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Foodways A 4-H Folkpatterns Project – The Art of Storing Food/Corn Husk Doll
Michigan State University Cooperative Extension Service
4-H Club Bulletin

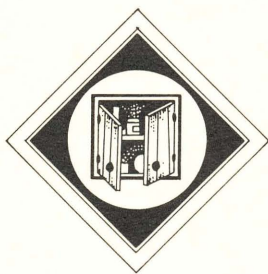
Marsha Mac Dowell, Simon Bronner, Martha Brownscombe, Claire Fitzgerald, Yvonne Lockwood, Betty MacDowell, Elizabeth Poe MSU Museum; Pat Hammerschmidt, Wanda Lamphere, Ethelyn Swanson, Kim Swanson, Christine Tucker, 4-H

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Food Storage

The Art of Storing Food

- PURPOSE:** To discover the art of storing food in containers
- YOU'LL NEED:** A camera with color film or a sketch pad
Paper and pencil
- TIME:** One or more meetings
- HOW TO DO IT:** Locate as many artistic ways of storing food as possible. Begin in your own home. Locate such things as tea tins, cookie jars, cannister sets, and canning jars. Photograph or sketch them. Then write down some information about the container by answering these questions:
1. Was it commercially manufactured or homemade?
 2. If it's homemade, who made it and why?
 3. Does the design relate to the food?
 4. Is it efficient as a food storage container?
 5. Who thinks it looks attractive?
- NOW WHAT?** Prepare an "art show" of food storage containers. Label each one and include some of the information listed above. You could also provide a recipe for the type of food that goes in each container.

Corn Husk Doll



PURPOSE: To learn one way to make a traditional toy using food or food by-products

YOU'LL NEED: Dried corn husks
Pipe cleaners
String
Black and red pens
Pins

TIME: One or more meetings

- HOW TO DO IT:**
1. Husks are always worked wet. When you are ready to start, soak them in water a few hours. If the dried husks have mold on them, you can first soak them overnight in a weak solution of bleach.
 2. Roll up small strips of husk into two balls—one large one for the body and a smaller one for the head.
 3. For arms, wrap a pipe cleaner with a strip 1 inch wide. Secure ends with a 1/8-inch wide strip.
 4. Use the clean inside surface of a long large husk for the face. Fold the strip over the head ball, twist several times and then fold it down the back. Secure it with a string around the neck.
 5. Insert arms underneath the neck.
 6. Stuff the body ball under the arms, then tie the waist with string.
 7. Now you are ready to dress the doll with a corn husk hat and clothes.

NOW WHAT?

Make a display of your dolls for a fair or other public event. Include a demonstration with your exhibit. Ask the people who view your exhibit if they made toys or dolls out of food.

**When Food Doesn't
Make a Meal**

