

# AFRICAN RURAL ECONOMY PROGRAM

## WORKING PAPER

CHANGING PATTERNS OF FOOD CONSUMPTION  
IN TROPICAL AFRICA: A  
WORKING BIBLIOGRAPHY

by  
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## FOREWORD

The African Rural Economy Program was established in 1976 as an activity of Michigan State University's Department of Agricultural Economics. The African Rural Economy Program is a successor to the African Rural Employment Research Network which functioned over the 1971-76 period.

The primary mission of the African Rural Economy Program is to further comparative analysis of the development process in Africa with emphasis on both micro and macro level research on the rural economy. The research program is carried out by faculty and students in the Department of Agricultural Economics in cooperation with researchers in African universities and government agencies. Specific examples of ongoing research are, "Poor Rural Households, Income Distribution and Technical Change in Sierra Leone and Nigeria," "Rural and Urban Small-Scale Industry in West Africa," "Dynamics of Female Participation in the Economic Development Process in West Africa," and "The Economics of Small Farmer Production and Marketing Systems in the Sahelian Zone of West Africa".

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## PREFACE

The sources included in this bibliography consider definitions of nutritional standards, food consumption patterns in various parts of tropical Africa, and the process of change in food consumption patterns.

Much of the literature concerned with development emphasizes assurance of "adequate" supplies of food to satisfy "basic nutritional needs". What these needs are, and the impact of changing food consumption patterns on their satisfaction, is hardly a closed subject, however.

This working bibliography is offered in the hope that it will be useful in assessing the state of current literature, and facilitating further consideration of the dynamics of change in food consumption patterns in tropical Africa.

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