

MSU Extension Publication Archive

Archive copy of publication, do not use for current recommendations. Up-to-date information about many topics can be obtained from your local Extension office.

Foodways A 4-H Folkpatterns Project – Activity Sheets

Michigan State University Cooperative Extension Service

4-H Club Bulletin

Marsha Mac Dowell, Simon Bronner, Martha Brownscombe, Claire Fitzgerald, Yvonne Lockwood, Betty MacDowell, Elizabeth Poe MSU Museum; Pat Hammerschmidt, Wanda Lamphere, Ethelyn Swanson, Kim Swanson, Christine Tucker, 4-H

Issued November 1984

2 pages

The PDF file was provided courtesy of the Michigan State University Library

Scroll down to view the publication.

Foodways Activity Sheets

Following are activity sheets for some of the sections included in the "Foodways: A 4-H FOLKPATTERNS Project" booklet. Each activity sheet is coded to the appropriate section. These activities usually take special preparation or more than one meeting time to complete. A "Now What?" section appears at the end of each activity. This section provides ideas for further exploring the information learned as a result of the activity. Answers for seven of the activities are included on the back of this sheet.



Name of Activity	Corresponding Section in Foodways Booklet
What Do Those Words Really Mean?	Food in Folklore
A Food by Any Other Name . . .	Food in Folklore
Games and Songs People Play with Foods	Food in Folklore
Collecting Foodways Information on Short-Item Cards	Food in Folklore
Herbs and Spices Folklore	Food in Folklore
Food Story Starters	Food in Folklore
Food Folk Art	When Food Doesn't Make a Meal
Potato Printing	When Food Doesn't Make a Meal
Jack-O'-Lantern Party	When Food Doesn't Make a Meal
Kitchen Cosmetics	When Food Doesn't Make a Meal
Cleaning with Food	When Food Doesn't Make a Meal
Corn Husk Doll	When Food Doesn't Make a Meal
The Art of Storing Food	Food Storage
Food Measurements	Food Preparation
"Whatsit" Game	Food Preparation
Family Foodways Keepsake Exhibit	Food Preparation
Kitchen Equipment	Food Preparation
An Old Family Recipe	Food Preparation
Eating Alone or in a Crowd	Food Preparation
Moods and Foods	Food Preparation
Thanksgiving Foodways	Food Preparation
One Person's Garbage is Another Person's Treasure	Food Preparation
Wedding or Holiday Foods	Food Preparation
Pie Crusts	Food Preparation

Family Food Traditions	Food Presentation
Setting the Table	Food Presentation
Table Makeup: Everyday vs. Special Occasion	Food Presentation
Garnishing: The Art of Decorating Food with Food	Food Presentation
Napkin Folding	Food Presentation
Traditional Tricks for Picking Produce	Food Marketing
Photographing Food Marketing	Food Marketing
Foodways Collection Center	Community Food Events



ANSWERS TO ACTIVITIES

- What Do Those Words Really Mean?:** 1-f, 2-a, 3-b, 4-h, 5-e, 6-c, 7-d, 8-g, 9-i
A Food by Any Other Name: 1-j, 2-f, 3-m, 4-e, 5-c, 6-p, 7-d, 8-n, 9-o, 10-k, 11-g, 12-l, 13-i, 14-h, 15-b, 16-a
Herbs and Spices Folklore: 1-b, 2-c, 3-f, 4-d, 5-h, 6-i, 7-g, 8-j, 9-a, 10-k, 11-l, 12-e
Food Folk Art: 1-c, 2-d, 3-f, 4-a, 5-e, 6-g, 7-b, 8-h
Kitchen Cosmetics: 1-b, 2-a, 3-e, 4-i, 5-f, 6-d, 7-g, 8-c, 9-h, 10-j
Cleaning with Food: 1-d, 2-g, 3-h, 4-k, 5-b, 6-j, 7-a, 8-e, 9-f, 10-i, 11-c
Traditional Tricks for Picking Produce: 1-e, 2-b, 3-g, 4-a, 5-d, 6-f, 7-c