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# VEGETABLE GARDENER



MICHIGAN STATE COLLEGE :: EXTENSION SERVICE

Michigan State College and U. S. Department of Agriculture cooperating. R. J. Baldvin, Director Extension Service, Michigan State College, East Lansing. Printed and distributed under acts of Congress, May 8 and June 30, 1914

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# 4-H Vegetable Gardner

#### By M. H. AVERY\*

It's fun to plant seeds, watch the tiny plants force themselves through the surface of the soil, and continue to grow to maturity. In addition, planting a garden also enables us to make certain that members of our family have plenty of healthful, garden-fresh vegetables at all times during the spring, summer and fall.

One of the best ways of doing this is to carry on a 4-H garden club project. In this project you will learn how to grow vegetable crops and will also have the fun of working together with your friends.

This bulletin contains information on the organization, requirements, and activities of 4-H garden club members. It also contains brief information on how to grow vegetables.\*\*

## GARDEN CLUB ORGANIZATION

#### LOCAL LEADER

Some older person in the community should be chosen to act as a local leader for each 4-H garden club. For a large club, assistant leaders should be selected.

#### ADVISORY COMMITTEE

It is a good plan to have an advisory committee of from three to five members selected from among the parents of the club members. This committee should assist the leader in planning and conducting the program for meetings and other activities of the club.

#### MEETINGS

The club should hold regular meetings about every 2 weeks or at least once a month. Meetings held at the homes of the members will be the most interesting.

The regular meeting should be divided into three parts: (1) the business meeting, (2) the project discussion and (3) the social and recreational period.

<sup>\*</sup>For helpful suggestions received in the preparation of this bulletin, the author extends appreciation to members of the Department of Horticulture, Michigan State College, and to the Beech-Nut Packing Company.

<sup>\*\*</sup>For more complete information on growing vegetables, refer to Extension Bulletin 4, "The Home Vegetable Garden." A copy may be obtained from your county extension office, or from the Michigan State College Bulletin Office, East Lansing, Michigan.

Special meetings may be called for planning a club picnic, a club tour of projects, a discussion of records, etc.

#### GARDEN VISITS

Visiting the club members' gardens is very important in keeping up interest. This may be done by the leader, the advisory committee or by older club members.

#### DEMONSTRATIONS

Your meetings can be made more interesting by individual or team demonstrations given by club members. These demonstrations should be on topics with which club members are familiar. Those who give the best demonstration in your club should be selected to compete in the county contest. More complete information is on page 21.

#### JUDGING

Club members will gain interest and knowledge by learning to know vegetable varieties and insects. The vegetable judging program is briefly outlined on page 22.

# THE CLUB GARDENER AND HIS PROJECT

#### REQUIREMENTS

Garden club members should be between the ages of 10 and 20 years inclusive.

Each member should keep a record of time spent in caring for the garden on the daily record card.

Each member should make an exhibit of vegetables grown at a local or county show.

Each member should complete the record book at the close of the project and turn it in to the leader by the date requested.



"What shall I plant."

#### GARDEN PROJECTS

The 4-H vegetable garden project has three divisions: the home garden, the farm garden and the commercial garden.

You should select the one which will fit your home conditions.

Use care in making plans for your garden. A small garden well

cared for will produce more vegetables than one too large and which is not taken care of properly.

The Home Garden may be as small as 200 square feet. This size garden should be grown by the younger members and by those who have only a small amount of space

available.

The home gardener should grow at least six kinds of vegetables.

The Farm Garden includes all gardens between 5,000 and 10,000 square feet in which vegetables are grown primarily for home use. The farm gardener should grow 15 or more kinds of vegetables.



"I'll get to the meeting on time."

The Commercial Garden includes all gardens of an area of 10,000 square feet or more, or large gardens grown primarily for raising vegetables for sale. It will include:

- (a) large garden growing a variety of vegetables
- (b) special crops grown for canning as: string beans and pickles
- (c) special crops grown for market as: popcorn and melons
- (d) small fruits such as strawberries and raspberries

# THE 4-H GARDEN

#### THE LOCATION

The garden should be located near the house and where it will get the most sunlight.

It should not be close to the roots of trees.



A good location.

It should have good drainage and be on sandy loam soil for easy working.

Choose level ground if you can. If your ground is sloping, run the rows across the slope to keep the soil from washing during heavy rains.



