

1979 DUES ARE NOW PAYABLE

1979 plates for plaques (for those persons having them) and current membership card have been mailed to persons whose dues have been received

Now is the time to also be sure that addresses are current, change of positions noted because the new directory will be going to print the middle of February

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REMEMBER TO make plans to attend the Golf Course Superintendents Association of America's 50th International Turfgrass Conference and Show in Atlanta, Georgia the week of February 4-9- 1979. Besides the four days of education sessions there will be over 200 exhibitors with the newest and the best in turfgrass equipment, products and services.

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PRESSURE - PRESSURE by Jack Baker

Have you had your blood pressure checked recently? Might be a good idea to get into the practice of regular check-ups. The pace we're traveling today keeps one so busy that the tendency is to get 'up-tight' and "zoom" goes the blood pressure. It is estimated there are some twenty million Americans living with high blood pressure needing regular monitoring and they are actually making "do-it-yourself blood pressure kits" available. Normal blood pressure is 120/80. What's yours?

In Hawaii they have the expression: "hang-loose" - might be good practice for us, right? Let's relieve those tensions.

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Remember January 24-25, 1979

Northern California Turfgrass Council Exposition  
San Mateo County Fairground