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Musical Mixers Folk Games and Dances
Michigan State University Cooperative Extension Service
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Arden Peterson, Recreation Specialist
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MUSICAL MIXERS FOLK GAMES AND DANCES



4-H Club Program
Cooperative Extension Service
Michigan State University
East Lansing, Michigan

INDEX

| | |
|---|-------|
| KEEP IN STEP | iii |
| MUSICAL MIXERS | 1-7 |
| Brown Eyed Mary | 4 |
| Circle Two-Step | 1 |
| Circle Virginia Reel | 2 |
| Climbing Up The Golden Stairs | 6 |
| Crazy March | 1 |
| Five Foot Two | 4-5 |
| Glow Worm | 2 |
| Manana Mixer | 3-4 |
| Paul Jones Mixer | 5 |
| Sentimental Journey | 7 |
| Shoo Fly Swing | 3 |
| Tennessee Wig Walk | 6 |
| Teton Mountain Stomp | 7 |
| Texas Schottische | 3 |
| Texas Schottische For Three | 5 |
| SINGING GAMES | 8-22 |
| Ach Ja | 9 |
| Alabama Gal | 14-15 |
| The Bear Went Over The Mountain | 20 |
| Bingo | 9 |
| Brass Wagon | 13 |
| Captain Jinks | 17 |
| Come My Love And Go With Me | 12 |
| Comin' Round The Mountain | 21-22 |
| Good Night Ladies | 11-12 |
| Hokey Pokey | 13-14 |
| Honey You Can't Love One | 20 |
| Irish Washerwoman Mixer | 10 |
| I've Been Working On The Railroad | 8 |
| Jennie Crack Corn | 12 |
| Jingle Bells | 10 |
| Jolly Miller | 14 |
| Maine Mixer | 8 |
| Oh Johnny | 10-11 |
| Oh Susanna | 11 |
| The Paw Paw Patch | 15-16 |
| Pig In The Parlor | 18 |
| Pop Goes The Weasel For Threes | 16 |
| Red River Valley For Threes | 19 |
| Rig-a-jig-jig | 11 |
| Sally Down The Alley | 21 |
| Sent My Brown Jug | 16 |
| Skating Away | 13 |
| Skip To My Lou | 18-19 |
| So Long | 17 |
| Thief Yes Thief | 21 |
| FOLK DANCES | 23-37 |
| Chimes of Dunkirk | 25 |
| Come, Let Us Be Joyful | 24 |

| | Pages |
|---|-------|
| FOLK DANCES | |
| The Crested Hen | 23 |
| Croatian Waltz | 29 |
| Doudlebska Polka | 31 |
| Dutch Foursome | 24-25 |
| Eva Three Step | 26-27 |
| Gie Gordons | 36-37 |
| Great Big House in New Orleans | 23 |
| Green Sleeves | 27 |
| Gustav's Skoal | 31-32 |
| Herr Schmidt | 27 |
| Hiney Lo Yanum | 32-33 |
| Jessie Polka | 27-28 |
| Kalvelis | 36 |
| Kegel Quadrille | 33-34 |
| La Raspa | 25-26 |
| La Russe Quadrille | 34-35 |
| Milanovo Kolo | 37 |
| Misirlou | 35 |
| Napoleon | 25 |
| Norwegian Mountain March | 32 |
| Oslo Waltz | 33 |
| Patticake Polka | 26 |
| Portland Fancy | 35 |
| Progressive Barn Dance | 29 |
| Put Your Little Foot | 23-24 |
| Road To Isles | 29 |
| The Roberts | 30 |
| Spanish Circle | 28 |
| Susan Gavotte (Lili Marlene) | 30-31 |
| Ten Pretty Girls | 30 |
| Vienna Two Step | 28 |
| COUPLE DANCES | 38-40 |
| Blackhawk Waltz | 38 |
| Boston Two-Step | 39 |
| Cotton-Eyed Joe | 39 |
| Dinky One Step | 38 |
| Manitou | 38 |
| St. Bernard's Waltz | 40 |
| Waltz of the Bells | 39 |
| RECORD CODE | 41 |
| SOURCES | 41 |
| BIBLIOGRAPHY OF MUSICAL MIXERS AND FOLK GAMES | 41 |

KEEP IN STEP

The "Musical Mixers" portion of this booklet is made up of simple but very useful socializers. The "steps" used in them are very common and figures are sufficiently described to make them understood by anyone. All of these mixers have been used in 4-H Recreation Training Schools in Michigan recently, and credit for them goes to many sources. There are many variations for each mixer, but we include only those used most frequently and found to most workable with all age groups.

The folk games portion of this booklet includes a wide variety of "Singing Games" as well as folk dances. This collection is by no means complete, but again as was the case with "Musical Mixers", there are included those games most widely used by 4-H members and leaders in recent years. Many of these singing games are adaptations of familiar folk songs, adding action figures to give a different interpretation and an added zest. Just where the particular figures come from is as deep a mystery as where the music came from originally.

Of some things we are certain; singing games are a useful tool for getting people to feel better acquainted. They create a real sense of rhythm for those who participate; and figures like "grand right and left" can be taught with ease without even mentioning the terms other than Bingo or Pig in the Parlor.

"Folk Dances" without any singing parts are also included in this booklet. Folk dances from "lands afar" help us to develop a better understanding of those people. Those from our own country help us to appreciate the real cultural background of some areas.

"Couple Dances" are of two kinds in this section. There are those which are traditional such as "Blackhawk Waltz" and others which are more recent adaptations to current tunes such as "The Manitou".

Phonograph records which have been used are listed at the end of each game. This does not necessarily mean such records are required.

Several good source books are given at the end of this booklet.

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October 1959

MUSICAL MIXERS

Crazy March

Music: A good march or polka

Formation: All girls on one side, boys on the other, single file.

- Action:
1. March around the room single file.
 2. Down center in twos and cast off.
 3. Head couple join hands and go over approaching couples, all follow.
 4. On reaching last couple, head couple goes under arches made by other couples.
 5. Head couple makes arch and stands still, other couples going under and doing likewise.
 6. After going under tunnel made by other couples, head couple separates standing apart, clapping hands; other couples come through and do same.
 7. Head couple slide down center, face to face, back to back, or in any way desired, each time other couples follow them.
 8. This may be followed by zig-zig, snake dance, spiral wind-up, or by head couple leading down center, first couple going left, next right as in regular march.
 9. The cross - is formed from one end of the hall by two columns of couples starting from corners of room and crossing in center.
 10. Exchange partners - couples meet other line of couples in center of room, exchange partners, and go out at right angles to the way they came in - this figure may be repeated to reclaim partners.

Circle Two-Step

Music: Any slow two step or polka

Formation: Couples

Action and Call: Players start in couples in single circle. They two-step with partners until caller gives another direction. These are some of the calls that might be used in any sequence the caller desires:

1. Circle left (all join hands and circle left).
2. Grand right and left (face partners and do grand right and left).
3. Take that gal and two-step (take the nearest girl).
4. Ladies on the inside, pretty side out (girls join hands in an inner circle facing boys on the outside).
5. Slide right (each circle moves to right).
6. Stop and dance with the gal you meet.
7. Promenade around the ring (all stop and promenade, two by two).
8. Ladies step forward the gents turn back (men's line reverses, and the girls keep walking forward).
9. Stop and dance with the lady you meet.
10. Circle four (two couples circle up four).
11. Dance with the lady on your left.
12. All join hands in one big ring.
13. To the center and back (all come in toward center).
14. Dance with the lady across the hall (boys go to girl across circle).

Circle Virginia Reel

Music: March or any music of medium tempo

Formation: Double circle, men with backs to center of circle, facing partners, with six feet or so separating them.

Action: (The calls underlined)

1. Forward and bow. Partners take three steps toward each other and bow, curtsy, and return to places.
2. Right hand swing. Raise right hand, meet partner, join hands, circle around each other, and return to place.
3. Left hand swing, both hands swing, right arm swing, left arm swing, are self explanatory, based on number 2.
4. Right arm half way, left arm back. Swing around, right arms, half way 'round. Shift to left arm and return to place, with a left arm swing.
5. Right shoulder do-si-do. Partners advance toward each other and, passing right shoulders, pass around each other back to back. They face forward always.
6. Left shoulder do-si-do. Similar to number 5, but with left shoulder passing.
7. Forward and bow to the next. Each man advances to the lady on his left, and bows to the lady on his left, and bows to her as in number 1 above. She becomes his new partner. Repeat all with her, then move to left again. REPEAT ALL AS LONG AS DESIRED. (The special advantage of this form over the longways one is that everybody is in action at the same time. There are no long waits. The longways Virginia Reel is less active with more time to rest).

Glow Worm (Hello and Goodbye)

Music: Glow Worm Record Mac 310 B, W 7613

Formation: Double circle, men on inside, circle faces counter-clockwise; man holds girl's left hand in his right hand.

- Action:
1. Walk forward four steps.
 2. Part in four steps. (Partners face each other; back away from each other).
 3. Each man now points at and moves toward the girl who was at his left, as she moves toward him.
 4. The new partners join right hands and walk around each other with one complete turn. They end in promenade position, ready to move again.

- Call:
1. Walk 2, 3, 4
 2. Back 2, 3, 4
 3. Point 2, 3, 4
 4. Swing 2, 3, 4

Four Leaf Clover

The above Glow Worm figures work well with the song "I'm Looking Over A Four Leaf Clover" while it is being sung or played.

Shoo Fly Swing

Music: Any fast polka music

Formation: Single circle

- Action: 1. Head man steps to center facing his partner whom he swings around him with the right hands joined. She swings around second man in circle with left hands - back to her partner with the right, to third man with left, etc., all the way around the circle.
2. As soon as head couple has gone past first three couples, the second couple follows them.

Texas Schottische

Music: Any slow schottische such as Mac 400

Formation: Partners in double circle, standing side by side, boys with right arm over partners right shoulder, holding her right hand. He holds her left in his.

Action: Call is underlined, both start with left foot.

1. Step, slide step (to left), step, slide step (to right)
2. Walk, 2, 3, 4, (four steps forward)
3. Heel, toe, ladies to the center - while man takes three steps in place, girls take three steps to move toward center of circle, after releasing right hands. They still hold left hands, and are facing toward man behind partner.
4. Heel, toe, back you go - starting with right foot, boys continue three steps in place, and girls release partners left hand and move back to next partners, backing into his arms.

Manana Mixer

Music: Manana - W 7107

Formation: Grand circle, partner to right to begin, virtually all of the call is self-explanatory. Once the men turn back, they keep promenading clockwise and the girls counter-clockwise until the call "when you meet a hot tamale....," then each man swings the nearest girl and promenades with her in a larger circle about the room. Anyone who fails to get a partner in the scramble should rush to the center - there'll be someone there in the same fix.