A safe distance from trees.

The size of your garden will depend upon:

- (1) The number of persons in your family and what kinds of vegetables they like.
- (2) How much space you have.

Plant only what you can take care of properly.



Don't sprinkle.

Give the soil a good soaking.

#### WATERING

If water is available use plenty.

A good soaking once a week to a depth of 4 to 6 inches is recommended during the dry season.

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Leave more room for the plants than you think is necessary.

#### THINNING

Plants must have room to grow.

Thin plants while they are young. Many kinds can be transplanted when you are thinning them.

Beets, radishes and others may be allowed to grow large enough to use before thinning.

For spacing in the row see the vegetable variety table, page 9.

#### SUCCESSION PLANTING

The small garden may be made to yield much heavier by following one crop by another on the same soil. For example: peas followed by beans, late cabbage or tomatoes set between rows of early peas.

The planting plan on page 8 gives some suggestions for planting.

#### THE GARDEN PLAN

The first and most important step in growing a vegetable garden is to make a plan on paper and then follow it.

The plan should show the direction of the rows, the distance between rows and the kinds of and varieties of vegetables to be planted in each row.

This garden plan may be changed to fit your location.

If you are going to cultivate the garden with hand tools the rows can run the short way of the garden. If you are going to use a horse or tractor they should run the long way.

If the rows run east and west, plant tall-growing vegetables like corn on the north side. If the rows run north and south, plant tall things on the west side. This will give the shorter growing plants more sunlight.

0	5′	10'		20'	25'
Radish(1)					
	Beets (1)	(Spinad	ch*)(4)		
				*)(4)	
	Peas (1)	(Late (	Cabbage <sup>3</sup>	*) (4)	
	Peas (1)	Late (	Cabbage <sup>3</sup>	*) (4)	Rows
	Peas (1)	(Late I	Broccoli	*)(4)	> 18 in.
				4)	Apart
	Peas (1)	(Late H	Beans*) (	4)	
Radish(2)	Lettuce (2)	(Beans*	)(3)	Parsnips(2)	
	Carrots(2)	(Spina	ch*)(4)		
	Beans (3)				
	Beans (3)				1
	Beans(3)				)
Interplant Lettuce (3	) Tomatoes(3)				
Interplant Radish(3)	Tomatoes(3)		р. 		
					Rows
	Tomatoes(3)				Apart
	Tomatoes(3)				
	Cucumbers(3	)			}

#### A 25-BY-50-FOOT GARDEN

\*Those crops listed in parentheses would be planted after the other crops had matured. To make this success in pressible, peas must be planted before May 1. The figures in parentheses indicate planting dates as follows: (1) Very early as soon as the soil can be worked. (2) 10 days after No. 1 planting. (3) As soon as danger of frost is past. (4) Late June planting—for fall.



A few tools, well taken care of, will make your gardening easier. (Left to right) Rule, rake, trowel, twine, hoe, spade, watering can duster.

#### KINDS

Plant the kinds of vegetables which your family like. However, it would be well to plant one or more new kinds each year for your family to learn to like. This will make it possible to have a variety of food more often.

Buy your seeds from a reliable dealer who handles well known brands of seeds. Younger club members should buy plants for tomatoes, cabbage, peppers, etc.

#### VARIETIES TO PLANT

The selection of good varieties that are adapted to Michigan's climatic conditions is important. In the northern part of the state, varieties that mature early must be used. There are many new varieties which are distinct improvements, but some may not be adapted to your soil or climatic conditions. Usually it is better to grow varieties of established worth than to devote too much space and time to novelties. You will have a better selection of varieties if you buy your seed early.

The varieties listed below have given good results in home gardens throughout the state, although there are many others that are excellent.

Note: Upper Peninsula—See tomatoes, pepper and corn varieties listed at the end of the following table.

