Course Preparation Includes Superintendent’s Peace of Mind

Preparing a golf course for a show event like a club officials’ tour or a golf tournament isn’t easy for the person in charge. The overall mental approach of the golf course manager can make the difference between a nervous breakdown and a successful showing of his course.

To build a positive overall mental approach, try the following steps:
1. Insure yourself peace of mind by doing everything you possibly can to solve major problems in advance. This includes attending to your regular turf management. Give yourself credit for doing the best job you can.
2. Insure your emotional peace of mind by keeping major family commitments even when things are hectic at the course. You won’t be calm if you feel guilty about missing your daughter’s graduation in order to watch a crew member water the greens.
3. Mentally trace in advance everything you will do while your guests are on your course. Imagine what you will say and what they will see. The more detail your imagination can create, the better your chances of avoiding unforeseen problems are.
4. Maintain as normal a lifestyle as you can. Eat normal foods at about normal times for you, and keep your same sleep and rest schedules. Change is an enemy when stress strikes, and routine is a great tranquilizer.
5. Understand and accept internally that the sky won’t fall if something goes wrong. No amount of preparation can insure a perfect performance for anyone.
6. Switch your concentration quickly so you can concentrate completely on whichever problem you are handling at the time. Trying to solve one problem while worrying peripherally about another confuses the picture, clouds your judgment and creates stress. Deal with them in rapid succession if necessary, but only one at a time.
7. If your event lasts more than one day, check your performance each evening. What was successful? What went wrong? Correct the problems you can and restore your mental calm before moving on to the next day.

No one can guarantee harmony and peace for himself or for anyone else, but attention to these seven points will help ease your path and organize your inner self to handle whatever comes your way.

**Dates to Remember**

**MARCH 14**
Twin Shields Golf Club

**APRIL 11**
Talbot Country Club

**MAY 9**
Washington Golf and Country Club

**JUNE 13**
Indian Springs

**JULY 11**
Loudon Golf and Country Club

**AUGUST**
Family Picnic

**SEPTEMBER**
Philadelphia Tournament

**OCTOBER**
Hunt Valley Golf Course

Superintendents’ Tournament

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- **Sterilized Top Dressing**
- **Top Soil**
- **Peat Humus**
- **Shredded Tan Bark Mix**

- Our top dressing is formulated especially for the transition zone to specifications recommended by U.S.G.A. and leading universities.
- Eliminates additional liming when used as recommended.
- Absolutely no waste.