Calls and Action:

Honor you chiquita,
Give your corner girl a weenk,
Go back and swing chiquita,
It's later than you think;
Promenade around the hall
In a great big ring,
Keep on promenading
And everybody seeng:

Manana, manana, manana -- she's good enough for me.
Gents turn back and promenade
Around the inside hall,
Keep on promenading
And don't you dare to stall;
When you meet a Hot Tamale,
You give her a pretty swing,
Promenade to Mexico
And everybody seeng:
Manana, manana, manana -- she's good enough for me.

Brown Eyed Mary

Music: OT 8005 B

Formation: Circle of couples

- Sung:
1. If perchance we should meet
On this wild prairie,
In my arms will I embrace
My darling brown eyed Mary.
 2. Turn your partner half way 'round,
 3. Turn your opposite lady,
 4. Turn your partner half way 'round,
 5. And prom'nade right hand lady.

- Action:
1. With hands crossed, partners promenade in a circle, with three or four feet between each two couples.
 2. Partners join right hands and turn half around, (so that man is facing back, with right hand toward center, lady in opposite direction).
 3. Each man joins left hands with the lady who was in the couple behind him, and turns her completely around.
 4. Joining right hands with original partner, turn her entirely around.
 5. Take lady behind in promenade position for new partner and repeat from beginning.

Five Foot Two

Music: Five Foot Two Record R 186, LS 3122

Formation: Couples in circle around room facing counter-clockwise. Man on inside, holding hands in skater's position, right hands held above left. Directions are for man.

Call and Action:

Two-step left, two-step right
Now--walk, walk, walk, walk
Two-step left, two-step right
Walk, walk, walk and turn
Hold with the right and balance out (girls in)
Balance in (girls out)
Turn with the right hand half about
Balance in and balance out
Break with the right, turn a quarter about
And -- repeat from beginning.

On portion of call, "walk, walk, walk, turn" man steps ahead of his partner, drops her left hand and takes the left hand of the girl in couple ahead of him. This makes a completed single circle with the men facing out and the girls facing in.

Paul Jones Mixer

Music: Any lively march or two-step such as W 7605

Formation: Circle of Couples

Call and action:

1. Couples march about the room in twos and fours.
2. All join hands and circle to the left; to the right.
3. All forward and back.
4. Right hands to partners and a grand right and left.
5. All swing.
6. Ladies form a circle in the center, gentlemen on the outside.
7. Ladies circle to the left, and gentlemen to the right.
8. All swing.
9. All march in twos about the room.
10. March four abreast.
11. While marching four abreast, gentlemen stand still and ladies advance, passing a given number of groups, and all promenade again; or ladies stand still and gentlemen pass on a given number of groups.
12. Change partners in fours and swing or two-step.

Texas Schottische For Three - An American dance.

Music: V 45-6177

Formation: Sets of three, one man and two ladies or vice versa. All sets facing counterclockwise around the floor in a ring.

PART 1: The man extends both hands forward and to the side and holds the lady on the left by the left hand; the lady on the right by the right hand. The two ladies hold free hands behind the man's back.

All start on the left foot and take 2 two-steps forward. (A two-step is a step-together-step). Now walk forward 4 slow walking steps, L, R, L, R.

PART 2: The left heel is now placed forward, then the left toe is placed in front of the right foot. Then the two ladies drop the hands they are holding behind the man's back and at the same time take 3 steps forward to face the man, and stand with their backs against the line of direction. They continue to hold the man's hands. At the same time the man takes three steps in place.

PART 3: All take a heel and toe step in place starting on right foot. Then with 3 walking steps, man pulls girls past him so they progress to the man behind him, girls walk to the new man with 3 steps and assume starting position. The man walks forward to take the 2 new girls.

Climbing Up The Golden Stairs

Music: Climbing Up The Golden Stairs MH 1517

- A It's a left hand round your corner, right hand round
 your partner (twice)
 (Sing) Climbing up the Golden Stairs.
 It's a left hand round your corner and right hand round
 your partner (twice)
 (Sing) Climbing up the Golden Stairs.
 It's a right hand round your corner, left elbow swing your
 partner (twice)
 (Sing) Climbing up the Golden Stairs
 You do-sa-do your corner, then do-sa-do your partner (twice)
 (Sing) Climbing up the Golden Stairs.
- B Chorus:
 Swing your corner lady boys,
 And promenade the square.
 Let's sing that crazy song again
 Climbing up the Golden Stairs.
 (Repeat A and B three times.)

Tennessee Wig Walk

Music: Decca 28846

Formation: Couples in circle, man facing line of direction,
 lady in opposite direction, man on inside of circle,
 right hands joined.

Measures:

- 1-2 Point in front, point to side, change sides left, right, left.
 (California schottische step. Left foot pointed in front, then
 to side, partners then change places with grapevine step, left
 behind, step to side with right then forward with left. Partners
 end with left hands joined.)
- 3-4 Repeat above starting with right foot, returning to original
 position with right hands joined.
- 5-6 Partners make right hand star, with elbows touching. Walk
 around, left, right, left, brush with right; then continue
 walking, right, left, right and brush with left to make one
 complete turn, facing original direction.
- 7-8 Partners drop hands, leave partners, walk forward, left, right,
 left, brush with right, pass next woman, continue right, left,
 right. Brush and meet new partner. (second lady from original)
 with right hands joined.

Call:

Point, Point and 1, 2, 3
Point, Point and 1, 2, 3
1, 2, 3 brush; 1, 2, 3 brush
Pass 2, take the next

Teton Mountain Stomp

Music: W 7615, 4615

Formation: Partners in circle around the floor, both hands joined, facing in line of direction or counter-clockwise.

Action: Left slide, Left stomp -- Partners go into the center of circle stepping with left, sliding right foot to left, stepping to left with left, and stomping with right foot.

Right slide, Right stomp -- Repeat above starting with right foot and going to outside of circle.

Step stomp, Step stomp -- Step left, stomp with right foot, step right, stomp with left foot.

Walk, 2-3 Turn -- Partners assume "banjo" position, (man faces his partner with right hips adjacent, hands joined arm extended at shoulder height.) Man walks four steps forward, lady backs up four steps. Both turn in place.

Walk 2-3 Turn -- Repeat above, this time man walks backwards, lady forward.

Walk 2-3 Turn -- Repeat with man walking forward, partner walking backward.

Right elbow swing -- Instead of turning in place, partners hook right elbows and do one right elbow swing, man advancing forward to a new partner.

Repeat from beginning.

Sentimental Journey

Music: Sentimental Journey Mac 642 A

Formation: Couples in double circle. Boys have backs to center, facing partner, holding both hands.

Call

1. Slide - slide - slide and clap
2. Slide - slide - slide and clap
3. Right-together, Left-together
4. Right-together, both
5. Turn-around and laps-- together both

Action

1. Three slides forward and clap
2. Three slides back and clap
3. Clap right hands, then own, then left, then own
4. Clap right hands, then own, then both
5. Turn around in place with 2-2 steps
6. Face partner, slap laps, own hands, then both.

Note: This should be done once completely with own partner, then on second turn each moves to left to new partner.

SINGING GAMES

I've Been Working on the Railroad

Music: Traditional melody FD 1107

Formation: Double circle, boys on the inside, partners' hands in skating position. Couples facing counter-clockwise.

- Song:
1. I've been working on the railroad
 2. All the
 3. Live long
 4. Day
 5. Hey! (Yell)
-
1. I've been working on the railroad, Just to
 2. Pass the
 3. Time a-
 4. Way (Hey!)
 5. Don't you hear the whistle blowin'
Rise up so early in the morn. (Hey!)
 6. Don't you hear the whistle blowin'
Dinah, blow your horn.
 7. Whooo! Whooo!
 8. Dinah, won't you blow, Dinah, won't you blow,
Dinah, won't you blow your horn, horn, horn?
Dinah, won't you blow, Dinah, won't you blow,
Dinah, won't you blow your horn.

- Action:
1. All couples promenade counter-clockwise, starting on the left foot.
 2. Couples stop - put left heel forward and back to place.
 3. Right heel forward and back to place.
 4. Bend both knees and bob down and back up in place and yell "Hey!"
The same steps are repeated on the next part and on 5.
 6. Repeat the same as above.
 7. In place, partners release hands and with boy's left and girl's right pull the whistle as they say "Whoo, whoo".
 8. Boys drop back into single circle, stepping in ahead of their own partners, so that all form a single file circle marching counter-clockwise, right hands on shoulder of the person in front. March to the last part of the song, and end with another "Whoo! Whoo!" Boys step ahead and to the inside of the circle to the girl ahead of him who is his next partner.

Maine Mixer

Music: Glow Worm Mac 310 B

Formation: Circle of couples

Music and Action:

Everybody goes to town
You pick'em up and lay'em down (partners march forward in promenade for eight counts)
Back away and say adieu (partners face each other and back away)
Balance to the right of you, (each balances to own new partner)
Do-si-do and watch her smile (pass back to back with new partner)
Step right up and swing awhile (swing new partner)
Give that gal another swing
And promenade around the ring. (start over)

Bingo

Music: RCA 456172

Formation: Couples in a double circle, facing counter - clockwise

Words: A farmer's black dog sat on the back porch
And Bingo was his name,
A farmer's black dog sat on the back porch
And Bingo was his name.

Chorus: B I N G O
B I N G O
B I N G O
And Bingo was his name.

Spoken: B-I-N-G-OH! (with a big hug)

Sung: And Bingo was his name.

Action: Beginning on left foot, all couples march around the room with hands in position singing first four lines of song.
On the chorus couples fall back into single circle, join hands, and continue sliding to the right.

On the spoken part, partners turn to face each other, taking right hands on "B" and continue with grand right and left in the direction they are facing to the next four people on each letter. On "oh", they squeeze or swing their new partner with whom they begin to dance again.

Ach Ja!

