

That Girlish Silhouette Can Survive the Stork's Visit

By ELEANOR NANGLE

HAVING A BABY is no alibi these days for the loss of mamma's girlish figure. You've been robbed of that last hitherto perfect excuse for letting yourself go. The doctors say there's no reason for it; the beauty specialists say there's no reason for it—and some of the best of mothers *prove* there's no reason for it.

Take, for instance, Wini Shaw, the vivid brunette whose way with a torch tune made her queen of the night clubs and landed her a Warner Brothers contract. She isn't 30 yet. She's slim and willowy as a sapling, and she's the mother of three children! She's a bright star in the growing galaxy of women who maintain their girlish silhouettes in spite of childbearing.

Here's what the beautiful Wini has to say on the subject: "The trouble with so many young mothers-to-be is that they commit themselves to stupid pampering. They abandon whatever games and sports they may have been pursuing heretofore and go in for lolling about and being waited upon. O, yes, some of them may follow the doctor's orders to take a daily walk—but what a timid walk it turns out to be! No wonder, after the baby arrives, they have silhouette trouble. I swam and did everything right up to the last minute. So I didn't have to go through that after-childbirth figure worrying."

The women whose livelihood depends on the maintenance of their youthful appearance are, naturally enough, the most ardent advocates of the new theory that childbearing isn't necessarily figure destruction. They're the ones who exercise before and after the blessed event, who watch their diet, and who follow the doctor's orders meticulously. They're finding this sanity about silhouette a double blessing. They improve their looks and make their childbearing chore easier and safer.

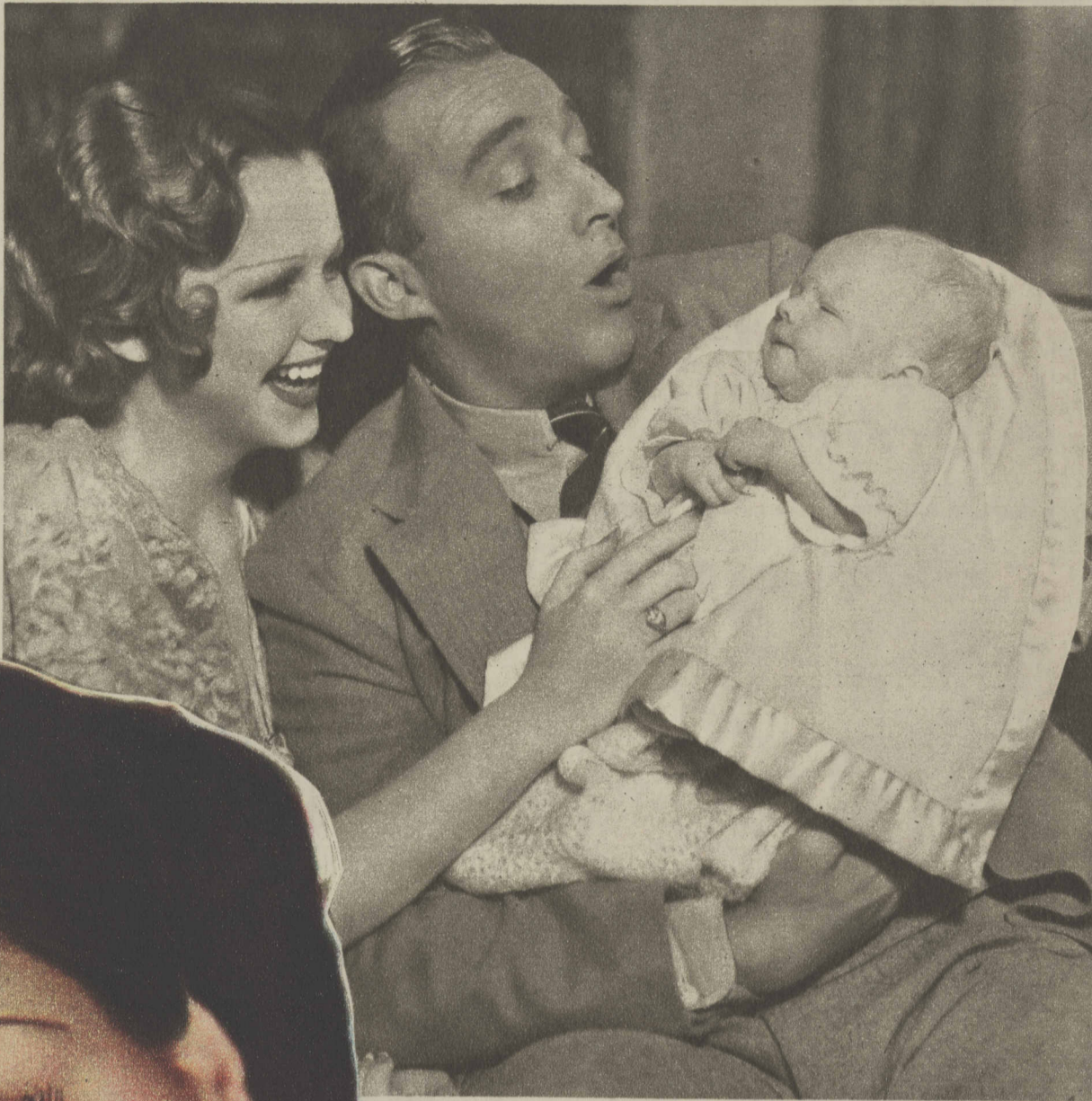
Dixie Lee Crosby, wife of the crooning Bing, is no longer active in the films, but she is a figure in the most beauty-conscious center in the world for more than one reason. She was in the movies until her marriage and could be in them now if she wished. She's beautiful enough, talented enough—and slim enough, despite the fact that she has had three children, including twins. She's another outstanding example of modern belief that maternity and the matronly figure do not represent cause and effect.

