THE COMMON COLD

By W. E. Hill

The cold that runs through the family. Poor Junior caught a cold, then Murray took it, then Laura, the maid, caught it, and now Daddy has it. Pretty soon Junior will get vaccinated, and so it will go.

"Don’t worry. I’m not afraid to kiss you, Cousin Claymores, even if you have a cold, because I have the nicest one myself!"

Mary Serves a Little Lamb

By MARY MEADE

PLAIN FOOD served attractively has more appeal to the average American than has a maze of unusual dishes. Corned beef hash, scalloped potatoes, and lamb patties—"for what they are"—grew up readily recognized and therefore readily welcomed by most of us.

Lamb patties served on slices of cooked cream squash, with small buttered beans, make an attractive and inexpensive meat platter. The patties, brought ready shaped at the market, are broiled, and the boiled squash slices are buttered and browned with them. Try this contribution for a family dinner and just see if it doesn’t win praise for the cook!

Corned beef hash has long held a gastronomic reputation, but now it is in favor with everybody, not just with the less fortunate. Corned

cured beef hash is so easy to use and adapts itself so well to many a breakfast and luncheon platter that women find it pays to keep several cans on hand.

It’s pictured in patties, accompanied by scrambled eggs. The garnish consists of strips of pimiento. Corned cured beef will readily slice into these

How Air Lines Keep Stats Healthy

By WAYNE THOMAS

PROVINCIAL experts in the field of human physiology are those who have just one thing in mind when they lay out their tables and talk over their meals. And yet, while they are at it, they are doing something that is of vital importance to the flying public—keeping an accurate record of the health of the passengers.

The air lines are not only interested in the physical health of their passengers, but in the mental state as well. They want to know

"One house is always damp, and I didn’t have five minutes today to get it all stripped up. The girl with the interesting figure, is she under the impression that every next rump to hear how she caught the cold, explains at length over the telephone."

The husband whooping playfully steps home to break his head cold. Thinks he’s going to die and wants electric sympathy from the little wife.

Two nose blowers. Shoveling (left) the dusty blower who makes and markets the best of a coldy, and the head blower who sounds like a room and fog horn combined.

Now and there someone’s armchair filled with common cold victims all set to enjoy a wholesome spray of blowing out of their nose and head and throat and general treatment.

"My husband is a chef. I sit and wait while he CAN make us may as in bed, and I fixed the oil with many names as he couldn't do it, and I CAN’T make him take it!"

Nora Mossell, Stewardess, Airline’s X-ray equipment, examining the nose of an incoming pilot. "I have no use for X-rays," said the pilot. "I am more interested in the blood pressure of the passengers!"

Airline pilots are subject to intensive physical examinations before they are allowed to fly. The medical director of the airline examines every pilot every six months.

If you have a cold, try these simple remedies:

1. Avoid cold drafts.
2. Rest and drink plenty of fluids.
3. Take over-the-counter cold remedies.
4. Stay warm and wear layers of clothing.

Scalloped Potatoes

[Recipe]

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