Music: FD 1110

Formation: Circle of couples counter-clockwise

| Song | Action |
|-----------------------------------|---------------------------------|
| 1. When the father and the mother | 1-2 Partners stand side by side |
| 2. Take the children to the fair | with inside hands clasped. |
| 3. Ach Ja! Ach Ja! | They walk four stiff steps |
| 4. Oh, they have little money | forward |
| 5. But it's little that they care | 3 They face each other and |
| 6. Ach Ja! Ach Ja! | bow from the hips, then |
| | face the other way and make |
| 7. Tra la, la, Tra la, la,, | a bow. |
| 8. Tra la, la, la, la, la, la | 4-5-6 Repeat all of this. |
| 9. Tra la, la, Tra la, la | 7-8 Partners face each other, |
| 10. Tra la, la, la, la, la, la, | catch hands, and slide 4 |
| 11. Ach Ja! Ach Ja! | slow steps in the direction |
| | in which they were walking. |
| | 9-10 Slide 4 steps back |
| | 11 Bow to each other, the boys |
| | stand still and girls slide |
| | one step to their right to |
| | a new boy. |

Jingle Bells

Music: Song by same name, FL 1111

Formation: All in single circle in couples, hands joined.

| Song | Action |
|---|--|
| Dashing through the snow In a one horse open sleigh O'er the fields we go Laughing all the way Bells on bobtail ring Making spirits bright What fun it is to ride and sing A sleighing song tonite | All in to the center All come back out All slide 8 slides to left All in to the center All back out 4 counts Slide 8 counts right |
| Chorus: Jingle Bells Jingle bells Jingle all the way Oh what fun it is to ride in a one horse open sleigh Repeat chorus | Face partners and clap own hands 3 Clap three times behind Clap four times in front, then clap both of partners hands. Swing partner twice around Do same with corner, but swing her once and a half to man's right side a new partner. |

Irish Washerwoman Mixer

Music: Traditional tune RCA 6178, M 103

Formation: Partners in single circle - ladies on right.

| Song | Action |
|---|--|
| All join hands and into the middle And when you get there keep time to the fiddle And when you get back remember the call Swing on the corner and promenade all. (Promenade 16 counts and begin again) | All to center with joined hands Stamp foot four times in center All come out Swing corners three quarters round and promenade |

Oh Johnny

Music: Song by same name Mac 646 FD 1037

Formation: Partners in single circle, all hands joined.

| Song | Action |
|---|---|
| All join hands and you circle the ring Stop where you are & you give her a swing Swing that gal behind you Now your own - if you have time before your're through | All circle to left All swing partner Boys swing left hand lady Go back and swing your own partner |

| | |
|---|--|
| Allemande left with your sweet corner maid | Left hand swing with lady to man's left |
| Do-si-do your own | Do-si-do partners |
| And promenade your sweet corner maid | Promenade corners |
| Singing "Oh Johnny, oh, Johnny, oh!" | |

Oh Susanna

Music: Traditional tune RCA 6178

Formation: Single circle, all players facing in, girls on the right of their partners.

Action: 1. Ladies to center and back (8 counts)
2. Gents to center and back (8 counts)
3. Ladies to center and back (8 counts)
4. Gents to center and back (8 counts)
5. On chorus, all face partners and do a grand right and left, (16 counts)
6. On second chorus, all promenade partners singing:
Oh, Susanna, oh don't you cry for me
How can I play my banjo with Susanna on my knee (boy kneels on right knee, with left knee up for the girl to sit on).

Rig-a-jig-jig

Music: Traditional Tune M 111

Formation: All form a circle and join in the singing. One player (more for large group) walks jauntily around inside the circle while all sing.

Song: As I was walking down the street, down the street, down the street
As I was walking down the street, Heigh-o, Heigh-o
A pretty young girl I chanced to meet, chanced to meet, chanced to meet.

Chorus:

Rig-a-jig and away we go, away we go, away we go
Rig-a-jig-jig and away we go, Heigh-o, Heigh-o, Heigh-o

Action: On the words, "A pretty girl I chanced to meet," or "A nice young man I chanced to meet," the player bows to one in the circle and they join hands skating fashion. On the chorus both skip around. Repeat from the beginning, with players walking in single file, choosing and skipping. Continue until all are skipping.

Good Night Ladies

Music: Song by same name FD 1106

Formation: Double circle, partners facing each other

Song: 1. Good-night, ladies
2. Good-night, ladies
3. Good-night, ladies
4. We're going to leave you now
5. Merrily we roll along,
6. Roll along, roll along,
7. Merrily we roll along
8. O'er the deep blue sea.

- Action:
1. On the first line, extend right hand and shake hands with partner three times.
 2. On second line, move on to new partner and repeat handshaking.
 3. On third line, progress once more and shake hands.
 4. On fourth line, progress once more and shake hands. All face forward in line of direction.
 - 5.-8. Throughout the chorus, partners skip around in the line of direction. Second time through verse sing "good-night" to four new people. Repeat as many times as needed or until original partners meet, then skip off floor to the exit.

Come My Love And Go With Me

Music: "Oats, Peas, Beans and Barley Grows" - M 111

Formation: A double circle facing counterclockwise with gents on the inside. Hands are crossed in skating fashion with his partner.

- | Song | Action |
|---|---|
| 1. Come my love and go with me, Come my love and go with me, Come my love and go with me, And I will take good care of thee. | 1. Marching counterclockwise in time with the music as described in the formation notes. |
| 2. You are too young, you are not fit, You are too young, you are not fit, You are too young, you are not fit, You cannot leave your mother "yit". | 2. Drop hands, gents reverse direction during part 2. Ladies continue same direction as in 1. |
| 3. You're old enough, you're just about right, You're old enough, you're just about right, You're old enough, you're just about right, I'll ask your mother next Saturday night. | 3. Gent takes lady nearest him and swings her during part 3. |

Jennie Crack Corn

Music: FD 1111

Formation: Two lines of from 4 to 6 couples, boys on one side, girls on other.

- | Song | Action |
|---|---|
| 1. Jennie crack corn and I don't care, etc. | 1. All forward and back twice. |
| 2. Right hand up and I don't care, etc. | 2. Partners swing with right hand around. |
| 3. Left hand up and I don't care, etc. | 3. Partners swing with left hands. |
| 4. Both hands up and I don't care, etc. | 4. Partners join both hands and swing. |
| 5. Right shoulder and I don't care, etc. | 5. Do-si-do by right shoulders. |
| 6. Left shoulder and I don't care, etc. | 6. Do-si-do by left shoulders. |
| Chorus. Roll 'em boys, and I don't care, etc. | Head couple join both hands across and slide down set and back up. They then cast off, girls to right and boys to left. When head couple reaches bottom of set, they form an arch and number two couple leads the others up through to begin again. |

Brass Wagon

Music: "Ten Little Indians" - M 111, FD 1109

Formation: Two lines, boys in one and girls in the other, facing their partners, as in the Virginia Reel.

- | Song | Action |
|--|---|
| 1. Jolting up and down in the old Brass Wagon Jolting up and down in the old Brass Wagon Jolting up and down in the old Brass Wagon You're the one, my darling. | 1. Head couple join both hands and slip to foot of set between the lines and back to place. (Chassez step.) |
| 2. Right and left in the old Brass Wagon Right and left in the old Brass Wagon Right and left in the old Brass Wagon. You're the one, my darling. | 2. Head couple hook right elbows, turn, in the middle, and then reel with the opposite line. (As in Virginia Reel.) When last of each line has reeled head couple stay at foot. Second couple repeat entire dance as do third, fourth, etc. |
| 3. Continue repeating 2. | 3. The second couple may start reeling as soon as the first couple has reeled down to the fourth couple and make it continuous. |

Skating Away

Music: Mulberry Bush - M 111

Formation: A single circle with 2 ladies and 2 men in the center.

- | Song | Action |
|---|---|
| 1. There were two couples a-skating away, skating, a-skating, a-skating away. There were two couples a-skating away, So early in the morning. | 1. The two couples in the center form a right-hand "wheel" and turn while the players in the circle join hands and go to the right. |
| 2. The ice was thin, and they all fell in, they all, they all, they all fell in. The ice was thin, and they all fell in, So early in the morning. | 2. The center couples form a left-hand "wheel" while the players in the circle go to the left. |
| 3. The old swing out, and the new swing in, the new, the new, the new swing in. The old swing out and the new swing in, So early in the morning. | 3. Those in the circle stand and clap. The center couples break their "wheel". Each man takes a lady from the circle, and each lady takes a man from the circle. They swing their new partners twice around and leave them to "skate away" while they retire to the circle. |

Hokey Pokey

Music: C 2427

Formation: All in a circle.

Song: Put your right hand in, take your right hand out,
Put your right hand in and you shake it all about,
You do the Hokey Pokey and you turn yourself about;
That's what it's all about! (Clap - Clap)

Action: Go through the motions of putting each hand, leg and so on into the center and out again. On "You do the Hokey Pokey" put right finger in the air and truck around in a circle in place ending by clapping hands together twice.

- | | |
|---------------------------|--------------------------------------|
| 1. Put your right hand in | 5. Put your elbows in |
| 2. Put your left hand in | 6. Put your head in |
| 3. Put your right foot in | 7. Put your whole self in |
| 4. Put your left foot in | (Jump into the inside of the circle) |

Jolly Miller

Music: OT 8089

Formation: Circle of couples facing counterclockwise, hands joined behind them in a skating position. An extra player, the "miller", may be in the center.

- Song:
1. Jolly is the miller and he lives by the mill,
The wheel goes around with a right good will,
One hand in the hopper and the other in the sack.
 2. The wheel goes on and we all turn back.
 - 3-4. Repeat foregoing verse.
 5. Jolly is the miller and he lives by the mill,
The wheel goes around with a right good will,
One hand in the hopper and the other in the sack.
 6. The ladies go forward and the men turn back.
Raining, hailing, cold stormy weather,
I have no shoes and I have no leather,
You be the reaper, I'll be the binder,
 7. I've lost my true love, where shall I find her?

- Action:
1. Walk or skip counterclockwise.
 2. Reverse by turning back to back without unclasping hands.
 3. Repeat number 1 - except circle moves clockwise.
 4. Repeat number 2.
 5. Repeat number 1 - circle moving counterclockwise
 6. Partners drop hands, girls continue counterclockwise while boys reverse and move clockwise. The "miller" joins the boys' circle.
 7. Each boy takes the nearest girl and moves counterclockwise as another "miller" goes to the center and the game is repeated.

Alabama Gal

Music: Alabama Gal - M 112

Formation: Longways line, Virginia Reel Style, men in one line, women in the other. The difference from an ordinary Virginia Reel is that as many as 20 couples or so can be in the same "set". About 6 feet of distance is necessary between the lines.

- Song:
1. Come through in a hurry, Come through in a hurry,
Come through in a hurry, Alabama Gal.
 2. I don't know how, how, I don't know how, how,
I don't know how, how, Alabama Gal.
 3. I showed you how, how, I showed you how, how,
I showed you how, how, Alabama Gal.
 4. Ain't I rock candy? Ain't I rock candy?
Ain't I rock candy? Alabama Gal.

