The Rise of Warm-Season Grasses

By Richard J. Hull

Turf can be maintained in hot climates for landscaping and recreational purposes primarily though the use of warm-season grasses. Unlike their cool-season cousins that fail to grow when temperatures exceed 85 degrees Fahrenheit, warm-season grasses can grow vigorously at temperatures approaching 100 degrees F (Beard 1973). Understanding the fundamental reasons behind this difference in heat tolerance among turfgrasses may enable the turf manager to achieve better turf performance.

In the first part of this series published in November, we traced the origin of the photosynthetic process that operates in cool-season turfgrasses and most plant species that grow in temperate climates. It was noted that photosynthesis evolved about 3.5 billion years ago in a world very different from the one we

inhabit today. The

biggest difference is the presence of 21

percent oxygen (O₂)

in our atmosphere

compared to less

than 1 percent in

that of the ancient

world. That oxygen

is the by-product

of more than three

billion years of pho-

tosynthesis — ini-

tially from bacteria

but later mainly



Emergence of warm-season crabgrass in cool-season bluegrass during hot weather. produced by algae and plants. The chemical reaction by which most carbon dioxide (CO₂) has been converted into organic matter is catalyzed by the enzyme ribulose bisphosphate carboxylase/oxygenase (aka RubisCO) that functions today pretty much as it did more than 3 billion years ago. In photosynthesis, this enzyme functions as a corboxylase when it assimilates CO₂ into the three-carbon phosphoglyceric acid (PGA).

However, in the presence of O₂, RubisCO

functions as an oxygenase binding with O2 and initiating photorespiration that fixes no CO2 and actually wastes energy. As atmospheric O2 levels increased, photorespiration increased and began reducing photosynthetic efficiency until in our present atmosphere of 21 percent O2 and 0.038 percent CO2, net photosynthesis is generally inhibited by about 50 percent. At elevated temperatures, photosynthetic efficiency can be decreases by more than 75 percent, a rate insufficient to support plant growth. This is a major reason why cool-season turfgrasses fail to grow well in hot climates during the summer months.

C-4 photosynthesis

This photorespiratory erosion of photosynthesis has been a recurring problem for almost 50 million years. The principal evolutionary response to it has been an increased production of RubisCO. The strategy being: If low CO2 and high O2 concentrations make the carboxylase activity of RubisCO inefficient, let's just make more RubisCO. Today, Rubis-CO is by far the most abundant protein in the world, constituting more than 50 percent of the soluble protein in the leaves of most plants. While high RubisCO concentrations enabled photosynthesis to keep ahead of respiration, they were made and maintained at considerable cost in carbon and nitrogen resources. Growth rates were slowed during hot weather and plants were less able to reproduce and tolerate other environmental stresses.

A significant biochemical response to impaired photosynthesis due to photorespiration evolved about 20 million years ago (mya) in the early Miocene Epoch but really became prominent 10 to 8 mya when atmospheric CO₂ levels fell to below 250 parts per million (ppm). Known as C-4 photosynthesis because the first product of CO₂ fixation is a 4-carbon acid (oxaloacetate or malate), this adaptation was truly ingenious. The strategy is to capture CO₂ from its more abundant HCO₃- form and use it to increase the CO₂ level within specific cells where RubisCO and the Calvin Cycle are concentrated. To do this, a specialized cellular arrangement within leaves is required. The CO₂ capturing cells (mesophyll cells) are grouped in a ring around a layer of CO₂-fixing cells (bundle sheath cells) that surround the vascular bundles (conducting xylem and phloem cells) of the leaf.

By comparison, leaves of cool-season (C-3) plants have more numerous and randomly organized mesophyll cells loosely arranged around the bundle sheath cells that enclose the vascular bundles, but here they generally lack chloroplasts.

In C-4 plants, atmospheric CO₂ diffuses into the leaves through open stomata, is dissolved on the wet surfaces of mesophyll cells and passes as CO₂ across a cell's plasma membrane into the cell. There it becomes hydrated to carbonic acid (H₂CO₃) and at the prevailing cytoplasmic pH of 7.0, it dissociates to bicarbonate (HCO₃- & H+).