CROPS	RECOMMENDED VARIETIES	AMOUNT OF SEED PER 50- FOOT ROW	WILL PRODUCE (POUNDS)	PLANTING TIME*	SPACE PLANTS IN ROW
Asparagus	Mary Washington	25 plants	18	1	18-24"
Early Green Beans	Tendergreen, Stringless Green Pod	¼ lb.	15	3-4	4-6″
Late Green Beans	Stringless Refugee; Kentucky Wonder (pole)	¼ lb.	15	3-4	4-6" Pole 12-15"
Wax Beans	Pencil Pod; Kidney Wax	¼ lb.	20	3-4	4-6"
Lima Beans	Henderson's Bush; Fordhook	¼ lb.	12	3	4-8"
Soybeans	Banse; Giant Green	¼ lb.	20	2	4-6"
Beets	Detroit Dark Red; Early Wonder	1/2 OZ.	50	1-4	2-3"
Broccoli	Italian Green Sprouting	1 pkt.	25	1-4	24"

#### RECOMMENDED VARIETIES FOR HOME GARDEN

#### RECOMMENDED VARIETIES FOR HOME GARDEN (Continued)

CROPS	RECOMMENDED VARIETIES	AMOUNT OF SEED PER 50- FOOT ROW	WILL (POUNDS) PRODUCE	PLANTING TIME*	SPACE PLANTS IN ROW
Brussels Sprouts	Catskill	1 pkt.	25	2	18-24"
Early Cabbage	Copenhagen Market; Golden Acre	1 pkt.	75	1-4	15-24"
Late Cabbage	Hollander; Ballhead	1 pkt.	100	1-4	15-24"
Cauliflower	Snowdrift; Early Snowball	1 pkt.	50	2-4	18-24"
Carrots	Chantenay; Danvers Half Long, Imperator and Nantes	1⁄4 oz.	50	1-4	1-3″
Celery	Summer Pascal; Utah; Easy Blanching	1 pkt.	50	2	4-8″
Chard	Lucullus; Large Ribbed Green	1 pkt.	40	2	6″
Chinese Cabbage	Chihili	1 pkt.	50	4-5	8-12"
Early Sweet Corn	Marcross; Golden Early Market	¼ lb.	175	3	8-12"
Mid-season Sweet Corn	Bancross; Golden Bantam; Lincoln	¼ lb.	175	3	8-12"
Late Sweet Corn	Golden Cross Bantam; Charlevoix; Ioana	<sup>1</sup> ⁄ <sub>4</sub> lb.	175	3-4	8-12"
Cucumber	A & C; Straight Eight; National Pickling	¼ oz.	35	3	3-5″
Eggplant	Black Beauty; New Hampshire Hybrid	1 pkt.	50	3	24-30"
Endive	Green Curled; Full Heart Batavian	1 pkt.	25	1-4	8-12"
Kale	Dwarf Curled	1 pkt.	25	5	8-15"
Kohlrabi	Early White Vienna	1 pkt.	30	1-4	4-8"
Head Lettuce	Great Lakes; Imperial 44; Imperial 847	1 pkt.	50	1-2-4	8-10"
Leaf Lettuce	Grand Rapids; Simpson	2 pkt.	25-40	1-3-5	2-4"
Muskmelon	Honey Rock; Hearts O' Gold	1 pkt.	75	3	3-6′
Mustard Greens	Giant Southern Curled; Tendergreen	1 pkt.	25	3	4-8″
New Zealand Spinach	There are no separate varieties	1 pkt.	30	3	4-6″
Onions	Seeds: Yellow Globe; Plants: Sweet Spanish; Sets: Yellow or White	<sup>1</sup> ⁄ <sub>4</sub> oz. 2 qts.	50 50	1 1	4-6″ 2-3″

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#### RECOMMENDED VARIETIES FOR HOME GARDEN (Continued)