- Action:
1. Head couple join hands (man's right and girl's left) and go down the center of the set toward the foot for the "Come through in a hurry" repeated. For the third "Come through in a hurry", they return to the head, reel a time and a half, then start reeling down the line as the other verses are sung. (To do the reel, partners link right arms, turn half way 'round, then give left arm to the persons in the line -- man going to girl's line, girl going to man's line. Then return to partner with right arm link again.)
 2. The next couple starts down the center in like fashion after the "rock candy" verse. They do gown to set only as far as the other couple, then they return to the head and start reeling down toward the foot. Each couple continues until it has been head couple and has reeled clear down the line to the foot. This particular version was first used in Florida. We have run across several variations, all of them stemming from the Virginia Reel longways formation.

The Paw Paw Patch (Ten Little Indians)

Music: Ten Little Indians - M lll

Formation: The formation is the same as for Virginia Reel, boys in one line facing partners in opposite line. (Girls on the right as partners face the head of set.)

- Song:
1. Where, O where is sweet little (Nellie)*
Where, O where is sweet little Nellie,
Where, O where is sweet little Nellie,
Way down yonder in the paw paw patch.
 2. Come on, boys, let's go find her,
Come on boys, let's go find her,
Come on, boys, let's go find her,
Way down yonder in the paw paw patch.
 3. Pickin' up paw paw, puttin' 'em in her pocket,
Pickin' up paw paw, puttin' 'em in her pocket,
pickin' up paw paws, puttin' 'em in her pocket,
Way down yonder in the paw paw patch.

- Action:
- *1. Sing the first verse to the name of the girl at the head of the line, during which she turns to the right and skips down behind the line of girls, and continues on around behind the line of boys to place.
 2. During the second verse the same girl skips around the set followed by the whole line of boys, one behind the other, until all are back in position.

3. Without any break in the time, all sing the third verse. The first boy in the line takes his partner and all follow the head couple around the same course and back into original position. The head couple then retires to the foot of the set down the outside, and the first verse is sung again to the new girl at the head. Repeat for each girl in turn. Then play through again for the boys, "Where, O where is poor little Willie?" etc.

Sent My Brown Jug

Music: Sent My Brown Jug - M 112

Formation: Single circle of partners facing center. Girl at right of her partner.

- Song:
1. Sent my brown jug down town (repeat 3 times).
So early in the morning.
 2. It came back with a waltz around (repeat 3 times).
So early in the morning.
 3. Railroad, steamboat, river and canoe,
Lost my true love and don't know what to do.
 4. O, she's gone, gone, gone, O, she's gone, gone, gone,
O, she's gone on that raging canoe.
 5. Let her go, go, go, Let her go, go, go,
Let her go on that raging canoe.

- Action:
1. Circle left, 16 steps, walking as you sing the first two lines.
 2. Circle right, 16 steps, singing the next two lines.
 3. On the words "railroad, steamboat ... don't know what to do," partners join right hands and walk around each other; then join left hand with the "corner person" (who was on the man's left, lady's right) and walk around each other, returning to original partner, ending with backs to center of circle.
 4. Join both hands with partner and take four slide steps (step, close) to the man's left. This is on the words, "O, she's gone, gone, gone, O she's gone, gone, gone." Turn partner in four walking steps on the line ending with "raging canoe."
 5. Man leaves partner, moves to his left to new partner, and repeats figure 4 with her, ending with new partner at his right. Repeat from the beginning.

Pop Goes The Weasel For Threes

Music: Any of the verses of "Pop Goes the Weasel" M 104

Formation: Boys with one girl on either side stand three abreast. Sets are behind each other facing counterclockwise in the circle. Each girl takes one of the boy's hands with her outside hand (in front of the boy) with their inside hands joined behind the boy's back.

Action: Sets promenade until "Pop Goes the Weasel" when the boy is released to "pop" under the arms behind him, back to the next two girls. Repeat until boys have been half way or all the way around the room. This is definitely a "man-stretcher" game.

So Long

Music: Tune by same name

Formation: Partners in single circle, all facing in with hands joined.

- | | |
|---|--|
| 1. So long, | 1. Swing hands in and out, at the same time rocking forward and back. |
| 2. It's been good to know you. | 2. Girls turn toward boy on the right, making a complete revolution in front of him, and falling into a new position on his right. |
| 3. So long, | 3-4. Same as above. |
| 4. It's been good to know you. | |
| 5. So long, | 5-6. Same as above. |
| 6. It's been good to know you. | |
| 7. What a long time since I've been home. | 7. Same as 1 and 2 above, but on the hold on "home" pause and honor your new partner. |
| 8. And I must be drifting along. | 8. Promenade this partner in a skating position four measures. (Four groups who know how to waltz, take a regular waltz position on these 4 measures.) |

Captain Jinks

Music: Captain Jinks - M 103

Formation: A circle with girls on partners' right, hands joined, facing center.

- Song:
1. When Captain Jinks comes home at night,
You clap your hands with all your might.
 2. Salute your partner on the right
For that's the style in the Army.
 3. Join your hands and forward all,
Forward all, forward all;
Join your hands and forward all,
For that's the style in the army.
 4. When Captain Jinks comes home at night,
The gentleman passes to the right.
 5. Swing your partner once around,
For that's the style in the army.
 6. Promenade all around the hall,
Around the hall, around the hall;
Promenade all around the hall,
For that's the style in the army.

- Action:
1. Clap hands.
 2. All bow to partners.
 3. All join hands in a complete circle and walk to the center and back twice.
 4. Gentleman crosses back of his own partners and takes partner of boy on his right.
 5. Swing girl around and keep her for new partner.
 6. Promenade counterclockwise until song is finished. REPEAT.

Pig In The Parlor

Music: "Pig In the Parlor" - FD 1108

Formation: All in single circle, girls on right of boys.

- | Song | Action |
|--|---|
| 1. We've got the pig in the parlor We've got the pig in the parlor We've got the pig in the parlor And he is Irish too. | 1. All to the center and back twice, four steps each way. |
| 3. A left hand to your neighbor. | 2. On the chorus all face partners and turn once around with right hands. |
| 4. A right hand to your partner. | 3. Then all face neighbors behind them and turn once with left hand. |
| 5. And all promenade And all promenade And all promenade | 4. Then return to partner and take both her hands. |
| 6. Swing the lady behind you And all promenade. | 5. Promenade around circle. |
| | 6. On "Swing the lady behind you," all boys turn around and swing lady behind them, and keep her for a new partner. Any extra girls are in the center as "pigs", and they step in behind a couple on the promenade part in order to get "swung" as the lady behind. |

Skip To My Lou

Music: FD 1110

Formation: Single circle of partners, facing in. The women are on their partner's right.

- Song:
1. Gents to the center skip to my Lou,
Gents to the center skip to my Lou,
Gents to the center skip to my Lou,
Skip to my Lou, my darling.
 2. Ladies to the center skip to my Lou,
(Three times)
Skip to my Lou, my darling.
 3. Swing your partner, skip to my Lou,
(Three times)
Skip to my Lou, my darling.
 4. Now your opposite, skip to my Lou,
(Three times)
Skip to my Lou, my darling.
 5. Promenade all and skip to my Lou,
(Three times)
Skip to my Lou, my darling
 6. Lost my lover, what shall I do?
(Three times)
Skip to my Lou, my darling

7. Found another one just as true,
 (Three times)
 Skip to my Lou, my darling.

- Action:
1. Men advance to the center with short unhurried steps. They retire to position in time to stand and sing "Skip to my Lou, my darling".
 2. Women perform above figure.
 3. Men, taking a step towards the center of the circle, turn, face their partners and swing them twice, finishing just in time to stand while "Skip to my Lou, my darling" is sung.
 4. Men swing women on their left in same manner.
 5. Partners promenade counterclockwise, men on inside of circle, hands held in skating fashion, the men's supporting the women's.
 6. Women continue in counterclockwise direction, men turn and proceed in opposite direction, releasing their partner's hands.
 7. At the beginning of this verse the men quickly take a new partner and all promenade as in figure 5. Repeat the whole dance as often as required. The action is graceful, unhurried, but not to be dragged.

Red River Valley For Threes

Music: M 104, Mac 666

Formation: Each boy has a girl on either side for his partners. Players form large circle with three abreast, one set of three facing another set.

- Song:
1. Now you lead right down to the valley,
 2. And you circle to the left and to the right.
 3. Now you swing with the girl in the valley,
 4. And you swing with your Red River Girl.
 - 5-6. Same as 1 and 2.
 7. Now the girls make a wheel in the valley,
 8. And the boys do-si-do so polite.
 - 9-10. Same as 1 and 2.
 11. Now you lose your girl in the valley
 12. And you lose your Red River Girl.

- Action:
1. Players, with elbows linked, walk diagonally forward passing their opposites on the right, and face a new set.
 2. On reaching new set, all join hands in circles of six and circle four steps to the left and four to the right.
 3. Each man swings his own right-hand lady while the left one stands still.
 4. Each man swings his left-hand lady, right one stands still.
 - 5-6. Same as 1 and 2.
 7. The four girls form a right-hand star and walk eight steps around back to place.
 8. The two boys do-si-do and back to place.
 - 9-10. Same as 1 and 2
 11. Girls on boys' right change places. Boys take girls' right hand and turn them under their arms as they cross over.
 12. Girls on left of boys change places, turning under boys' left arms as they cross over. Thus each boy has two new with which to proceed as the dance is done over again.

Honey You Can't Love One

Music: Traditional Melody

Formation: Four ladies in center marching clockwise, others sing in large circle.

Song: Honey, you can't love one
Honey, you can't love one
Honey, you can't love one
You can't love one and have any fun,
Oh, honey, you can't love one.

Other verses:

2. Two, and still be true.
3. Three, and still love me.
4. Four, and love any more.
5. Five, and come out alive.
6. Six, and not be in a fix.
7. Seven, and still go to heaven.
8. Eight, and pass through the pearly gate.
9. Nine, and love em all the time
10. Ten, for can't have all the men.

Action: Four ladies join right hands to form a wheel in the center of the floor and march around clockwise while others sing in a large circle. On second verse girls face about, join left hands and march counter-clockwise, and each beckons a man to join her, who links arms and wheels with her. On the third verse all drop hands, face about, ladies join right hands others link arms, wheel slowly and players on outside of spokes of wheel beckon to player of opposite sex to join them. This facing, wheeling and beckoning are continued until all are participating or until the last verse is sung.

The Bear Went Over The Mountain

Music: Traditional Melody "Pig in the Parlor"

Formation: Any number in one big circle hands joined.

Song:

1. The bear went over the mountain,
The bear went over the mountain,
The bear went over the mountain,
To see what he could see.
2. And all that he could see,
And all that he could see,
Was the other side of the mountain,
The other side of the mountain,
The other side of the mountain,
Was all that he could see.