The equilibrium between dissolved CO₂ and HCO₃- favors HCO₃- over CO₂ by a ratio of 50 to 1. Thus, even when CO₂ levels are very low, the HCO₃- concentrations within mesophyll cells are 50 times higher. There HCO₃- reacts directly with phosphoenolpyruvate (PEP), a three-carbon acid, forming the C-4 acid oxaloacetate (OAA). The enzyme PEP Carboxylase (PEPC) catalyzes this reaction. The PEPC enzyme has a high affinity for HCO₃- but does not react with O₂ so there is no O₂ competition with CO₂ for this enzyme and therefore, no photorespiration.

Oxaloacetate is next reduced to the chemically more stable C-4 acid, malate, that diffuses into adjacent bundle sheath cells via tubular protoplasmic connections (plasmodesmata) that traverse the intervening cell walls. In the bundle sheath cells, malate is decarboxylated to another C-3 acid, pyruvate, releasing CO₂. The pyruvate diffuses back into a mesophyll cell where it's converted to PEP and is ready to bind with another HCO3-, completing the C-4 cycle. Within the bundle sheath cells, CO2 accumulates to levels higher than that in mesophyll cells. This is more than enough CO2 to inhibit photorespiration and allow RubisCO to introduce CO2 into the Calvin Cycle at peak efficiency. In warm-season grasses, the Calvin Cycle enzymes are not present in

Leaf Cross Sections of Warm- and Cool-season Grasses



Leaf anatomy of C-4 and C-3 grasses showing relationships between mesophyll and bundle sheath cells with a vascular bundle.

mesophyll cells but are contained exclusively within the chloroplasts of bundle sheath cells. Here, sugars made by the Calvin Cycle are in bundle sheath cells that are adjacent to vascular conducting cells (phloem), and can be efficiently exported from leaves to growing sites where they are needed.

Under hot conditions, when CO₂ levels in leaf cells are low and O₂ is high, C-4 photosynthesis supports a CO₂ fixation rate several times that of C-3 photosynthesis operating alone. However, at cooler temperatures when CO₂ concentrations in leaf cells are higher, C-4 photosynthesis is actually less efficient and supports a lower photosynthetic rate. Thus, C-4 photosynthesis provides a survival advantage only in those climates that routinely experience temperatures 85 degrees F and higher.

C-4 plants are also more efficient in their use of water. Because more CO₂ is photosynthetically reduced to sugars during each hour that stomata of C-4 leaves are open, those leaves will lose less water to transpiration for each gram of CO₂ fixed.

Studies reveal a water efficiency of 700 to 1,300 moles of water lost for each mole of CO₂ fixed in C-3 plants while C-4 plants lose only 400 to 600 moles of water per mole of CO₂ fixed. C-4 grasses also generally have a larger and deeper root system than C-3 grasses.

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C-4 plants are also more efficient in their use of water.

Continued from page 57

Having evolved on numerous occasions over many years, it's not surprising there are variations in C-4 photosynthesis and even intermediate plants that exhibit greater photosynthetic efficiency but do not possess all the characteristics of a C-4 plant.

Heat tolerance in turfgrasses is not solely a function of being wended with C-4 photosynthesis. Elevated temperatures can cause other malfunctions in cool-season grasses where root sensitivity to heat can be especially troublesome. The lipid saturation level of cell membranes, the ability to detoxify O₂ free radicals, and the synthesis of heat-stable growth-promoting proteins all appear to play a role in making cool-season turfgrasses more heat tolerant. However, there is ample evidence that C-4 photosynthesis does contribute to a plant's aggressiveness, especially in warm climates. C-4 plants comprise less than 4 percent of plant species but account for about 18 percent of the Earth's annual plant production.

Of the 18 plants designated as the world's worst weeds, 14 exhibit C-4 photosynthesis. Genetic research has not been successful in transferring C-4 photosynthesis into a C-3 plant. There is a lot involved in the C-4 syndrome and such a genetic feat may not be realistic. However, understanding what really distinguishes a warm-season from a cool-season turfgrass may be helpful in managing each to its fullest potential.

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