

"My boy was terribly underweight . . . so nervous that he couldn't sleep

Now he sleeps all night and eats anything!"

A Discovery from Switzerland that may make your child over. Not a medicine, but the most delicious food-drink known

SUMMER should be used to build up your child's weight. Don't believe loss of weight during the summer months is "natural" to your child. You can build your child's weight a pound or more a week all during vacation if you will; curb any nervous conditions and actually improve his appetite. You can do this in a way the average child delights in and without a drop of medicine. You give a food-drink that comes from Switzerland, the nation which has achieved so many great things for children. New to America, but used for years in Europe, over 20,000 doctors are advising it. The coupon below offers you a 3-day supply. For your child's sake, please accept it.

What It Is—How It Acts

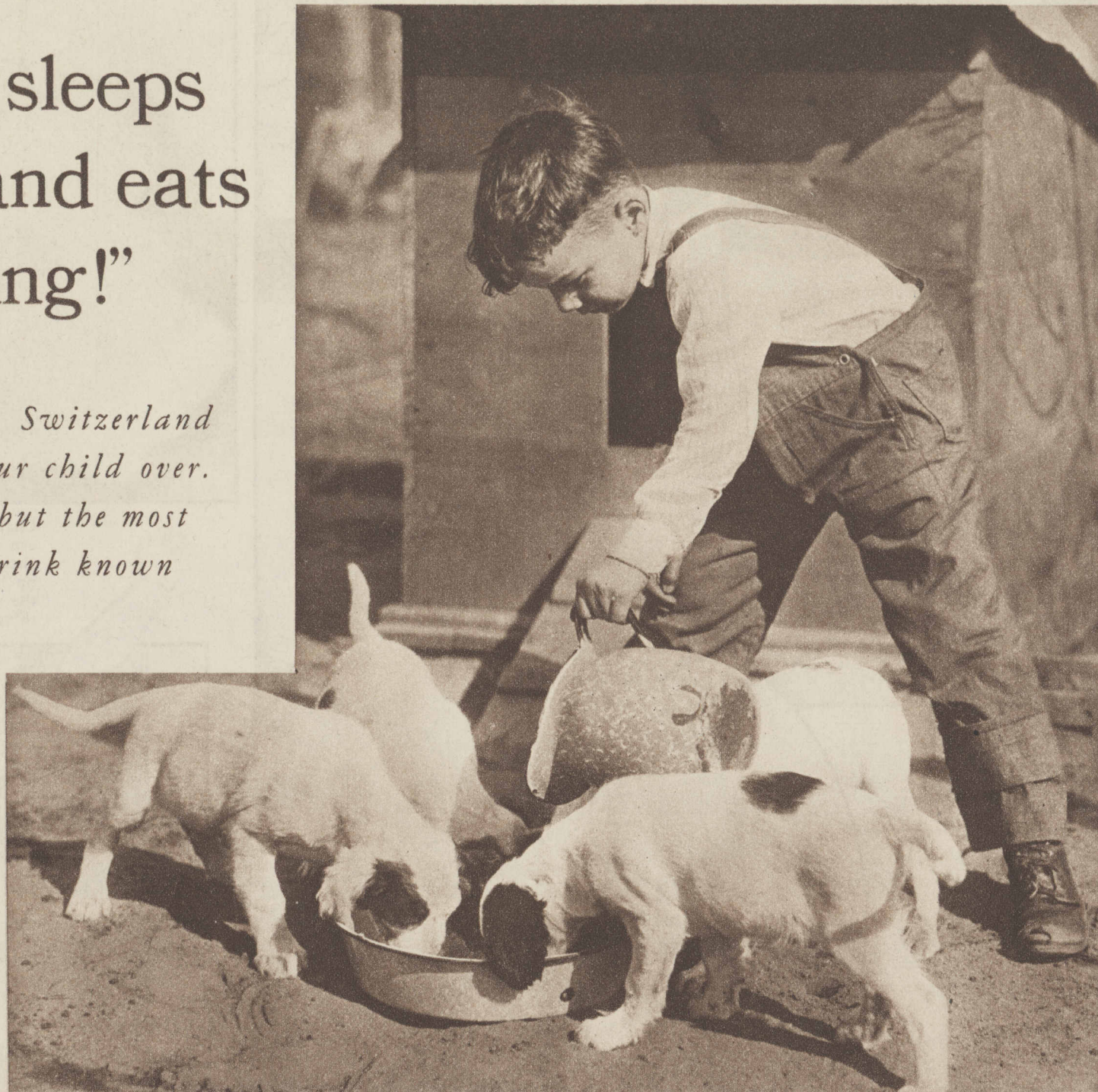
Thirty-eight years ago a food-chemist in Switzerland developed an unusual method of processing certain natural foods. A process that gave these foods certain values which none of them have when taken alone or in an ordinary mixture. It created world comment then, for it solved the problem of feeding invalids. It is called Ovaltine and today its use has spread all over the world and it is solving the problem of child feeding for modern mothers.

Ovaltine is made by a unique process—it is prepared under vacuum, thus preserving all vitamins and enzymes. Further, it is processed in such a way that it digests almost at once, without effort. It will digest when nothing else seems to "agree." And constitutes in itself a complete food. You mix it with milk and drink it as a beverage. And when mixed with milk it will break down the curds and make the milk digest twice as easily. (For milk alone, as you know, turns to solid curds in the stomach.) Children drink twice as much milk, when it's mixed with Ovaltine, because they like the taste.