Action:

1. Circle left.
2. Coming to this line players stop, drop hands and place right hand to forehead as if peering into the distance.
3. Join hands and circle left. Repeat entire song, each time adding one more "And all that he could see" until the following actions are all completed: (1) Hand over eyes (2) Kneel on right knee (3) Kneel on both knees (4) Left elbow on floor (5) Both elbows on floor (6) Forehead on floor. Then continue quickly rest of song, circling as before.

Sally Down The Alley

Music: Ten Little Indians MH 1109
(If extras are boys, sing "Here Comes Sammy")

Formation: Couples stand facing in double circle, boys with backs to center, both hands joined with partner to form two-hand arch.

Song: 1. Here comes Sally down the alley, down the alley, down the alley
Here comes Sally down the alley, down in Alabama
2. Hand on the shoulder and promenade (3 times), down in Alabama.
3. Swing that lady at your back (3 times), Down in Alabama.

Action: 1. Extra girls (or boys) start down the alley with skipping steps as group sings. Just before "hands on the shoulder" line, these girls step beside their chosen new partner. (The girls left without a partner go to center of circle and wait their turn.)
2. All the rest put right hand on shoulder of person ahead to form a single circle, as the sing "hand on the shoulder" etc.
3. "Swing that lady at your back". Gent turns around and swings the girl who is behind him.

Repeat from beginning as often as desired.

Thief Yes Thief - Scandinavian Singing Game

Music: Thief Yes Thief

Formation: Partners in single circle, facing center. Extra in circle without partner.

Song:
Thief Yes Thief, that is your name
For you stole my little friend
But I hope to get another
Hope to get one soon again
I believe, Tra la la
I believe, Tra la la
I believe, Tra la la
Tra la la la la la la.

Action:
Thief skip slides sideways across the circle and steals partner from someone. He takes both hands and they skip slide sideways back to place. Player whose partner is stolen immediately goes in same manner across circle, steals another, then skip slides back. Continue as long as desired.

Comin' Round The Mountain

Music: Imp 1012A

Formation: Groups of threes, either one man and two women, or vice versa. Inside hands are joined. All groups face counterclockwise in large circle.

Song:

1. She'll be comin' round the mountain when she comes
2. same as (1)
3. She'll be coming 'round the mountain
She'll be coming 'round the mountain
4. She'll be coming 'round the mountain, when she comes
5. Oh we'll all go out to meet her when she comes
6. Same as (5)
7. Oh we'll all go out to meet her; We'll all go out to meet her
8. We'll all go out to meet her when she comes.

Action:

1. Eight steps forward.
2. Eight steps in place while lady on right goes under arch made by lady on left and man's left arm. Man turns under own left arm. All finish facing in same direction (counter-clockwise) as before.
3. Eight steps forward
4. Lady on left goes under man's right arm and man turns under own right arm.
5. Join hands in circle of three, eight steps to left (clockwise).
6. Eight steps in place while man goes under arch made by arms of the two ladies and they each turn under own arms. Finish in circle of three's with back to center.
7. Eight steps in same direction (clockwise).
8. Eight steps in place while man backs under arch formed by arms of ladies, and they turn under their own arms. Finish in straight line facing in line of direction (counter-clockwise).

FOLK DANCES

The Crested Hen (for threes)

Music: V 21619B, M 108

Formation: One boy and two girls in a small circle, hands joined.

1. Skip eight steps left and eight steps right.
2. The two girls release hands, but continue holding hands with boy who acts as pivot. Girl on boy's right skips under arch formed by boy and girl on left, boy turns under the arch.
3. Girl on left skips under arch formed by boy and girl on right, boy turns under arch.
4. Repeat last two figures.

Great Big House in New Orleans

Music: M 113

Formation: Double circle, boys outside, girls inside.

Action: When girl sings third line boy joins hands and circle around the girls whose hands are also joined. On fifth line put right arm around partner and left around neighbor. The girls arms are raised and boys stoop under. On words, "Fare-you-well" swing partners. Next line, swing neighbor. Neighbor becomes partner for next time.

Great big house in New Orleans, forty stories high
And every room in it was filled with pumpkin pie.
Went down to the old mill stream, to fetch a pail of water,
I put one arm around my wife, the other around my daughter,
Fare-you-well, my pretty little miss,
Fare-you-well, my lady,
Fare-you-well, my pretty little miss,
With golden slippers on her.

Put Your Little Foot (Varsouvienne)

Music: Mac 398, C 4015, W 7615

Formation: Couple standing in a double circle, men on the inside right behind the girls. Man takes the girl's right hand in his right hand across her right shoulder and her left hand across his chest in his left hand.

Action: Both start on left foot, moving diagonally forward to the left. Hop and at the same time bring left foot past the right ankle. Repeat this action once more then do the "change over", which involves one of these "sweeps", then step on the left foot, count 1, on the right count 2; then on the left count 3 putting the weight on each foot as the step is taken, then pointing toe forward, touching floor count 4. (While these steps are being taken, the man moves behind the girl and to the right of her. At the same time, she moves in front of him and to his left.) Repeat all the above, to the right, starting with right foot. Then repeat all done so far once more. For chorus music do the "change over step" four times in succession alternating directions, starting by moving toward the right.

Come, Let Us Be Joyful (for threes)

Music: M 102

Formation: Units of three persons, side by side, hands joined, like spokes of a wheel, alternate threes facing.

Song:

1. Come, let us be joyful
While life is bright and gay,
2. Come, gather its roses ere they fade away.
3. We're always making our lives so blue,
We look for thorns and find them, too,
And leave the violets quite unseen
That grow to cheer our way.

Action:

1. While singing take 3 steps forward, bow and retire.
2. Repeat same actions.
3. Release hands, center person of the threes turns to player on his right, turns her, right elbows hooked; release right arm and facing opposite person, turn with the left arms hooked. Repeat with each. (Repeat 1, and 2 advancing and retiring as in 1, then drop hands and passing by right shoulders all pass through opposite three and meet a new set.)

Dutch Foursome

Music: L 734, M 118

Formation: One couple facing another around the set.

Action:

Part 1: Holding inside hands, free hand on skirt for lady, man's hand on hip or behind back. Step on outside foot swing inside foot forward. Step on inside foot, swing outside foot. Walk in between the couple facing you, dropping hands and passing right shoulders, with 3 walking steps. Finish facing your own partner and join right hands and lady points left toe as man points right toe. Balance forward and back with your partner, and change places with your partner and then finish facing other couple as you now join inside hands again. Repeat all of above so that you get back home to your original position.

Part 2: Give two hands to your partner and take a step-swing towards the other couple, then away from the other couple. Now pass in between the other couple as in part 1, but twirl instead of walking over. (The ladies will be on the inside, the men on the outside, or everyone passing right shoulders as you twirl.) Now, give two hands to the other person, not your partner, and do a step-swing towards and away from the other couple. Change places with the other couple, crossing over with a twirl. Give two hands to the opposite person, and repeat the step-swing and change places with a twirl to your original places.

Part 3: Make a right hand star and walk forward 9 steps or 3 waltz steps. Stop for count 1 and clap your own hands twice. Make a left hand star and walk forward 9 steps or 3 waltz steps. On the fourth waltz step, stop for count 1 and clap own hands twice.

Part 4: All join hands in a circle and balance in with a waltz step, balance out with a waltz step. Drop you corner's hand and holding your own partner, lady's left, man's right hand, step and long bow.

Part 5: Waltz into the other couple's place with 4 waltz steps to face new couple.

Repeat dance as often as desired from beginning

Dance should be done in elegant style.

Napoleon

Music: MH 1054

Formation: Couples with man's back to center of circle facing partner.

Action:

Part 1: With two hands joined and outstretched at shoulder level move to the lady's right, man's left with a step-together-step-hop starting on lady's right, man's left foot. Repeat this same sequence in other direction.

Clap own hands, clap partner's right hand, clap own hands, clap partner's left hand, clap own, and clap both hands of partner.

Now repeat the whole thing from the beginning.

Part 2: Face front, standing side by side, lady to right of man, holding inside hands, free hand on hip.

Starting on man's left, lady's right foot take 4 step-hops forward; then in shoulder waist position turn with 4 step-hops. Repeat all of part 2.

Chimes of Dunkirk

Music: World of Fun - M 105

Formation: Double circle, boys on inside, facing partners.

Call: Action:

Stamp, stamp, stamp

Clap, clap, clap

Turn your lady once around

Forward and back

Forward and back

Turn your lady and on to
the next.

Alternate stamping feet 3 times.

Clap own hands three times.

Join hands shoulder high and turn
with 8 steps.

Join right hands and rock forward
and back twice.

Join hands and turn as before with
8 steps; boys moving on to the
next partner forward around
the circle.

La Raspa

Music: LaRaspa M 106

Formation: Partners take a two hand hold facing each other.

Action:

Put right foot forward, then left, then right and hold. Repeat
starting with left foot. Do all of above once more.

The foregoing is done on the chorus of the music, which is the first you hear. The second part has many variations, the easiest of which is as follows: Partners clap hands together and swing with right elbows hooked 8 counts. Partners clap hands and swing 8 counts with left elbows. Repeat with each elbow. The dance may also be done in groups of three - two girls and one man or vice versa.

Patticake Polka

Music: "Buffalo Gal" MH 1517 or "Little Brown Jug" M 107

Formation: Circle of couples

Action:

1. Girls form outside ring; boys form inside ring.
2. Face partners.
3. Boy places right hand around partner's waist and hold her right hand with his left.
4. Both place heel forward (boys left foot - girls right foot).
5. Bring back foot and tap toe of same foot on floor.
(Do heel-toe twice to count of 4).
6. Partners hold hands and slide to the right, sideways to count of three.
7. Do heel-toe again, this time to the reverse (boy using right foot - girl using left).
8. Slide to the left, sideways, to count of 3.
9. Slap right hands together 3 times.
10. Slap left hands together 3 times.
11. Slap both hands together 3 times.
12. Each slaps own thighs (lap) 3 times.
13. Hook right elbows and swing once around.
14. Boys move forward to the next partner.

Call:

- | | |
|---------|--|
| 4, 5, 6 | Heel and toe, heel and toe slide, slide, slide |
| 7, 8 | Repeat 4, 5, 6 |
| 9 | Right hand clap |
| 10 | Left hand clap |
| 11 | Both hands clap |
| 12 | Slap your thighs |
| 13 | Right elbows swing and on to the next |

Eva Three Step

Music: "Teddy Bear Picnic" or "Glowworm" - Mac 310 B, W 7613

Formation: Double circle side by side, facing counter-clockwise, inside hands joined, starting on man's left, woman's right.

Action:

Walk forward
Ladies cross in front of men
Man crosses in front of woman
Walk back
The couples two step as they turn
away from each other - man turning
counter-clockwise, lady clockwise.

