

A  
START  
OF GOOD  
THINGS

20<sup>th</sup>  
Century  
COOK  
BOOK

TRIED  
AND  
APPROVED  
RECIPES

A  
MAST  
OF GOOD  
THINGS

20th  
Century  
COOK  
BOOK

TRIED  
AND  
APPROVED  
RECIPES

TWENTIETH CENTURY

≡≡≡ **COOK BOOK** ≡≡≡

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A FEAST OF GOOD THINGS

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A CAREFUL COMPILATION OF TRIED  
AND APPROVED RECIPES

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**Ladies Aid Society of the Congregational Church  
Howard City, Michigan**

Mrs. L. W. Greene	-	-	-	-	President
Mrs. John VanDenburg	-	-	-	-	Vice-President
Mrs. Edward Laws	-	-	-	-	Secy.-Treas.

1913

## Commandments that Rule Housekeepers

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To manage her household so that the comfort, health and well being of every member shall be insured is a difficult task for a woman, and requires much tact, as well as domestic ability.

To accomplish this she must make it her aim:

To spend wisely as well as to save.

To choose and buy food which those who eat will enjoy, and which will be suited to their needs.

To have this food cooked in such a way that it will be agreeable, wholesome and digestible, and to have the meals served punctually and in order.

To see that every part of the home is kept clean always, because dirt is degrading and brutalizing and leads to disease and crime.

To see that all those to whom she is responsible are suitably and comfortably clad, and to study beauty and becomingness in her own dress as well as mere comfort.

To respect the rights of others and train her children and servants to do the same.

To do everything by example, by influence, by encouragement, and by sympathy, to make those who dwell under the roof good and virtuous.

To try to make all who come within her reach happy.

To permit no injustice, wrong or unkindness to be done even to the meanest.

To constitute herself the protector of all who come under her roof, even the dumb animals.

To seek to extend her influence beyond the four walls of her home; to benefit those outside, because the best use a woman can make of her home is to share its comforts with those who have none.

# MAGIC SUPPER

## BILL OF FARE

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- |                           |                |
|---------------------------|----------------|
| 1 A Chilly Reception,     | 1 Frozen Fruit |
| 2 A link from Friendship, | 2 Weinerwurst  |
| 3 Symptoms of Love,       | 3 Pickles      |
| 4 Splinters of Fun,       | 4 Tooth Picks  |
| 5 Adam's Ale,             | 5 Water        |
| 6 A Magic Circle,         | 6 Doughnuts    |
| 7 A piece of the Moon,    | 7 Cheese       |
| 8 Forbidden Fruit,        | 8 Apple        |
| 9 Preacher's Delight,     | 9 Chicken      |
| 10 A Hot Time,            | 10 Coffee      |

"We may live without poetry, music and art;  
We may live without conscience and live without heart,  
We may live without friends, we may live without books,  
But civilized men cannot live without cooks.  
He may live without books—what is knowledge but  
grieving?

He may live without hope—what is hope but deceiving?  
He may live without love—what is passion but pining?  
But where is the man that can live without dining?"

—Owen Meredith.



"Though we eat little flesh and drink no wine,  
Yet let's be merry; we'll have tea and toast;  
Custard's for supper, and an endless host  
Of syllabubs and jellies and mince pie,  
And other such ladylike luxuries."

—Shelley.



"Heaven sends us good meat, but the devil sends us  
cooks."

—Garrick.

(Epigram on Goldsmith's Retaliation.)



"A good cook is a good grace;  
Such an one is hard to place."

Perrin's "After Thoughts."—

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## DEDICATION

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TO ALL THE HOUSEWIVES AND SWEETHEARTS THROUGHOUT  
THE LAND WHO ARE AIMING AT GREATER PERFECTION IN  
THE ART OF COOKING, THIS LITTLE BOOK IS RESPECTFULLY  
DEDICATED.