



EDITH CAVELL MEMORIAL IN NATURE'S CATHEDRAL with mountain and glacier as a solemn setting. The Rev. Dr. Edwards, park chaplain, pronouncing the benediction at the recent services for the famous war nurse at the foot of Mount Edith Cavell in Jasper National Park, Alberta, Canada.



CHICAGOAN HEADS AIR BOARD for the department of commerce, holding a post as assistant secretary. He is William P. MacCracken Jr., pictured here as he started his first assignment, a flying inspection of airports around Washington.

# Behind the Scenes of Their Lives

They banished constipation—corrected skin and stomach troubles—found new joy in living—with one food

NOT a "cure-all," not a medicine—Fleischmann's Yeast is simply a remarkable fresh food. The millions of tiny active yeast plants in every cake invigorate the whole system. They aid digestion—clear the skin—banish the poisons of constipation. Where cathartics give only temporary relief, yeast strengthens the intestinal muscles and makes them healthy and active, daily releasing new stores of energy.

Eat two or three cakes regularly every day, one before each meal: on crackers, in fruit

juices, water or milk—or just plain, in small pieces. For constipation dissolve one cake in hot water (not scalding) before meals and at bedtime. Dangerous habit-forming cathartics will gradually become unnecessary. All grocers have Fleischmann's Yeast. Buy several cakes at a time—they will keep fresh in a cool dry place for two or three days.

And let us send you a free copy of our latest booklet on Yeast for Health. Health Research Dept. N-767 The Fleischmann Company, 701 Washington Street, New York.



"I HAD BEEN TROUBLED with indigestion for some time. I became informed of Fleischmann's Yeast and took three cakes every day for a period of three weeks. After a short time I obtained relief. At the end of the third week I was entirely well."

W. J. Rickett, East Orange, N. J.



"I DEVELOPED A SEVERE CASE of skin trouble. I used various ointments and changed my diet but nothing would bring about the desired result. I had read several times of the benefits to be had from the use of Fleischmann's Yeast. I decided to give it a trial. In three months the skin trouble was gone and my general health much improved. Needless to say I am a Fleischmann 'Booster.'"

Ann McLaughlin, Cleveland, Ohio



"I WAS TROUBLED with a stubborn constipation. I commenced to take Fleischmann's Yeast daily. At the end of a few weeks my constipation vanished, my nerves were steady, my general health was of the best and my appetite was ravenous. I am absolutely convinced that Fleischmann's Yeast and good health are synonymous."

Mark Hydon, Detroit, Mich.



THIS FAMOUS FOOD tones up the entire system— aids digestion—clears the skin—banishes constipation. Start eating it today.



"TWO YEARS AGO the influenza left me in a run-down condition. My physician ordered me to take Fleischmann's Yeast dissolved in warm water. I did this for three months and improved steadily until I was back to normal. Now I feel better and stronger than ever before. I still eat Fleischmann's Yeast."

Jessa Hanson, Hollywood, Cal.