Call:

1, 2, 3, brush (inside foot)
1, 2, 3, brush
1, 2, 3, brush
1, 2, 3, brush
Two step, two step

Action:

Facing each other, step with man's left, woman's right, and swing other foot across.

Call:

Step swing, step swing

Repeat to man's right, in a couple dance position, do 2 two-steps turning clockwise as you progress counter-clockwise around the set.

Two step, two step turn the girl. (Under the man's left hand to the man ahead.)

Green Sleeves

Music: World of Fun M 106 V 45-6175

Formation: Double circle in sets of 2 couples, all facing counter-clockwise, girls at right of partners. Arms hang freely in English Fold Games.

Action:

1. Holding inside hands, partners do 16 walking steps forward, lilting step in time to the music.
2. Star: In each set of 2 couples, man #1 extends right hand back, palm up, to girl #2. Girl #2, girl #1, and man #2 then place right hands, palms down on his to form a right hand star. Walk around to the left 8 steps; shift to left hands across and take 8 steps back to place ending up as in the very beginning.
3. Sleeves: Couples #1 join hands (man's right, girl's left) and walk backward bending low to pass under an arch made by couple #2, who at the same time are walking forward four steps. Then couple #2, walk backward and under the arch made by couple #1, who move back to place. Repeat. (If you want it progressive, have all mark time in place last 4 counts.) Begin again from the first. Music indicates changes.

Herr Schmidt (for threes)

Music: Globe Herr Schmidt C 20721

Formation: Man in the center with girl on each side as in "Pop Goes the Weasel", man facing clockwise - girls opposite.

Action:

1. Three join hands in a circle.
2. Slide forward on right feet (pause).
3. Slide forward on left feet (pause).
4. Then a quick right, left, right (pause).
5. Repeat, starting with left feet.
6. Man turns girl on his right twice around with right elbow.
7. Man turns girl on his left once around with left elbow and continues clockwise on to the next two girls.

Jessie Polka

Music: Mac 653 or other good polka

Formation: Two or more people in line, facing counter-clockwise arms around each other's waists.

The foregoing is done on the chorus of the music, which is the first you hear. The second part has many variations, the easiest of which is as follows: Partners clap hands together and swing with right elbows hooked 8 counts. Partners clap hands and swing 8 counts with left elbows. Repeat with each elbow. The dance may also be done in groups of three - two girls and one man or vice versa.

Patticake Polka

Music: "Buffalo Gal" MH 1517 or "Little Brown Jug" M 107

Formation: Circle of couples

Action:

1. Girls form outside ring; boys form inside ring.
2. Face partners.
3. Boy places right hand around partner's waist and hold her right hand with his left.
4. Both place heel forward (boys left foot - girls right foot).
5. Bring back foot and tap toe of same foot on floor.
(Do heel-toe twice to count of 4).
6. Partners hold hands and slide to the right, sideways to count of three.
7. Do heel-toe again, this time to the reverse (boy using right foot - girl using left).
8. Slide to the left, sideways, to count of 3.
9. Slap right hands together 3 times.
10. Slap left hands together 3 times.
11. Slap both hands together 3 times.
12. Each slaps own thighs (lap) 3 times.
13. Hook right elbows and swing once around.
14. Boys move forward to the next partner.

Call:

- | | |
|---------|---|
| 4, 5, 6 | <u>Heel and toe, heel and toe slide, slide, slide</u> |
| 7, 8 | <u>Repeat 4, 5, 6</u> |
| 9 | <u>Right hand clap</u> |
| 10 | <u>Left hand clap</u> |
| 11 | <u>Both hands clap</u> |
| 12 | <u>Slap your thighs</u> |
| 13 | <u>Right elbows swing and on to the next</u> |

Eva Three Step

Music: "Teddy Bear Picnic" or "Glowworm" - Mac 310 B, W 7613

Formation: Double circle side by side, facing counter-clockwise, inside hands joined, starting on man's left, woman's right.

Action:

Walk forward
Ladies cross in front of men
Man crosses in front of woman
Walk back
The couples two step as they turn
away from each other - man turning
counter-clockwise, lady clockwise.

Call:

1, 2, 3, brush (inside foot)
1, 2, 3, brush
1, 2, 3, brush
1, 2, 3, brush
Two step, two step

Action:

Facing each other, step with man's left, woman's right, and swing other foot across.

Call:

Step swing, step swing

Repeat to man's right, in a couple dance position, do 2 two-steps turning clockwise as you progress counter-clockwise around the set.

Two step, two step turn the girl. (Under the man's left hand to the man ahead.)

Green Sleeves

Music: World of Fun M 106 V 45-6175

Formation: Double circle in sets of 2 couples, all facing counter-clockwise, girls at right of partners. Arms hang freely in English Fold Games.

Action:

1. Holding inside hands, partners do 16 walking steps forward, lilting step in time to the music.
2. Star: In each set of 2 couples, man #1 extends right hand back, palm up, to girl #2. Girl #2, girl #1, and man #2 then place right hands, palms down on his to form a right hand star. Walk around to the left 8 steps; shift to left hands across and take 8 steps back to place ending up as in the very beginning.
3. Sleeves: Couples #1 join hands (man's right, girl's left) and walk backward bending low to pass under an arch made by couple #2, who at the same time are walking forward four steps. Then couple #2, walk backward and under the arch made by couple #1, who move back to place. Repeat. (If you want it progressive, have all mark time in place last 4 counts.) Begin again from the first. Music indicates changes.

Herr Schmidt (for threes)

Music: Globe Herr Schmidt C 20721

Formation: Man in the center with girl on each side as in "Pop Goes the Weasel", man facing clockwise - girls opposite.

Action:

1. Three join hands in a circle.
2. Slide forward on right feet (pause).
3. Slide forward on left feet (pause).
4. Then a quick right, left, right (pause).
5. Repeat, starting with left feet.
6. Man turns girl on his right twice around with right elbow.
7. Man turns girl on his left once around with left elbow and continues clockwise on to the next two girls.

Jessie Polka

Music: Mac 653 or other good polka

Formation: Two or more people in line, facing counter-clockwise arms around each other's waists.

Action:

Weight on right foot, place left heel to side-front, lean back
Place left foot beside right and put weight on it.
Place right toe back, lean forward, momentarily touch right foot
beside left.
Keep weight on left foot, touch right heel forward, place right foot
beside left and put weight on it.
Touch left toe to side, touch left toe to front.
Starting with left foot, take four two-steps forward.
Repeat.

Spanish Circle

Music: The World of Fun M 105

Formation: Sets of two couples facing each other around large circle, lady
on man's right.

Action:

Couples advance with one waltz step, and go back with one, swinging
hands forward and back as they move. Each person takes both hands
of person opposite, and with two waltz steps they change places.
Couples are now facing from two different sides of the quadrangle
and have a new partner (the one they just changed positions with).
Holding this new partner's inside hand they repeat figure, ending
up by changing partners and positions again. This figure is
repeated until each person visits each corner of the quadrangle
and is back in original position with starting partner.
Star: Make a right hand star in center, and do four waltz steps,
going clockwise, starting with one waltz step toward the center,
and one out, then another in and out. Change to a left hand star
and take four waltz steps back to place, going in and out in the
same way.
Change: Take partners inside hands and take two waltz steps toward
opposite couple, and two back, then still holding partners hand,
move to the left around the couple facing, and on to the next
couple in the circle.

Vienna Two Step (or Progressive Two-step)

Music: Col DX 1191

Formation: Start with couples in circle facing counter-clockwise in
varsouvienne position.

Action:

Starting with left foot, walk 3 steps, swing right foot forward with
pointed toe -- do not touch floor with toe.
Bring right foot back and walk three steps backward, ending with
left toe pointing forward.
Short two-step left and short two-step right
(More advanced dancers may do pas-de-bas instead)
Step forward on left foot, brush-swing right foot.
Lead with right foot and do one two-step
Left heel and toe. Two-step leading with left foot.
Right heel and toe. Two-step leading with right foot.
Two two-steps starting first with left foot and then right.
Man takes two more two-steps forward while girl turns out on two
two-steps (releasing left hand and holding on to right) and joins
man behind her.

Progressive Barn Dance

Music: Col DX 1191

Formation: Double circle of couples - gentlemen on the inside, facing CCW.
Join inside hands.

Action:

1. Start on outside foot, take 3 steps and balance
2. Start inside foot - take 3 steps backward
3. Face partner and moving away from partner, take 3 steps
4. Return to the R.H. lady with two steps
5. Hold both hands, take two step-closes to man's left and two step-closes to man's right.
6. In ballroom position, take 4 two-steps with new partner.

Road To Isles - Scottish traditional country dance.

Music: MH 3003, M 110

Formation: Couples in Varsovienne position.

Action:

Couples point left toe forward, take 3 steps moving sideward away from center of circle, by placing left foot behind right, right to side, and bringing left foot to right foot. Point right toe forward. Now move sideward towards center of circle, by placing right foot behind left foot, stepping sideward on left foot, and bringing right foot to left foot. Point left toe forward and left toe back near right heel.

Part 2: Move forward, left, right, left, rise on ball of left toe as you raise knee, then move forward right, left, right, and rise on ball of right foot, as you both turn clockwise without dropping hands and take a long step forward on left foot in opposite direction, short step forward on right foot, short step forward on left and pivot on left foot to turn forward and take two steps without stamping, right, left.

Croatian Waltz - American-Croatian Dance

Music: V 25-3025

Formation and Action:

Couples side by side with inside hands joined start on outside foot (man's left, lady's right) and take 2 slow waltz steps forward.... almost like 6 walking steps. Half turn inward toward partner and join other hands (lady's right, man's left) and do 2 waltz steps backwards still in line of direction.

Join right hands and change places with 2 waltz steps, continue turning to arrive back at original starting position where girl makes a half turn to finish by man's side and rejoin original in side hand hold. Facing line of direction, do one waltz step backwards and one step-hold backward.

AS A MIXER, the last part is done so that the lady does her waltz and step-hold in place and the man moves backwards alone to a new partner.

The Roberts - Old Time Dance-England-Scotland

Music: Rick-Ma-Ree Beltona 2457 or WI 7607

Formation: Couples in ballroom position with man's back to center of circle joined hands pointing to couple ahead.

Action:

Starting on man's left, lady's right, take two step-slides in counter-clockwise direction. Drop hands and turn by yourself, man to left, lady to right, once around with 4 walking steps.

Repeat all from beginning.

With outside foot do a heel and toe and step-together step.

Move forward as you do so. Repeat with inside foot. Then turn with partner in ballroom position around the circle with four two steps.

This dance is often done as a mixer. In this case, as the man turns around in part 1, instead of returning to his partner, he returns to the lady up ahead. However, the second time he turns around, he does not move forward, but stays with the new lady for the heel and toe figure.

