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So You Are Recreation Leader of Your Club Michigan State University Cooperative Extension Service 4-H Club Bulletin N.A. Issued N.D. 3 pages

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# RECREATION LEADER OF YOUR CLUB



4-H—YOUTH PROGRAMS
COOPERATIVE EXTENSION SERVICE
MICHIGAN STATE UNIVERSITY

## Your Job Is . . .

- 1. To make recreation a vital part of every 4-H meeting.
- 2. To lead games when asked.
- 3. To help others to learn to lead as well as play.
- 4. To work with other 4-H club officers in planning the program.
- 5. To help plan parties and events with other members of the club.
- 6. To be a real "spark" of inspiration for others.
- To be prepared at any time with a song, stretcher, or stunt.
- 8. To get help when needed.
- 9. To supply the club with ideas.
- Through nature activities, to develop a real appreciation for God and His creation.

### Recreation Activities Will . . .

- 1. Create real interest within your club.
- 2. Help hold club members who might otherwise drop out.
- Promote cooperation and a sense of fair play among members.
- Put bashful people and visitors at ease. They will feel much more at home if many people do the same thing.
- 5. Unite your group or tie them together.
- 6. Give relaxation and an appreciation for finer things. A song or two fits in anywhere.
- Develop hidden talent and bring out unusual ability of club members.

- 8. Help develop appreciation for others.
- 9. Give some people a chance to "create" something.

# A Good Recreation Leader Will . . .

- 1. Be enthusiastic.
- 2. Know what he is doing. This means making plans beforehand.
- Know his group and be ready to provide what they need.
- 4. Know the games he is using. He will have equipment ready where needed.
- 5. Speak clearly. Stand where everyone can see him.
- 6. Use a definite signal for starting and stopping.
- 7. Play a game until members enjoy it most, then will shift to another activity or quit.
- 8. Demonstrate wherever possible to show others how.
- Show a good sense of humor and have a good time himself.
- Accept ideas from other people and use them whenever possible.

# You Can Get Help From

- 1. Your County Extension office.
- 2. Your adult 4-H leader.
- 3. Other recreation leaders.
- 4. Books and pamphlets from your local library.
- Magazines and newspapers which carry games, skits, and other ideas.

6. Books or pamphlets you can purchase:

Fun Encyclopedia by E. O. Harbin and Omnibus of Fun by Eisenberg. Available at any bookstore.

Pleasure Chest by Eisenberg and Skit Hits by Eisenberg. Send to: The Tennessee Book Company, Box 367, Nashville, Tenn. 37202

Handbook for Recreation, Publication 231, Supt. of Documents, Washington, D.C., 20250

Games for Small Groups—15c 4-H Recreation—A Guide for Leaders—35c; Fun at the Meeting Place—15c; Homemade Games—15c; all from National 4-H Service Comm., 59 East Van Buren, Chicago, Ill., 60605

### Games You Should Use

- 1. Pre-meeting games for those who come early.
- 2. Starters for getting people into activities right at the beginning.
- 3. *Mixers* for getting people better acquainted and feeling at home.
- 4. Active games for those who need to move around and like contest-like games.
- 5. Quiet games for use with older people or where space is limited.
- 6. Paper and pencil games for everyone in either a living room or school room atmosphere.
- 7. Skits and stunts at parties and for filling in during a meeting.
- 8. Stretchers for times when people have been sitting quietly for a long time.
- 9. Signatures are used as a final good-night feature.
- 10. Singing games wherever time and room will allow.