traffic pattern.

They look upon Marin County as the "Mediterranean" side of the bay. Sausalito, just north of the Golden Gate, is as picturesque as Portofino and as crowded on weekends. Its rustic houses cascade down steep slopes. Its shops and restaurants hug the waterfront. Its winding, wooded streets look down on a thicket of masts and a colony of houseboats. The ferry crossing from San Francisco takes 30 minutes, the drive across the Golden Gate Bridge about 20.

Muir Woods is less than 10 miles northwest of Sausalito. This shadowy redwood stand is part of the Golden Gate National Recreation Area which, in conjunction with Point Reyes National Seashore, comprises a federal protectorate of 100,000 magnificent Marin coastal acres. Call the National Park Service, 556-2920, for information.

Tiburon, eight miles around Richardson Bay, is another charmer. A blend of Cape Cod and early California, the village consists of a one-block Main Street, yacht club and a cluster of open-deck restaurants. It's built around a cove sheltered by villa-studded hills. Launches link Tiburon with Angel Island, 10 minutes across Raccoon Strait, and Fisherman's Wharf, 30 minutes across the bay.

Two of the world's longest marine structures, the 8.25 mile San Francisco-Oakland Bay Bridge and the 3.6 mile Bay Area Rapid Transit (BART) tube, connect The City with the metropolitan East Bay counties of Alameda and Contra Costa.

Jack London Square is behind the Oakland Estuary's amazing metamorphosis from mud hen to mermaid. Oakland's waterfront at the foot of Broadway has come into its own as a retail-restaurant complex. The treasure here is Heinhold's First and Last Chance Saloon. Practically everything in this historic shack of ship's timbers lists from over 100 years of roisterous conviviality. The San Francisco-born author Jack London was a regular at Heinhold's in his days as an East Bay oyster pirate. So were Robert Louis Stevenson and other writers of this period.

The Square is abutted on the south by Jack London Village. Architecturally, this maze of boutiques, bistros and boardwalks borrows from New England and Alaska's Klondike. Skiffs, ketches, tugs and cargoliners are part of the passing parade.

Six blocks east of the Square is Bret Harte Boardwalk, a Victorian row of garden shops and eating spots named for the noted Gold Rush narrator who lived nearby in the 1850's. The Boardwalk is in the 500 block of Fifth Street. The Oakland Museum, a world-acclaimed masterpiece and a handsome showcase of Californiana, is a short distance away at 1000 Oak Street.

Sleek, air-conditioned and automated BART trains will whisk you under the bay to within two blocks of the University of California at Berkeley. Though 29,000 students attend this educational Goliath, its 178-acre campus has the feeling of a small college town. Don't miss the splendid University Art Museum at 2626 Bancroft Way. A guide at the Student Union Visitor Desk, Bancroft and Telegraph Avenue, will point the way.

The Peninsula south of San Francisco — sparsely populated and beachstrewn on the ocean, heavily suburban on the bay — has blossomed into a family fun area. Its big recreational attractions are Marine World/Africa USA, a 60-acre wildlife and exhibition complex at Redwood City, and Marriott's Great America, a theme park covering 200 acres at Santa Clara. Midway between them at Palo Alto is the beautiful Stanford University campus, oak-dappled and Romanesque.