

# 10 REASONS GOLF CAN BE GOOD FOR YOUR HEALTH



GCSANC Affiliate Members stand united at the Annual Meeting at Spring Valley Golf Course.



## SAND-BASED

**Bentgrass  
Ryegrass  
Bluegrass  
Rye-Blue  
Fine Fescue  
Tall Fescue  
Tifway II**

# SOD

LOCALLY GROWN

GREG DUNN  
209/993-3329

RYAN FLAHERTY  
209/993-5449  
[www.westcoastturf.com](http://www.westcoastturf.com)

Installation available

**Seashore  
Paspalum**

**or your  
custom  
grown  
variety!**

**WEST COAST  
TURF**

*Life is short. Sod it!*