CROPS	RECOMMENDED VARIETIES	AMOUNT OF SEED PER 50- FOOT ROW	WILL PRODUCE (POUNDS)	PLANTING TIME*	SPACE PLANTS IN ROW
Parsnip	Hollow Crown; Model	1 pkt.	50	2	3-4"
Early Peas	Thomas Laxton; World's Record	1∕2 lb.	30	1	2-6″
	Laxton's Progress, Little Marvel	ı∕₂ lb.	30	1	2-6"
Late Peas	Alderman; Morse Mkt.; Dwarf Telephone	<sup>⊥</sup> ⁄2 lb.	30	1	2-6″
Peppers	Oakview Wonder; Calif. Wonder; Harris Early Giant	1 pkt.	30	3	14-18″
Pumpkin	Sugar Pie	1 pkt.	200	3	6-10'
Radish	Scarlet Globe; Icicle	$\frac{I}{2}$ oz.	12	1-3-5	1-2"
Rhubarb	McDonald	20 plants	50	1	3′
Rutabaga	American Purple Top	1 pkt.	50	4	6-10"
Salsify	Mammoth Sandwich Island	1 pkt.	50	2	3-4″
Spinach	Long Standing Blooms- dale; Giant Thick Leaved	$\frac{I}{2}$ oz.	25	1-3-5	3-6″
Summer Squash	Early Prolific Straight Neck; Zucchini (Green Italian Type)	1 pkt.	50	3	2-4′
Winter Squash	Table Queen; Buttercup; Hubbard; Delicious	$\frac{I}{2}$ oz.	50	3	3-5'
Tomato (early)	Victor; Early Chatham	1 pkt. (12 pl.)	7.5	3	3-6′
Tomato (midseason)	Stokesdale; John Baer or Bonnie Best	1 pkt. (12 pl.)	100	3	3-6'
Tomato (late)	Rutgers; Jubilee (Yellow)	1 pkt. (12 pl.)	100	3	3-6′
Turnip	Purple Top White Globe	1 pkt.	50	5	3-5"
Watermelon	Harris Earliest ; Honey Cream (Yellow) ; Northern Sweet	1 pkt.	200	3	6-10'

Very early—as soon as the soil can be worked.
10 days after No. 1 planting.
As soon as danger of frost is past.
Late June planting—for fall.
July planting—for fall and winter storage.

Special varieties for Upper Peninsula:

Corn-North Star, Extra Early Bantam. Pepper-Harris Earliest, Harris Early Giant. Tomato-Early Chatham, Bounty, Victor, Firesteel.

For additional varieties, see your county agricultural agent.

#### PREPARING THE SOIL

*Fertilizer*—A garden soil needs humus and plant food. To provide this, apply rotted barnyard manure, leaves or peat moss before spading or plowing the garden. This will help to hold soil moisture and to losen heavy soils.

A green crop of oats or rye may be planted in the late summer or fall.



Use well rotted manure.



Leaf mold. Apply a layer 2 inches deep over the soil.



Compost pile.

(Leaves, lawn clippings, weeds, food refuse, etc.) Apply a 2-inch layer over the soil.

*Commercial Fertilizer* of a complete analysis, such as 4-12-6, should be spread evenly over the ground at the rate of about 40 pounds for each 1,000 square feet of surface.

Best results will be obtained by applying one-half of the fertilizer before plowing or spading your soil. The rest may be worked into the soil during the summer.



If your fertilizer has become lumpy it may be put through a screen.

Spread the fertilizer evenly over the ground.



#### PLOWING OR SPADING

The soil should be spaded when it is dry enough to crumble in the hand. It should be spaded or plowed about 6 inches deep.

Break up the lumps. Remove any pieces of sod. Smooth the surface with a rake.



Soil should crumble in the hand. Break the lumps.

Smooth the surface.

## PLANTING THE SEED

After the surface of the soil has been raked smooth, it is ready for planting. Follow your planting plan for width of rows and order of vegetables to be planted.



Drive stakes at each end of the row. Tie binder twine or other strong string to the stakes as a guide in marking rows.



To make the trench for seeds, draw the end of the hoe or rake handle along the string.



Spread seeds thinly along the row with the fore-finger and thumb. Mixing equal parts of sand with the seeds makes them spread easier.

Follow directions on the seed package for depth of planting and spacing. A general rule is to plant seeds to a depth of 2 to 4 times



their diameter. Larger seeds such as peas should be spaced evenly along the rows.



Firm the soil over seeds.

TRANSPLANTING

After the seeds are planted, firm the soil over them well with the back of the hoe or rake.

A good plan is to mark each variety. Use a flat, smooth stake at the end of the row with the kind of vegetable, variety and planting date printed on it. Use a pencil or waterproof ink directly on the wood.

When setting plants keep them moist.

Soak the soil on the plants before removing them from the flat or package so that the soil will stick to the roots.







Be sure to get a good sized ball of dirt around the roots when you remove the plant from the flat.



After placing a little soil in the hole partly filled by the plant, pour a small amount of water into the hole.



Complete filling the hole with dirt and press it firmly around the plant.

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Protect the plant after setting with a paper bag.

#### CULTIVATION VS. WEEDS

It is best to set the plants in the evening or on a cloudy day.

You may protect the plant for a few days with berry boxes, shingles set on the south side or a paper bag held down with soil covering the edges of the bag.

