Building Strong Families: Parenting Young Children

How Kids Develop Newborn to 3 Months

Developed and produced by Extension Home Economics Cooperative Extension Service Michigan State University
Newborn to 3 Months

The only food a small baby needs is mother's milk or formula. Babies can be breast fed or bottle fed.

Some babies have colic. Walking the baby sometimes helps. They will outgrow it, so be patient and have people help you so you can get away from time to time.

Babies need to suck. It comforts them and helps them feel secure.

New babies can learn a lot of things during their first few months. They can see, hear, smell, taste and feel. Help them use their senses.

Keep your day simple. Rest when the baby rests.

All babies cry. It's their way of asking for help. It's OK to pick up your crying baby. You won't be spoiling him.