

MSU Extension Publication Archive

Archive copy of publication, do not use for current recommendations. Up-to-date information about many topics can be obtained from your local Extension office.

Foodways A 4-H Folkpatterns Project – Wedding or Holiday Foods/Pie Crusts
Michigan State University Cooperative Extension Service
4-H Club Bulletin

Marsha Mac Dowell, Simon Bronner, Martha Brownscombe, Claire Fitzgerald, Yvonne Lockwood, Betty MacDowell, Elizabeth Poe MSU Museum; Pat Hammerschmidt, Wanda Lamphere, Ethelyn Swanson, Kim Swanson, Christine Tucker, 4-H

Issued November 1984

2 pages

The PDF file was provided courtesy of the Michigan State University Library

Scroll down to view the publication.

Wedding or Holiday Foods



Food Preparation

- PURPOSE:** To learn what foods are special for weddings or other family holidays
- YOU'LL NEED:** Pencil and paper
Camera (if available)
“Old Family Recipe” form (refer to “An Old Family Recipe” activity)
- TIME:** Varies
- HOW TO DO IT:** Collect 10 favorite recipes used for either one holiday or for weddings. Try to get recipes from different families and from different generations. Make sure to include stories about each recipe. Fill out one “Old Family Recipe” form for each recipe. If possible, include pictures of the foods or the people who made them.
- NOW WHAT?** Create a group display with the information you’ve gathered. Show recipes, stories, and photographs. Take your exhibit to a fair or other public event. Encourage others to share recipes and family stories with you.



Food Preparation

Pie Crusts

- PURPOSE:** To become aware of the variety of recipes, preparation methods, and edge decorations for making pies
- YOU'LL NEED:** Paper and a pencil
A camera (if available) or a sketch pad
- TIME:** Varies
- HOW TO DO IT:** Interview friends and ask them about their pie crusts. What recipe do they use? How do they test it for "doneness"? What do they do to make sure the crust is flaky? How do they decorate (crimp) the edge? Does the edge design have a meaning? Photograph the steps in making a crust and photograph the finished pie.
- NOW WHAT?** Make a collection of crust recipes. Display your pie crust photographs or drawings and the pie crust folklore that you gathered. Add to the display by showing the various tools used for crimping the edges.