See the Sights

It seems Harrogate isn't just famous for its annual BTME and Clubhouse Exhibitions! A pleasant spa town situated south east of the Yorkshire Dales, Harrogate is famous for its tea shops and Turkish baths, and is also associated with the great English crime novelist Agatha Christie, who "disappeared" there for a few days in the 1930s. Melissa Toombs takes a look at what Harrogate has to offer.

WINE & DINE

Le D2 7 Bower Road Tel: 01423 502700

Run by the two D's – David and Dominique - Le D2 offers excellent food, freshly made using local ingredients.

Horoscope

1 Cheltenham Crescent Tel: 01423 508144

Raj Put 11 Cheltenham Parade Tel: 01423 562113

The Rajput is a family run business, specialising in regional dishes from Rajasthan, Goa, South India, Delhi, Punjab and Mumbai (Bombay).

Damn Yankee

4 Station Parade Tel: 01423 561424

Established for over 30 years, The Damn Yankee serves freshly prepared American food – and plenty of it. Choose from homemade burgers to authentic fajitas.

Cattlemen's Association 17 Cheltenham Crescent

Tel: 01423 561456

This popular eatery is a meat lover's paradise, with steaks on the regular menu up to a huge 20oz! Vegetarian options and kids meals are also available and the restaurant has recently changed its opening hours to include lunchtimes.



Chez La Vie 92 Station Parade Tel: 01423 568018

Chez La Vie offers a range of classical Mediterranean dishes and a wide range of wines from all over the world.

Loch Fyne Town Centre House, Cheltenham Parade Tel: 01423 533070



Harrogate Week 2007

Salsa Posada

4 Mayfield Grove Tel: 01423 565151

The Salsa Posada serves up an enjoyable authentic Mexican feast. The menu ranges from nachos to burritos and chimichangas.

> The Jinnah Spice Club The School House, Cheltenham Parade Tel: 01423 563333

This restaurant is renowned for its exotic Asian food, using the freshest ingredients, prepared by expert chefs.

WHERE TO SOCIALISE

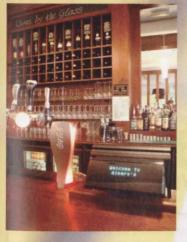
The Muckle's 11 West Park Tel: 01423 858153

Muckle's is a large one room operation, comprising a bar area, restaurant and beer garden. Good quality food is served daily.

> Blues Bar 4 Montpellier Parade Tel: 01423 566881

Two doors down from the infamous Betty's Tea Rooms, the Blues Café Bar has perhaps the most unusual stage backdrop ever – with a full size shop window with a panoramic view of Harrogate's Montpellier Gardens and the Stray beyond.

> Old Bell Tavern 6 Royal Parade Tel: 01423 507930



Alberts 4 Albert Street Tel: 01423 568446

Alberts serve food all day from noon in the non-smoking dining area, as well as in the less formal bar area. From a latte to one of the unique beers, to a cocktail or a bottle of wine from an extensive list, Alberts has it all.

> Montpellier 14 Montpellier Parade Tel: 01423 817248

Montey's Rock Café 3 Corn Exchange Building, The Ginnel Tel: 01423 526652

WHERE TO PARTY

Mansions 14-18 Kings Road Tel: 01423 531896

Four great rooms...four nights a week. Free entry all night on a Thursday and drinks from £1.

Carringtons

90-96 Station Parade Tel: 01423 525551

Cardinal Sins

9-11 Station Parade Tel: 01423 701737

Thursday DJ's - Frambo and Russ (I-Rok)

Ministry of Sound Mini Bar

1 Royal Baths Complex, Parliament Street Tel: 0870 0494900

Minibar residents every night with guest DJ's, one off promotions and the creation of the best club space in town.

Flares 46-48 Parliament Street Tel: 01423 566576

THINGS TO DO

Odeon Cinema East Parade Tel: 0871 2244007

Harrogate Theatre Oxford Street Tel: 01423 502116

UK Super Bowl Tower Street Tel: 01423 529191