Professional models, those glamor girls whose much-photographed faces and figures dramatize every advertised commodity under the sun, are firm in their belief that motherhood doesn't ravage beauty. Some of the most sought-after models, even the pencil-slim girls who wear slinky clothes for the fashion photographs, take off their makeup at night and tuck anywhere from one to four babies into their cribs.

Helen Frasier, who has an "A" rating in any Chicago photographic studio, has four children, though she's only 27. Her youngest is 2, her eldest not quite 7. She manages her own household, with the help of one maid, and watches her diet carefully, more with an eye to keeping healthy than losing weight. She is her own cook, and her food is naturally simple and healthful, since it is planned particularly



(Tribune Color Studio photo.)
Wini Shaw, a bright star in the growing galaxy of women who maintain their girlish silhouettes in spite of childbearing.



Dixie Lee Crosby and her husband, Bing, with one of their three children. Dixie Lee still is slim and attractive.



Helen Frasier, a slender and graceful professional model of Chicago, is the mother of four.



With such a graceful figure, Wini Shaw's advice to mothers-to-be, to keep active to preserve their girlish silhouettes, bears the weight of real authority. She's the mother of three.

for her children. Her life is so active she has no difficulty keeping slim. When she can spare an hour away from her household and the camera she goes for a horse-back ride.

Many of the New York models are mothers, and the register of professional models in Chicago reads like a membership list of a parent-teachers' association. Isabel Stewart has a grown son; the beautiful Marie Kelly has two. Others who model consistently and who rock the cradle, too, include blonde Bunny Ryan, brunette Dorothy Temple, Kay Hibben, Angelita Harmes, Lucille McNerny, and Elsa McIntosh.

And the world is bountifully supplied with women other than movie stars and models whose bearing of children has not affected their slenderness of figure. These include many actresses of the stage, aerialists of the circus, equestriennes, teachers, business women, and housewives.

Babies, you see, don't leave their mark on the silhouette of the woman who cares enough about her figure to follow all the before-and-after do's and don'ts!



The Frasier family in its home at 7018 North Ashland avenue, Chicago. Left to right: Arthur, 5; Margaret Anne, 6½; Barbara, 2; Mary Louise, 3½, and their mother, who manages her own household and works professionally as a photographic model.