MARATHON MISHAP

Unlucky Asa English endured a torrid time at the recent Brighton Marathon after suffering an injury halfway through – but still managed to finish after limping 12 miles to the finishing line with a torn thigh muscle.

Asa and pal Greg Skinner ran the Brighton Marathon for charity last month, the fourth time Asa – Greenkeeper at Rothbury Park Golf Club – has run the 26-mile course.

But disaster struck after 14 miles when he suddenly felt a searing pain in his left leg. However, determined not to let his chosen charity down, he insisted on finishing, and managed to drag himself across the finishing line in 3 hours 52 minutes.

A scan later revealed a Grade Two muscle tear with doctors amazed he had managed to complete the course. He said: “It was all going well and I thought I was on track to beat my personal best of 3 hours 23 minutes going.”

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