The following is a list of practical recommendations for roller use, gathered from a survey of U.S. Golf Association agronomists, roller manufacturers and golf course superintendents. The list was presented by Scott Niven, CGCS, at Stanwich Country Club, Greenwich, Conn., at the 1994 Golf Course Superintendents Association conference.

- The majority of damage caused from rolling is not overuse but operator error. Good training is imperative and operators sociation of America show.

- The following is a list of principles:
  - The most common scenario shows that one day after rolling, 50 percent of the speed gained has been lost. One the second day, 75 percent of the speed is lost. Greens return to normal by day three.
  - Superintendents with sand-based greens who roll five or six days per week have invariably raised their heights of cut to some degree. Some wear and yellowing can still be a problem, however.
  - The preferred rolling schedules for those with bentgrass greens is either Wednesday/Saturday or Tuesday/Friday.
  - Expect to lose cup placements justified. Because compaction is a major cause of turf stress. And that can be murder on your greens. Resulting in disgruntled golfers as well as lost revenue.
  - Toro lost sleep over it, too. So we invented the Hydroject® 3000, a revolutionary water injection aerator that can penetrate compacted soils without disturbing the surface or disrupting play.
  - It's another example of how we've worked as partners with three generations of superintendents.
  - To provide you with the precision engineered tools you need to create a golf course of uncommon beauty and playability.
  - And to help you sleep better.

- The preferred rolling schedule is based on the quality of your greens and surrounding areas. Double-cutting can be eliminated with rolling. But if you cut and roll at the same time, that equals about the same wear and compaction as double-cutting. However, rolling gives you a higher quality finish and more speed than double mowing will or virtually any other practice.
  - If you cut (.140-inch height) and roll daily for a special event, it is common to hold speeds of 11 and 12 on the Stimpmeter for each day. However, after four or five days, greens will show some significant wear and discoloration. Give them a rest.
  - There are added labor costs if you cut and roll each time out. To save on extra costs, some superintendents have eliminated cutting on days they roll. This also reduces wear that rolling can create when you mow and roll the same day.

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