Ten Pretty Girls

Music: Ten Pretty Girls Folkraft F 1036, M 113

Formation: Four or more people facing same direction, arms around each others' waist.

Action:

I

Begin with left foot

- A. Tap left foot twice diagonally forward to left Count, One-and-ah-Two-and-ah
- B. Step left foot back of right, take weight on it Count 1
Step right foot directly to right, count 2
Step left foot beside right, count 3, take weight.

Repeat A & B beginning right.

Note: Teaching Count; One-and-ah-Two-and-ah
Back-side step.

II

Walk forward beginning left, four steps
step left forward then backward
And stamp 3 times, left-right-left.

Repeat entire dance beginning with right foot.

Note: On the 3 stamps dancers may turn around and repeat dance in opposite direction.

Susan Gavotte (Lili Marlene)

Music: Lili Marlene Mac 310

Formation: Partners standing side by side, holding inside hands, facing counter-clockwise.

| Call: | Action: |
|--------------------------------------|--|
| Walk two three four | Walk 4 steps forward |
| Slide, slide, slide, slide | Face, join both hands and slide 4 in same direction |
| Walk two three four | Reverse and do same in opposite direction. |
| Slide, slide, slide, slide | |
| Step balance, step balance | Partners face, both hands joined |
| Step balance, step balance | Step on man's left, ladies right and swing other foot forward, then reverse - do all 4 times |
| Walk two three reverse | Holding inside hands, walk 5 steps forward, turn, changing hands |
| Back two three reverse | Repeat in opposite direction |
| Face to face, back to back | 4 two-steps, starting on outside feet, moving forward |
| Face to face, back to back | |
| Gent turns away and back to the next | Gent leaves lady, turns to his left and with 4 two-steps goes back to lady behind while girl goes on to next man with 4 two-steps. |

Doudlebska Polka

Music: Folk Dancer MH-3016-B

Action:

Partners starting on any spot of the floor begin with a hip-shoulder polka. At the change in the music, small circles of dancers are formed with men putting their left arms on the left shoulder of the man in front of him. His right arm is comfortably placed around his partner's waist, where she has coyly placed her right hand. Her left arm is on her partner's shoulder. At this time all dancers will sing (with care on proper diction) the following words: "La da da, etc". At the change in the music, the men form a circle, clapping their own hands twice and then outward to clap with man on either side. Meanwhile, the women polka round this group of noisy men and at the change in the music, catch the one nearest them for another mad whirl of polka. This continues until all have lost their minds.

Gustaf's Skoal

Music: Methodist World of Fun 108, RCA Victor 6170

Formation: Players in sets of eight, allowing 7 or 8 feet of space for each set. One or more free players may stand outside each set and attempt to steal partners. (See Footnote)

Action: (Players can all sing.)

1. Head and foot couples (1 and 3) advance three steps toward each other, make a quick bob of the head (on the word "Gustaf"), walk backward three steps to place and bring feet together.

2. Side couples do same (2 and 4).
3. The same is repeated by head couples.
4. And by side couples.
5. The Chorus, "Tra, la, la" is sung in quicker time. Head couples advance and exchange partners. At the same time, side couples (2 and 4) join hands to make an arch. Man 1 and girl 3 join hands and turn away from the center to go under arch made by couple 4. While girl 1 and man 3 turn and go under arch made by couple 2. Immediately after passing under arches, they release hands and clap, skip quickly back to original place, and join both hands with original partner. Leaning away from each other, both couples swing vigorously around in place.
6. The same action is then repeated by side couples, who advance, change partners and go under arches made by couples 1 and 3. Repeat.

Footnote: Stealing--If an odd man, standing near one of the arches, is successful in swinging a girl before her partner can reach her, the odd man may keep her for the repetition of the game. The man who lost his partner may rob another in the same way.

Norwegian Mountain March

Music: RCA 45-6173

Formation: Threesomes, two boys and a girl or two girls and a boy.

Action:

The odd person stands between the other two about two small steps ahead. The other people take a hand of the center person with their outside hands and join inside hands between them. This formation to represent a leader with ropes leading less hardy mountain climbers.

Threesome form around the room, facing counterclockwise.

All start with left foot, doing a step, brush, lift. Eight measures of this, alternating footwork are done forward. Then, without turning, eight more such steps backward.

At this point, center person and the partner on his right raise their hands (Center person's R and R partner's L.) The left partner goes through these raised hands, followed by the right partner. Center person merely turns around in place to end in original starting position. This going through is done twice.

Repeat the entire dance.

Hiney Lo Yanum - Jewish Chassidic Hora

Music: Folkraft 1122.

Formation: Circles of dancers about 8 to 12 to a circle, no partners required. Hands are joined over the shoulders.

Figure I:

SINGLE HORA STEP. Step to the left with left foot. Step right foot to left behind left foot. Step to the left with left foot and swing

right foot lightly in front of left. Step to the right with right foot. Step left foot to the right behind right foot. Step to the right with right foot and swing left foot lightly in front of right. Repeat.

FIGURE II:

DOUBLE HORA STEP. Step to the left with left foot. Step with right foot to the left, behind left foot. Step to the left with left foot and swing right foot slightly in front of left. Step to the right with right foot and swing left foot in front of right. Repeat.

FIGURE III:

HEELS. Break shoulder-hold circle. Each dancer crosses arms across breast. Hop on left foot, placing right heel on floor in front. Hold. Follow this with the same step, using right foot hop and left foot forward. Repeat with alternate feet three more times. Repeat FIGURE III starting with right foot hop, etc. Reform your circle and repeat the dance until the record or one of the dancers ends.

Oslo Waltz - Waltz Mixer Scottish-English

Music: Folk Dancer MH 3016. (This is the flip side of Doudlebska Polka)

Formation: Couples in a circle, facing the center of the ring, hands joined.

PART I: All do one waltz-balance step forward, man starts on his left foot, lady on the right foot. All take one waltz-balance step backward, man starting on his right, lady on her left foot. The man waltzes six steps in place as all the ladies move one place over to the right with 6 steps, making a solo turn to the right as they progress and IMMEDIATELY all rejoin hands in a single circle. It helps if the man takes the lady at the end of his left hand and helps swing her over to his right side during this part. This figure is done four times.

PART II: The man now faces his new partner on his right hand side and both take a two-hand hold. Step balance to the center of the ring sideways, then step-balance to the wall. Now both drop hands and turn solo towards center of ring, man to left, lady to right, all the way around and resume a two-hand hold. Step balance to the wall; step balance to the center; drop hands and turn solo toward the wall, man to his right, lady to her left.

PART III: Resume two-hand hold and take two slow slides toward center and two slow step-slides toward the wall. Take ballroom position and do four waltz steps around the ring. All face center in single circle and resume dance from the beginning.

Kegel Quadrille

Music: Rondo RFD 12

German folk dance from the province of Mecklenburg as taught by the Dunsings.

Formation: Four couples in a square and the fifth couple as skittle in the center. Skittle man faces first couple and skittle woman faces 3rd couple.

Measure 1-8: HAND TOUR OF THE SKITTLE. Skittle man and 1st woman join right hands and walk once around; at the same time, skittle woman and

3rd man join right hands and walk once around. Now the skittle couple join left hands in the center and pass each other. Skittle man and 3rd woman, and skittle woman and 1st man now do the same. Skittle couple finish with the man facing second couple and the woman facing 4th couple.

Measures 9-16: All four couples circle clockwise around the skittle.

Measures 1-8: HAND TOUR OF SKITTLE. Same as above, but this time the skittle dances with the 2nd and 4th couples. Skittles end in starting position.

Measures 9-16: Circle clockwise as above.

Measures 17-24: WOMEN'S ROUND. Women, with hands on hips, walk eight steps counterclockwise and eight steps clockwise around the inside of the circle.

Measures 17-24 (repetition): MEN'S ROUND. Same as women's round. The men clap their own hands on the 1st count of measure 17.

Measures 25-32: HAND TOUR OF THE SKITTLE. Same as measures 1-8 with 1st and 3rd couples.

Measures 25-32 (repetition): HAND TOUR OF THE SKITTLE. Continue without interruption with 2nd and 4th couples. Skittles end in starting position.

Measures 33-40: HALF CHAIN. The four couples around the standing skittle, do a grand right and left half around the circle to opposite places, swing around by the right hand.

Measures 33-40 (repetition): Half chain back to place.

Measures 41-48 (with repetition): Waltz. As the waltz begins, the skittle dancers move over to the 1st couple, clap hands and take position of 1st couple, which in turn dances to the center and becomes the skittle. The turn is clockwise, two measures of waltz per turn, two turns per quarter of the circle.

Repeat the entire dance.

La Russe Quadrille - Northern England

Music: Folkraft 1209

Formation: Square set of four couples, number CCW.

Introduction (4 measures). Partners honor.

- A1 1-2 Each man passes behind his partner to the next lady on his right, who moves to meet him. (walk step)
- 3-8 All balance to new partner and swing with buzz step.
- A2 1-8 Men return to partners, balance and swing.
- B1 1-8 Number 1 couple swing.
- B2 1-8 Same couple promenade inside the set to places, visiting each of the other couples in turn.
- A3 1-4 No. 1 couple change across the set with No. 3 couple (no. 1 couple passing inside;) Partners change places.
- 5-8 Repeat 1-4 to places (Number 1 couple passing outside).
- A4 1-8 Same couples repeat whole cross-over figure.
- B3 1-8 All four couples join hands and circle left once around (polka step).
- B4 1-8 All promenade back to place (polka step).

Repeat from A-1 with 2nd, 3rd and 4th couples leading in turn.

Portland Fancy - English Contra

Music: Folkraft 1131

Formation: Two couples in a line facing two couples in a line, contra fashion, man with partner on his right, to form a set of eight. One line faces clockwise, the other counterclockwise. These sets of eight form a large circle about the room, wheel fashion.

Action:

1. All eight join hands and circle once around to left.
2. Each couple does a right and left through with the opposite couple, across and back.
3. Ladies chain with the opposite couple, across and back.
4. All four join hands in line, move forward 4 steps and back to place, drop hands, and pass through to the next couple.

Summary:

1. Circle 8.
2. Right and left through, and back.
3. Ladies chain; chain back,
4. Forward and back, pass through.

Misirlou (Greece-America)

Music: RCA EPA 4129

This dance is often erroneously referred to as the Kritikos. Actually the Misirlou, a watered-down version of the Kritikos, originated at a Greek festival in Pittsburgh. The traditional music was unavailable and the Misirlou tune was substituted. In its modified form, the dance became popular with American folk dancers and is now a world-wide favorite.

