

There are some things which really get to you

Have you any of you seen Room 101 on BBC 2 on Friday nights? It's where celebrities get the opportunity to send their dislikes or petty hates into the room for all eternity. Recently I know Eric Cantona and caravans began their periods of exile.

It got me thinking about what I would send into Room 101 and I found it was quite therapeutic.

I've come up with just a few of the things which I think I'd be better off without and a couple which I know have hit the mark with some of you.

Lorries which pull out to overtake other lorries when you know it'll take them ten minutes to complete the manoeuvre; People who push in front in queues when you're only 90% sure you were there first so can't say anything about it and paying for something and finding it doesn't work or is not what you ordered.

Professionally, and I don't mean this as a slight to people who are only doing their job and many of them do it in a very pleasant way, it's people who phone up and ask, "Did you receive the press release we sent you?" What they really mean is, "I know you must have got it because I posted it to you a couple of days ago. Are you going to use it?"

The answer is one to which I can never say a definitive "yes" or "no" because I never know how much room I'll have for such things yet we both have to go through the ritual of asking and answering the questions.

They always seem to call at a time when I'm particularly busy.

I know Stefan Antolik, of Cooden Beach, would send Goretex water-