

# Mrs Greenkeeper's



## Own Corner

with Ann Mawson

### Rice

With a little imagination miracles can be performed with rice as a basis, it is rich in starch and also vitamin C.

### Rice the Italian Way

6 oz. of butter, 2 oz. of grated cheese, 2 onions, salt, pepper, 2 pints of stock, 4 chicken livers, 8 oz. of rice, 4 oz. of sausages, 2 tablespoons of tomato puree.

Melt half the butter in a casserole dish. Fry one chopped onion until golden brown, add the rice, now add the boiling stock, season and boil for 20 minutes, just before it is ready add the cheese.

In the meantime fry the other chopped onion and sausages with the chicken livers, add the tomato puree with a spoonful of stock and simmer slowly for 20 minutes.

Serve on a large dish surrounded by the rice.

### Giblets and Rice

Giblets,  $\frac{1}{4}$  pint of wine, oil for frying, sweet herbs, grated cheese, butter, 1 lb. of rice, salt, pepper, 1 onion, 2 oz. of ham, 1 small tin of tomato puree.

Boil the rice in the usual way, chop and fry the onion, giblets and ham with salt pepper and sweet herbs.

When cooked, add the tomato puree, diluted in the wine and a teaspoonful of butter. Simmer for 5 minutes. Make a circle of the boiled rice on a large dish, put the giblets in the centre and serve with grated cheese.

### Liver with Boiled Rice

3 tablespoons of cornflour, a little sage, salt, 6 tablespoons of oil, 2 onions,  $\frac{1}{4}$  pint of red wine, 1 lb. of calves liver.

Cut the liver into nice thick slices and roll in salted flour.

When the liver is cooked, (fried in the oil with a little sage) cut into very small pieces. Fry the chopped onions until golden brown, thicken with the flour and add the wine and about half a cup of water, to make the sauce. Simmer for 1 to 2 minutes and return the liver to the sauce to heat.

Serve hot with boiled rice.

To serve 4 people.

—Until December . . .

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