0800 174319



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