Formation: No partners are needed. Dancers stand in a circle with elbows bent, little fingers linked. Sometimes dancers are linked by holding the end of handkerchiefs. The circle is broken, with a leader at one end.

Part 1:

All face center and step on right foot. Pause slightly. Point left toe forward. Pause slightly. Take 3 quick steps, moving sideward to the right, as follows: Step on left behind right; step on right to side; place left foot down beside right foot and pause.

Part 2:

Without dropping hands, all face to the left, and sweeping right foot forward in an arc, walk to the left straight forward--right, left, right. Now walk backward 3 steps--left, right, left--and pause slightly. Face center and repeat dance from beginning.

Teaching Hint: In teaching the dance, the leader may simplify Part 1 in this manner:

Step on right foot. Point left toe forward. Now take 3 steps in place--left, right, left. After dancers have done this a few times, they may then take those last 3 steps, not in place, but moving sideward as described in the directions above. It is interesting to know that this simplifies the dance whereas teaching the sideward step without preparation sometimes confuses the dancers and complicates the dance.

Kalvelis

Music: Methodist World of Fun M 101, Folk Dancer FD 1016

Formation: Couples in circle. Woman on man's right.

Action:

1. All polka right 16 steps and 16 polka steps left back to place.
2. Turn and face partner. Clap own hands left on right, right on left, repeat. Hook right elbows and polka half way around. Clap hands as before and hook left elbows back to place.
3. Girls to center, flirting skirts - 8 polka steps in and 8 back to place.
Men to center, arms across chest - 6 polka steps in and 2 stamps and back to place.
4. Repeat 2.
5. Face partner and do grand right and left. At end of this musical phrase step and whoever is next is new partner. Any unmatched people rush to center and take pot luck.

Repeat dance and end with 16 polka steps right and 16 left to place.

Gie Gordons (Scotland)

Music: RCA EPA 4129

The Gie (or Gay) Gordons is one of those perfect couple folk dances that everybody likes and anybody can do. It is an old-time dance of Scottish origin and is a standard favorite on folk dance programs.

Formation: Couples in circle formation, all facing counterclockwise. Lady to right of man, in Varsovienne position.

Part 1: Both start on left foot and take 4 walking steps forward, in the line of direction. Without dropping hands, half-turn to the right to face the other way. Man now has left arm around the lady's shoulder, lady standing to man's left. Starting with the left foot, takes 4 walking steps backward, still in the line of direction. Without turning around, both start on left foot and take 4 walking steps forward in clockwise direction. Without dropping hands, turn half around to the left to face original direction (counterclockwise). Man's right arm is now around lady's shoulder. Starting on the left foot, all take 4 walking steps backward, against the line of direction.

Note: On the last of the 4 walking steps, the lady does not put her full weight down on right foot, but barely touches it to the ground so that it will be free to start the next figure. Or she may take 2 walking steps followed by a step-together-step which will leave her right foot free.

Part 2:

Partners hold right hands only, with free hands on hips. Lady turns to own right (clockwise), under joined hands, with 4 two-steps or polka steps, as man moves forward behind her with 4 of the same steps. Take ballroom position and do four polka or two-steps around the circle.

Note: If the man gives only one finger to the lady during the right-hand hold in Part 2, and the lady holds that finger with her fist, it will be easier for her to turn.

Scots love to shout "khookh" as they dance, and dancers should be encouraged to give forth this low, guttural sound spontaneously to add to the fun.

Milanovo Kolo (Serbia)

Music: RCA EPA 4129

The word "Kolo" means circle. Kolos are the predominant dances in Yugoslavia, and especially in Serbia. So popular are they with American folk dancers that periodic Kolo Jamborees are held in many places from coast to coast, and the average American folk dancer knows dozens of different Kolos. This particular one is a circle dance named after Milan, a man's name--thus Milonovo Kolo, or "Milan's circle." It is extremely easy, even for those who are just beginning to learn folk dancing.

Formation: There are no partners. All hands are joined in a circle, which is usually broken, with a leader at the end.

Part 1:

Face slightly to the right and, moving around the rim of the circle, step-hop on right foot, then step-hop on left foot. Face center of circle and step right, on right foot. Step on left foot, placing it down behind right. Take 3 quick, light steps in place--right, left, right. The pattern is now repeated to the left, as follows: Face left, step-hop on left foot, then step-hop on right. Step to left on left foot. Place right foot behind left. Take 3 quick, slight steps in place--left, right, left.

Part 2:

Bring joined hands straight forward to shoulder level. Move to center of ring starting on right foot--step-together--step, pause; then with left foot step-together--step, pause. Now move backward with the same step, right foot first--step-together--step, pause; then left--step-together--step, pause.

Repeat dance from the beginning.

Note that the joined hands in Part 1 must be held straight down--no bent elbows. The body is held erect, almost arrogantly. Shouts of "hey," "hup," or "hi" should accompany the dance. As dancers go to the center of the circle in Part 2, the Serbians sing ditties that are improvised on the spot, and American dancers may do the same. The following Serbian words and phrases may be added to the repertoire of shouts for Kolos: "Veselo"... "Hupatsup"... "Haj, Haj, Bozhe Daj" (pronounced "Hi, Hi, Bozhe Di"... "Ingra Kolo." Some of these calls are used on this record.

COUPLE DANCES

Blackhawk Waltz

Music: Imp 1006 A or LS 1-104

Formation: Couples in dance formation. Directions for man, counterpart for lady.

Action:

1. Balance forward left. Balance backward right.
2. Two waltz steps turning.
3. Repeat 1 and 2 three times ending up with couple facing, holding both hands.
4. Cross left over right in front; cross right over left; cross left over right; step right to side; cross left in back of right; point right to side.
5. Repeat 4 three times, starting with alternate feel.

Manitou

Music: LS 6-141

Formation: Couple in closed dance formation in circle, man facing counterclockwise. Directions for man, counterpart for lady.

Action:

1. Left heel and toe, left heel and toe and four slides toward center.
2. Right heel and toe, right heel and toe and four slides back out. (Shift to banjo position).
3. Walk two, three, four (gent forward, lady backward).
4. Change two, three, four (lady forward, gent backward).
5. Change and two step in closed dance position.

Dinky One Step

Music: M 116 (Gaily Through The World)

Formation: Single circle of couples, closed dance position, man facing counterclockwise (may be done in free formation).

Action:

1. Left heel and toe and walk 2, 3, 4.
2. Left heel and toe and walk 2, 3, 4.
3. Left close, right close, slide in, slide out.
4. Walk 2, 3, 4, pivot 2, 3 and 4.

Boston Two-Step

Music: FD MH 3001

Formation: Start with couple holding hands. Couple moves forward in first figure and repeats same movement in reverse direction for second figure.

Action:

1. Balance out and balance in; walk, 2, 3, turn.

2. Balance out and balance in; walk, 2, 3, turn.
3. Face partner with two hand position. Balance to boy's left and right. Slide two steps to boy's left.
4. Regular waltz position. Four two-steps.

Cotton-Eyed Joe

Music: Imp. 1045; V4963, C 4491

Formation: Couples in ballroom position.

Action:

1. Starting with man's left, girl's right, do a heel and toe and take one two-step in place. Repeat in opposite direction starting with man's right, girl's left.
2. Drop hands and separate by yourself making one turn to girl's right, man's left, with four two-steps. (This figure may vary depending on which version you do. You can use clog steps, or jig steps, you can hold up one finger or whole hands as you go around.)
3. Facing partner, do seven side steps to own right, then seven side steps to own left.
4. Take partner in ballroom position and do two-steps around the room.

For variations, you can lock right ankles and hop on your left foot, and then change feet for figure marked with a star, in which case you do not finish off with the two-step figure at the end. You may improvise on the step in the figure marked with a star.

Waltz of the Bells (Ting-a-ling)

Music: R 196, W 7605, M 113

Formation: Couples in open dance position, inside hands joined; facing counter-clockwise.

Action:

Balance forward on gent's left foot, lady's right, swinging joined hands, forward and upward. Balance on gent's right and lady's left foot, swing joined hands downward and back. Repeat balances. Drop partner's hand and turn away from each other with two waltz steps.

Partners face each other, join both hands and take two slide steps to gent's left.

Repeat all above, going in opposite direction.

Take four slide steps to the gent's left. On the last two slide steps the lady turns under the gent's left arm, (clockwise).

Repeat the four slide steps to the gent's right. Lady turns counter-clockwise under the gent's right arm on the last two slide steps.

Four balance steps (apart, together, apart, together).

When coming together raise hands high, bend elbow sharply to form a window, flirt with partner thru window.

Four waltz steps, in closed dance position.

St. Bernard's Waltz

Music: Co 60065, MH 3019

Formation: Couples in ballroom position with man's back to center of circle.

Action:

Moving to man's left, take two steps sideward. Take another step sideward and stamp twice on other foot. Man's step would be left, left, left, stamp right twice; lady just the opposite. Now move in opposite direction to man's right two steps, then the man moving backward takes two steps, left, right, as lady moves forward, right, left. Join right hands only and lady twirls with two waltz steps as man takes 2 waltz steps or just two long steps, left, right. Take ballroom position and waltz around room with 4 waltz steps.

RECORD CODE

| Prefix | Brand |
|--------|-------------------------------|
| MH | Folk Dancer |
| V | RCA Victor |
| C | Capitol |
| Imp | Imperial |
| M | Methodist World of Fun Series |
| Mac | MacGregor |
| W | Windsor |
| Co | Coral |
| Col | Columbia |
| OT | Old Timer |
| LS | Lloyd Shaw |

SOURCES

1. Methodist World of Fun Series can be order from:

| | | |
|----------------------------|----|----------------------------|
| Methodist Publishing House | | Methodist Publishing House |
| 810 Broadway | or | E. Jefferson Avenue |
| Nashville, Tennessee | | Detroit, Michigan |

2. A complete line of records is available from:

The Folkdancer
Box 201
Flushing, Long Island, New York

3. A good Michigan source for many records:

Scott Colburn
14600 Grand River
Detroit, Michigan

4. Another source of folk and square dance records:

Midwest Radio and Supply Company
3414 West North Avenue
Milwaukee 8, Wisconsin

BIBLIOGRAPHY OF MUSICAL MIXERS AND FOLK GAMES

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| Handy Kits | Cooperative Recreation Service Delaware, Ohio |
| Folk Dancing For All | Folk Dancer Box 201, Flushing, N. Y. |
| And Promenade All and Pleasure Chest | Helen and Larry Eisenberg 2403 Branch Street Nashville, Tennessee |
| Fun Encyclopedia | Abingdon Cokesbury Press Nashville, Tennessee |

Twice 55 Games With Music -- available at many music stores.

Folk Party Fun -- Association Press, New York, New York