Cultivation serves two main purposes, to kill the weeds and loosen the top soil. Weeds rob vegetables of plant food and water. They crowd or shade the plants and thus reduce the yield of vegetables.

Rake the garden just before planting to kill small weeds just coming through the soil.

Plant quick-growing vegetables (as radishes) with slow growing (as carrots) to mark the row so the ground can be cultivated sooner.

Pull weeds in the row as soon as they can be identified from the vegetables.



Pull weeds before they get this size.

A horse or tractor cultivator will save time; where either of these is not available a hand cultivator is the next best tool to use.

#### EFFICIENT INSECT CONTROL

It is more economical and easier to control insects if you check them before they become numerous. Have a supply of necessary



*Mexican bean beetle. Put rotenone dust on both sides of leaves.* 

Leaf hopper. Put white dust on plants or use bordeaux mixture.



MICHIGAN EXTENSION SERVICE CLUB BULLETIN

poison on hand so that you can spray or dust the minute you find any sign of these enemies.

You will need:

For a 25-by-50-foot garden-

- 1 pound poison dait (dry)
- 3 pounds calcium arsenate-gypsum dust
- 1 pound nicotine dust
- 1 pound rotenone dust (do not mix with lime)

Buy these materials ready mixed if possible. If only a few insects are present, hand picking is the easiest way to remove them.

#### HOW TO PREPARE BAIT AND DUSTS

1. Poison bait for cutworms, grasshoppers and crickets:

2 pounds of dandelions cut up fine

1 ounce white arsenic, paris green or sodium fluosilicate Prepare this bait in the morning to permit wilting.



2. Calcium arsenate-gypsum dust for worms and beetles eating plant leaves:

1 part calcium arsenate to 19 parts gypsum.



Colorado potato beetle. Use a poison dust.

Aphid or louse. Use nicotine dust.



 Nicotine dust for plant lice and other sucking insects: <sup>1</sup>/<sub>2</sub> teaspoon nicotine sulfate plus <sup>1</sup>/<sub>2</sub> pound lime or three parts fixed nicotine—1 part lime (Mix by shaking in tight can)

Clean culture and rotation will help solve many garden pest problems. Pull and destroy all plant refuse as soon as each row is har-

vested. Commercial combination arsenate and fixed copper sprays and dusts are available and effective for general use in the home garden. Use as manufacturer recommends.

#### HOW TO APPLY BAIT AND DUSTS

1. If white grubs are present and too numerous for hand picking, other land should be selected and prepared.

2. For cutworms, grasshoppers and crickets, which appear nearly every year, scatter poison bait on a warm *evening* soon after the first plants appear above the ground and *just before* "set plants" are put in the ground or when insects appear.

3. Cucumbers and melons present special problems because beetles and aphids carry disease in addition to eating the plants. Watch for and combat these from the time plants appear.



4. For slugs and sow bugs, you may also apply poison bait. Use it under pieces of board or low dense vegetation.

5. For worms and beetles eating plant leaves, use calcium arsenate dust. Apply with small dust gun, or shake through cloth sack. Start soon after plants appear above ground. Make applications in the evening or early morning while the dew is on, once each week, or whenever insects appear later in the season. This will control

tomato worms. For Mexican bean beetles, rotenone is the best control. Do not use on leafy vegetables or beans.

6. For plant lice use nicotine dust. Make home-mixed dust fresh each time used. Use dust gun to reach under leaves.

To control root maggots:

Radishes—Plant several short rows, 5 to 7 days apart.



Onion (maggot adult). Use 1/4 pint dormant oil emulsion in 1 gallon of spray or use corrosive sublimate.

Cabbage-Protect plants with squares or circles of tarpaper.

Caution: Do not eat leaves of plants which have been treated with a compound containing arsenic, such as calcium or lead arsenate.

*Note:* For further information on controlling garden insects, consult your County Extension Agent.



Flea beetle. Use a poison dust.

Squashbug. Use poison dust, or lay boards beside plants for bugs to hide under. Early each morning, turn over the boards and kill the bugs found.