It also contains a natural but vital property called "lecithin," which is the important part of nerve and brain tissue. A few days' use of Ovaltine usually curbs nervousness noticeably.

Increased Appetite

Ovaltine has a high content of the



"I am delighted with what Ovaltine has done for my boy. He was terribly underweight, so nervous that he couldn't sleep at night and his appetite was poor. Since using Ovaltine his nervous condition has improved remarkably and he has steadily gained weight. He sleeps soundly all night now and his appetite has improved so he eats most anything without the slightest trouble. I'd never be without Ovaltine again."

Mrs. B. G. TAYLOR, Lawrenceburg, Ky.

appetite-producing Vitamin B. But of greatest importance is its high proportion of the remarkable food element known as "diastase." (A substance that gives one food the power to digest the starch content of other foods in your stomach.)

Ovaltine is so processed that it contains enough diastase to digest from 4 to 5 times its own weight of other foods! It is this digestive power which chiefly

distinguishes Ovaltine from any other health food in the world, and is the main reason why Ovaltine actually stimulates appetite.

Quick Digestion

By breaking down the curds in the milk, by digesting the starches in the stomach, Ovaltine speeds up digestion and empties the stomach sooner. This makes a child hungry. For the sensa-

tion of hunger is caused by the walls of an empty stomach pressing together, and hunger is the basis of appetite. Child specialists will tell you that usually when a child refuses to eat, it is because he hasn't fully digested his previous meal—"poor eaters" invariably have slow digestion.

World-Wide Use

Ovaltine today is used in thousands of hospitals and sanitariums. It is prescribed by over 20,000 doctors. It was used as a standard ration by the Red Cross during the World War, for nerve-shattered, shell-shocked soldiers. In short, it is time-tested.

For the sake of your child we urge you to try it. Results will surprise you. Note the almost immediate difference in your child's weight and nerve poise, and in greater strength, energy and appetite.

Ovaltine is delicious, hot or cold—it makes a novel and enticing cold shake-up drink for warm summer days.

Give it at breakfast always. At meals and between meals. You can get Ovaltine at any drug or grocery store. Or, send the coupon for a 3-day test.

(Note: Thousands of nervous people, men and women are using Ovaltine, on physicians' advice, to restore vitality when fatigued. It is also widely recommended for sleeplessness, nursing mothers, convalescents, and the aged.)



Eats Better and Gaining Weight She Seems Like a Different Child

I want to tell you about my experience with Ovaltine. Little Nancy is just three, and growing very fast. Lately her color has not been good, her appetite poor, and she grew awfully thin. I heard about Ovaltine and decided to try some. Nancy liked Ovaltine so well she drank three cups the first day and I have been giving it to her regularly since. Her cheeks are rosy and her eyes bright. She seems like a different child. She eats so much better, too, and is gaining weight.

Mrs. R. F. OLSON, 133 Center Cross St., Sycamore, Ill.



Unbelievably Quick Gain in Strength and Weight After Illness

Having a boy sick in bed with scarlet fever, who needed immediate strength, I decided to try Ovaltine, having already sent for it, one time when I happened to see your offer. I find it to do everything your ad says it will. Deane gained strength and weight much quicker than I could ever believe he could after being so sick, and he loves it. I also give it to my other two children who will not drink enough milk.

Mrs. FRED JACKSON, 14130 Stratmore Ave., E. Cleveland, Ohio

OVALTINE

The Swiss Food-Drink

Manufactured under license in U. S. A. according to original Swiss formula

FAMOUS OVALTINE

OATMEAL TEST

Put 3 teaspoonfuls of Ovaltine into a full glass or cereal dish of cooked, warm oatmeal. Stir a few times to mix. Then watch and you will see the oatmeal liquefy before your eyes. You will see how a small amount of Ovaltine digests the entire starch content of the oatmeal in the same way that your own digestive organs should. It is a perfect demonstration of how Ovaltine, if taken with a meal, digests the starch content of other foods in your stomach. And why it speeds up digestion and creates the sensation of hunger.



IN NICARAGUA



SOLDIERS OF THE SEA TRAVEL BY AIR—To the marines remaining in Nicaragua, as the United States gradually withdraws the forces that have been keeping the peace there, the airplane is indispensable. Men with full equipment here embark for isolated outposts.



A FLYING AMBULANCE—A marine wounded in northern Nicaragua is sped by plane to the hospital.



FREIGHT SERVICE IS AUXILIARY—A transport plane delivers supplies to a spot in Nuevo Segovia province which is almost inaccessible by other means of travel.



AT THE OTHER END OF TRANSPORTATION CHRONOLOGY—In strange contrast to the Americans' swift planes, an ox cart train makes its leisurely way through Ocotul with food for hungry marines.



HORSE MARINES—A mounted force returns from combat patrol in Nicaraguan mountain fastnesses. (Chicago Tribune Press Service photos.)

MAIL FOR 3-DAY SUPPLY OR FREE SHAKER

THE WANDER CO.,
Dept. 58
180 N. Michigan Ave.,
Chicago, Illinois.

I enclose 10c to cover cost of packing and mailing. Send me your 3-day test package of Ovaltine.

These offers not good in Canada

Name (Print your name and address clearly)

Address

City State (One package to a person)

Special Free Offer

If you are an Ovaltine user now, we will send you a genuine 50c shaker, free. Send no money—just mail this coupon with one of the white pamphlets you find inside every can of Ovaltine.



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