Unit Pricing

THE BIG IDEA (Your Goal)
When I (the aide) have taught this lesson, the homemaker will be able to:
1) Look for unit pricing in the store.
2) Understand unit pricing.
3) Choose an item that costs the least from a group of similar items.
4) Select the lowest cost item for her situation.

FACTS BEHIND THE BIG IDEA (For You to Show and Tell the Homemaker)

What is a Unit?
A unit is the basic measure of a product. It may be:
- Weight (pound or ounce). Examples include meat, flour, canned foods, frozen food, bread, and cereal.
- Measure (pint or quart). Examples include milk, juice, and liquid detergents.
- Count (a number). Examples include cooking and storage bags, jar lids, freezing containers, paper napkins.
- Area (square feet). Examples include plastic or foil wrap.

What is Unit Pricing?
Unit pricing is a tool to help you see what you are paying. It tells you the cost of one unit (amount) of the product. You do not have to do any arithmetic. It is easy to compare the unit price of different brands or sizes of the same product.

Where Do You Find the Unit Price?
Stores use different methods of marking unit price. You may find it:
- printed on a label on the shelf under the item.
- on a list at the end of the aisle.
- stamped on the package.

How Can You Use Unit Pricing to Stretch Your Food Dollar?
Unit pricing tells you the cost of one unit of the product. These one-unit prices are easy to compare.

COMPARE THE COST...
The same brand product in different sizes of containers or packages:
- An ounce of cereal bought in a 46-ounce box compared to an ounce of cereal in a package of eight 1-ounce boxes.
- A quart of milk made from dry milk in an 18-quart bulk package compared to a quart made from dry milk in premeasured packages.

Look for this!

Zippy Corn Flakes 18 Ozs.
equals per ounce 4.0¢
Zippy Corn Flakes Handi-pak 6 Ozs.
equals per ounce 7.9¢

COMPARE THE COST...
The same product sold under different brand names:
- A pound of flour sold under a store brand compared with a pound of a nationally advertised brand.

Look for this!

5 lbs.
lbs, net wt.
Mom's Plain Flour Meme. 13¢
5 lbs.
lbs, net wt.
Cook's Plain Flour price per lb. 15.8¢
COMPARE THE COST...
Different qualities of the same product:
• A dozen Grade A large eggs compared to a
dozen Grade B large eggs.
• An ounce of Grade A or fancy canned
tomatoes compared to an ounce of Grade B or
extra standard.

COMPARE THE COST...
Different forms of a product:
• A pound of Cheddar cheese bought in a
block compared to individual slices or grated.
• An ounce of canned vegetables compared to
an ounce of fresh vegetables.

Look for this!

<table>
<thead>
<tr>
<th>lbs. net wt.</th>
<th>price per lb.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shredded Cheddar Cheese</td>
<td>0.25</td>
</tr>
<tr>
<td>Sliced Cheddar Cheese</td>
<td>0.62</td>
</tr>
<tr>
<td>Block Cheddar Cheese</td>
<td>0.82</td>
</tr>
</tbody>
</table>

COMPARE THE COST...
Different types of containers of the same
product:
• An ounce of baked beans in a can compared
to an ounce of baked beans in a glass jar.
• Group pricing (2 for — or 4 for —) compared with the price for a single item.

To Cash in on Money Savers
Don’t always buy the large economy size. Your
family may not like the food enough to use it
while it’s still good.
Consider the homemaker’s ability and interest.
No food is a bargain if it is not prepared so it’s
good to eat.
Plan purchases to fit storage space.

Make fair comparisons. To compare two
products, you must remember that they must be
packed the same way.

THINGS TO DO BEFORE VISIT
Plan how to fit the lesson to the homemaker—
how to present the “big idea”. Help her compare
prices of products she uses.
Plan to show the homemaker how she can use
unit pricing to compare the cost of products such
as the following:
The cost of 1 quart of fresh fluid milk
purchased in:
• 1-quart container
• ½-gallon container
• 1-gallon paper container
• 1-gallon plastic container

The cost of 1 quart of fluid milk made
from dry milk purchased in:
• 14-quart package.
The cost of 1 pound of dry beans purchased in:
• 4-ounce package
• 1-pound package
• 5-pound package
• 25-pound package

The cost of 1 ounce of a canned vegetable or
fruit:
• Store brand with a nationally advertised
brand.
• No. 10 can with a No. 2 can.
• Fancy pack of whole tomatoes with a can of
tomato pieces.
Collect empty packages, containers, and
labels, or make a list of products you will use as
examples. You can use newspaper ads to illustrate
some products.

Make a list of current prices of the products
you will compare. You will need to know the
weight, quality, type of packaging, brand, and
form of the products.

HOW DO YOU KNOW SHE LEARNED?
Let the homemaker point out the best buy as
you discuss and figure the unit prices
of products. Did she make the right choices?
Plan to meet her at a store that uses unit
pricing. Show and tell her how to use unit
pricing.

REFERENCES (Available in your State)
THE BIG IDEA
When you use unit pricing you can choose an item that costs the least from a group of similar items.

HOW TO PRESENT THE BIG IDEA

Explain what “unit pricing” means.

Tell her where to look for unit pricing in the store.

Show her how to use unit pricing to choose the item that costs the least from a group of similar items.

Select foods that the homemaker frequently buys.

Use the packages or labels you brought to show her how to look for style of pack and grade.

Chat about other factors that influence money savings—family likes and dislikes, storage, preparation.

Plan, if she is interested, to meet her at a grocery store. You can show her unit pricing, the various forms of one item, and practice price comparisons.

HOW DO YOU KNOW SHE LEARNED?
Ask her to take the handout on her next trip to the grocery store and compare prices. On your next visit you can talk about what she found out.
Unit Pricing

Look before you buy

Unit pricing helps you compare prices

Chunk bologna is usually cheaper than bulk sliced.

Bulk sliced is usually cheaper than vacuum packed.
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Let's Compare Unit Prices at the Store . . .

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Price per unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dry skim milk</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10-quart container</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20-quart container</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Long grain rice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Store brand, 5-pound package</td>
<td></td>
<td></td>
</tr>
<tr>
<td>National brand, 5-pound package</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Can green beans</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Store brand (cut beans)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>National brand (cut beans)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Store brand (whole beans)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>National brand (whole beans)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheddar cheese</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grated, 1-pound package</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sliced, 1-pound package</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chunk, 1-pound package</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

What did you find out by comparing prices?