#### KEEP YOUR PLANTS HEALTHY

It is better to prevent diseases than to try to cure them. The following simple suggestions will help materially to avoid the more common plant diseases:

- 1. Rotate the location of the crops planted each year.
- 2. Grow disease-resistant varieties.
- 3. Provide good drainage.
- 4. Sow thinly-thin properly.
- 5. Do not walk between the rows or work near bean plants when they are wet.
- 6. Use treated seed if possible.
- 7. Keep insects under control.
- 8. Use of commercial copper fungicides will control many leaf diseases.

Seed Treatments to Prevent Seed Decay and Damping-off—Spergon, Semesan, red copper oxide, and similar material are commonly used to prevent seed-borne diseases, such as damping-off or seedling rot. Follow the manufacturer's recommendations as printed on the container.

# THE EXHIBIT

#### SELECT YOUR EXHIBIT

When-Select vegetables early in the morning while they are fresh.

What—Select vegetables that are uniform in size, shape and color; that are true to variety type, and free from disease or blemish. Select vegetables that are ready to eat.

*How to Prepare*—After the vegetables have been selected, prepare them as you would for market but be careful not to bruise them.



Most root crops should be washed. It is important not to bruise the surface. Leave the tops on; tie them in a bunch. Do not wash potatoes.

Vine crops may be wiped off with a soft, moistened cloth.

Cabbage should have a few of the outer leaves taken off.

Green, leafy vegetables like chard, if you need to exhibit them, should have the root wrapped in moist material or set in water.

Corn may have a "window" cut through one side of husk.

Dry onions may have a few of the discolored skins removed.

Peas and beans are best displayed in the pods, using a small handful of each variety.

Arrange the vegetables in the basket in an attractive manner so that the edible part of the vegetable is showing.

Do not use extra material for decoration which has no relation to the exhibit.

If you are growing a commercial garden do not select a basket exhibit. Select specimens of those vegetables you have grown. Follow the directions given above for selecting and preparing the vegetables for exhibit.

#### AWARDS

Your garden club project will be judged for honors and awards on the following basis:

1. The quality of the garden grown,

2. The placing of the exhibit,

3. A complete and correct report,

4. The story, and

5. Other projects and activities carried on as a 4-H club member.

#### YOUR RECORD

The record is an important part of your club program.

The club should discuss reports at a meeting so that all members understand them.

Plan to keep your record up to date by putting down at least once a week:

- 1. The amount of time spent in caring for your garden.
- 2. Any cash expenses, and
- 3. The amounts of vegetables used.

Also, try to get a photograph taken of you working in your garden when it is at its best.

*Note:* If vegetables are used at home, value them according to the price in the local grocery store.



"Hurrah! It's done."

If you sell vegetables use the actual price received for them.

### DEMONSTRATIONS

A demonstration is usually composed of three parts:

1. Introduction—The team should be introduced by the better speaker of the team. The subject of the demonstration, the name of the club, and its location are usually given, followed by a brief statement of the work the club is doing.

2. Demonstration Proper—The demonstration proper or main part of the work follows the introduction. The various phases of the subject are presented by the team members. While one speaks to the audience, the other should assist by holding charts, arranging material, and preparing other material for use so that each point brought out by the speaker is well illustrated. The team members should alternate in speaking, each discussing only one part of the subject at a time. The team should convince the audience that the methods shown by the demonstrations are practical.

3. Conclusion—The demonstration should be concluded by giving a brief summary of the points covered. Then give the audience a

chance to ask questions and to view the result of the work. Courteously avoid answering questions that do not pertain to the work.

Ask your County Extension Agent for a copy of a demonstration already written. Such a demonstration may be used as written, altered to fit your group or as a guide in preparing one of your own.

# JUDGING AND IDENTIFICATION

As a club member you will be interested in learing to know: (1) the varieties of vegetables recommended for your community, (2) how to select quality vegetables, (3) the more common insect pests and methods for controlling them, (4) what to look for in judging vegetables, (5) and how to identify grade defects of potatoes. This information is included in the 4-H garden club judging and identification program for Michigan. Ask your leader or County Extension Agent where to get information and material on this program.

In both the judging and demonstration programs club members will be selected to represent your county at state and national meetings. You will want your club to be represented in one of these programs. GARDEN CLUB NOTES

4-H CLUB MOTTO-"To Make the Best Better"



EMBLEM

4-H CLUB COLORS-Green and White

# 4-H CLUB PLEDGE

I pledge

My head to clearer thinking,

My heart to greater loyalty,

My hands to larger service and

My health to better living

For

My Club

My Community and

My Country.