Membership



TRACEY MADDISON, HEAD OF **MEMBERSHIP SERVICES, GIVES A DEPARTMENTAL UPDATE**

BIGGA launches a new Membership **Benefit**

Stress, health and wellbeing are becoming more and more serious issues. For example, did you know that one in five people are stressed at work (CBI Absence Survey 2008)?

BIGGA recognise that stress is becoming a real concern, especially work-related stress. In order to help you address any issue that may be causing you to feel stressed, BIGGA are pleased to launch a new membership benefit, the Greenkeepers Support Service, a confidential, professional telephone counselling service which can help you proactively manage stress by providing immediate emotional support, advice and practical information 24 hours a day, 365 days a year.

The Greenkeepers Support Service can work with a wide range of concerns from emotional issues such as anxiety, stress, depression and low self-esteem to family and relationship issues, marital and relationship problems, critical illness and bereavement - this list is not exhaustive. One telephone call to the Greenkeepers Support Service could be all that someone needs to begin to manage their own work-related or personal problems and improve their situation.

Greenkeeper Members of BIGGA can now call the Greenkeepers Support Service on a freephone telephone number 24 hours a day, 365 days a year and speak to a professionally qualified counsellor. For full details visit the Members Area of the BIGGA Website www.bigga.org.uk or contact the Membership Department.

Save money at Harrogate Week 2010 by becoming a member today

This year we managed to save a Head Greenkeeper money. By joining BIGGA the Head Greenkeeper was able to take advantage of the BIGGA Members rate at Harrogate Week - see example, above right.

| Basic Budgeting and Finance (1 day) | |
|-------------------------------------|----------|
| Member Rate | £105+VAT |
| Non Member Rate | £210+VAT |
| Next Steps in Budgeting and Finance | |
| Member Rate | £105+VAT |
| Non Member Rate | £210+VAT |
| Environmental Legislation | |
| Member Rate | £50+VAT |
| Non Member Rate | £110+VAT |
| TOTAL | |
| Member Rate | £260+VAT |
| Non Member Pate | £530+VAT |

After joining BIGGA we managed to save the Head Greenkeeper £149.

Make it Happen in 2009

Over the last few weeks I've chatted with many people about what 2009 may bring and I think the general gist of all my conversations is that we agreed 2009 would be a challenging year both personally and professionally.

Whatever the future holds for us, one thing is sure, if we sit back and wait for things to happen then the wait could be a long one. You have to make things happen. Whatever goals you set yourself bear in mind that as time passes those goals and desires can change so every so often review them and update if necessary, but remember flexibility is the key.

Last month I referred to 'Your Pages', you may have noticed that this has now been renamed 'Region and Section Pages', it can still be accessed via the Members Area of the BIGGA Website. Here you will find contact details of the Regional Administrators and the Section Secretaries, Also keep checking for information relating to Section events throughout the year.

Thought for the month ...

Einstein said 'the definition of insanity is to keep doing what you have always done and expect different results'.

SCOTTISH

Stuart Bayfield, West Iain Benton, East Terry Steele, North Keith Wilson, East

NORTHERN

Roland Ainscough, North West Andrew Hutchinson, North East Daniel Ibison, North West Ryan Tuppen, North West

This month **BIGGA** welcomes

the following new

members...

MIDLAND

Stephen Ashby, East Midland Gavin Charlton, Midland Kevin Glazier, Berks/Bucks & Oxon Jason Harriman, East Midland

SOUTH EAST

Luke Biggin, Surrey Jayne Cassidy, Surrey Danny Dalton, Kent Ross Garcia, Surrey Andrew McEvoy, Surrey Michael Roberts, Kent Christopher White, Kent

STH WEST & WALES

Richard Chenoweth, South West Tom Collings, Devon & Cornwall Rhydian Harris, South Wales Ben Hooper, Devon & Cornwall Kevin Pitts, Devon & Cornwall

INTERNATIONAL

Oksana Gluza, Ukraine Mykhayla Zasukha, Ukraine

CONTACT US

By telephone

- 01347 833800 (option 1 for Membership.)

Other useful telephone numbers (for greenkeeper members only) **Personal Accident Helpline** 02075 603013

Greenkeepers Legal Assistance 0800 177 7891

Greenkeepers Support Services 0800 174 319



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Brad Anderson Email: brad@bigga.co.uk