Florida Plants of the Year

Landscaping on golf courses ranges from very formal annual beds and sheared hedges to the natural look of aquatic plants and clumps of native grasses. The Florida Nurserymen and Growers Association has begun a program that will identify superior plant material that performs well but is often underutilized. If you are looking for proven plant material to provide color and diversity on your course you may want to give these 1998 Florida Plants of the Year a closer look.

The program’s selection committee includes horticulturists, nurserymen, educators, architects and other professional members of the horticulture industry from central, north and south Florida.

Ground covers

PEACOCK GINGER
Kaempferias are a group of low herbaceous perennials usually less than one foot tall. Most have large 4-10 inch round or oval shaped leaves. The basic leaf color ranges from green to purple. However, most are spotted or striped with various combinations of purple, silver, white or iridescent markings that give the group their common name Peacock Ginger. Flowers are solitary, usually four-petaled and produced daily throughout the growing season. Flower color ranges from pure white to pink to purple.

Kaempferias are trouble-free, shade-loving ground covers that form thick clumps that out-complete weeds for available space. They are excellent companion plants for hostas in north Florida and competent replacements for them in south and central Florida. Kaempferias, which are native to Southeast Asia, are naturally winter dormant, so they are hardy into Zone 8 and adaptable to all of Florida.


Common Name: Peacock Ginger
Botanical Name: Kaempheria spp.
Hardiness: Zone 8
Mature Height: 12”
Classification: Herbaceous perennial
Use: Ground cover
Characteristics: Leaves range in color from green to purple and are spotted or striped and oval

AUTUMN FERN
Ferns are becoming more widely used ground covers in large drifts. Cyrtomium falcatum (Holly Fern) has been planted for years, but Dryopteris erythrosora (Autumn Fern) is quickly becoming as popular. This clumping fern has upright foliage reaching about 24” in height and spread. Also called Japanese Shield Fern, its young foliage is an eye-catching red that matures to a glossy dark green.

“Autumn Fern has fewer insect problems and seems more cold tolerant than Holly Fern, and this makes it a more desirable selection,” says P.J. Klinger of Lake Brantley Plant Corp., Longwood, Florida.

Autumn Fern is hardy to Zone 8 and evergreens without frost. The best growth is achieved in an organic, well-drained soil in light shade to shade. Though the water requirements are moderate, Autumn Fern will signal a water stress with wilting and a change in foliage color.

Common Name: Autumn Fern
Botanical Name: Dryopteris erythrosora
Hardiness: Zone 8
Mature Height x Spread: 24” x 24”
Classification: Herbaceous perennial
Landscape Use: Masses in shade
Characteristics: Clumping fern growing to 24”; new growth is coppery red, maturing to deep green

Masses and Borders

HILO PRINCESS ANGELONIA
Angelonia is a great new plant for Florida. A bushy perennial from Mexico and the Caribbean, it grows well in our climate. ‘Hilo Princess’ reaches a mature height up to 24 inches and the stems support groupings of deep violet-blue flowers that are present throughout the warm months. When planted in a moist, rich, well drained area, Angelonia will thrive in a wide range of light levels. It makes quite an impact as a mass planting or in combination with other flowers in decorative containers. Although some say to treat ‘Hilo Princess’ as an annual in colder areas, it tends to come back reliably as far north as Gainesville.

Common Name: Hilo Princess
Botanical Name: Angelonia angustifolia ‘Hilo Princess’
Hardiness: Zone 8
Mature Height x Spread: 24” x 24”
**Classification:** Perennial  
**Landscape Use:** Mass planting accent in perennial borders or in containers with other flowers  
**Characteristics:** Deep violet-blue flowers; lance shaped leaves; blooms through warm months

**FIREFLORPWR DWARF NANDINA**

A plant long known for its fall color, but underutilized in the landscape is *Nandina Domestica* 'Fire power.' Also called dwarf heavenly bamboo, this dense, low-growing cultivar is usually tinged with orange or red, but becomes an intense red mound in the fall and winter. Firepower, with its rounded habit, reaches a mature height and spread of about two feet. When planted in groupings or drifts behind low ground covers, Firepower creates an impressive impact. It is adaptable to a wide range of conditions, but prefers moist, fertile and well-drained soils.

**Common Name:** Firepower Dwarf Nandina  
**Horticultural Name:** *Nandina domestica* 'Firepower'  
**Hardiness:** Zone 6  
**Height x Spread:** 2' x 2'  
**Classification:** Low growing shrub  
**Landscape Use:** Masses or borders  
**Characteristics:** Dense, dwarf growing variety; intense fall color of red

**FIREFLUSH**

When designing a landscape in south or central Florida, be sure to give *Hamelia patens* (Firebush) some thought as a small accent tree. Reaching 10 feet in height and six feet in spread in warmer areas, its showy orange tubular flowers (March-November) are a big attraction to butterflies and hummingbirds. The leaves of this evergreen shrub are reddish for much of the year, turning green as they mature. Foliage damage will occur in the upper 20s with die back in the upper teens. When knocked to the ground by cold, Firebush has been known to bounce back quickly the following spring. This variety

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prefers moist conditions and is tolerant of full sun to partial shade. Because it is not drought tolerant, be sure to plant near water loving plants in the garden.

**Common Name:** Firebush  
**Botanical Name:** *Hamelia patens*  
**Hardiness:** Zone 8  
**Mature Height x Spread:** 10' x 6'  
**Classification:** Large shrub to small tree  
**Landscape Use:** Specimen shrub in partial shade  
**Ornamental:** Red leaves with showy orange  
**Characteristics:** Tubular flowers attracting butterflies and hummingbirds

### PINK LOROPETALUM

A plant that seems to be sweeping the industry is *Loropetalum*. Many of the new popular cultivars are being developed from *Loropetalum chinense* var. *Rubrum*, which has red foliage. Cultivars may reach 10 feet; others are easily maintained at four to six feet. Also called fringe flower, *Loropetalum* is tolerant of full sun to shade in moist, well-drained acid soils. Young leaves are burgundy, maturing to green in the center of the plant. Some cultivars stay redder than others. The pink bloom of the fringe flower is heavy in the spring and then continues sporadically until fall. Some of the cultivars available in the market today are:

- **Blush** - dense compact growth habit to at best six feet  
- **Burgundy** - height will be six to eight feet with drooping branches; expect this cultivar to bloom several times during the year

**Common Name:** Pink loropetalum  
**Horticultural Name:** *Loropetalum chinense* var. *Rubrum*  
**Hardiness:** Zones 7 & 8  
**Mature Height:** 6' to 10'  
**Classification:** Shrub  
**Landscape Use:** Accent plant or hedge plant  
**Characteristics:** Red foliage, pink flowers

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