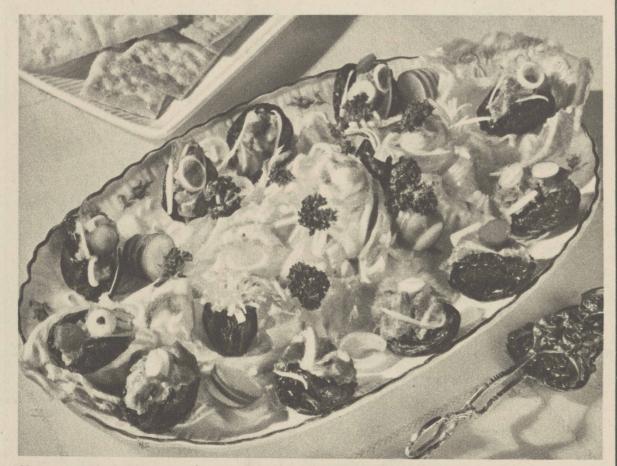
Page Eight

Chicago Sunday Tribune

Any Pantry Can Provide Protecting Your Lithe Line a Hurry-Up Party Menu Marvelous for that slim hip line and the high bust line: Sit with legs



Meat and pickle stuffed prunes may be served individually as appetizers or on a platter of greens as a salad.

By MARY MEADE

S dropped in unerprotected did they - and your table hasn't a thing to wear for the party?

Take cheer; here are two dishes as partified as you please. They can be whisked together from the staples on most anybody's pantry shelf. The salad platter of prunes, plumped out with canned meat stuffing, wears a frilly collar of lettuce, with parsley and radish trimmings. A wine sauce turns just everyday cornstarch pudding into a dessert that might have been planned weeks in advance.

With the addition of dainty sandwiches this would be all that is needed for a simple meal.

SAVORY STUFFED PRUNES (Serves four to six) 16 cooked prunes 1¹/₄ cups finely chopped chipped

1/3 cup finely cut sweet or sour

- pickles 2 tablespoons chopped green
- onion 1 head lettuce or other salad
- greens 1 bunch radishes, sliced
- bunch green onions, sliced Parsley for garnish

Cut slit in large cooked prunes and remove pits, tearing flesh



Any pudding, custard, or even stewed fruit puts on party airs when served with a wine sauce.

Stuff into prune cavities. Arrange salad greens, radishes, and onions on serving platter and surround with stuffed

(Continued from page seven.) Spain. (There were still 15,000 The Story of the Spanish War there at the end of the war.)

ning of the war there were only Italy sent aircraft in the first mechanics, and 15,000 Portu- was to cut it off entirely.

prunes. Garnish with parsley and with mayonnaise sprinkled with paprika. Stalks of the green onions may be cut in inch lengths and split with a sharp knife as in making celery curls. The ends of the onion will curl slightly to make attractive bits of garniture. Any canned meat may be substituted for the chipped beef.

DE	SSERT WINE SAUCE
	(Serves four)
2/3	cup claret wine
1/3	cup water
1/2	cup sugar
1	tablespoon cornstarch
	teaspoon salt
2	tablespoons butter
	Dash of nutmeg
Bring	wine and water to h

wine and water to boiling. Mix sugar, cornstarch, and salt and add to hot liquid. Cook until thickened, stirring constantly. Remove from fire, add butter and nutmeg, blending well. Serve hot or cold over any simple pudding.

Here's one way to stretch those leg muscles that get taut from wearing

firmly in both hands. Place feet in the middle of the rope and push feet

up smoothly until knees are straight.

By ELEANOR NANGLE

panting or perspiring.

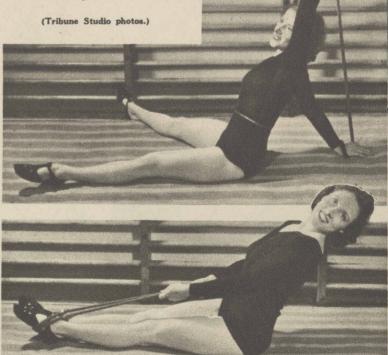
One of the beauty experts has

high heels: Lie on your back. Grasp your flexible "stretching rope

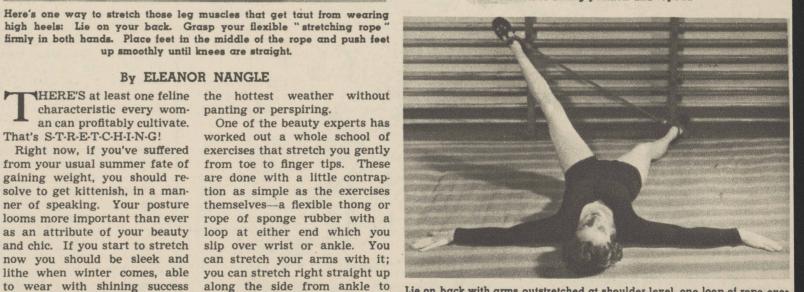
finger tip. You loop it over your

feet, lie flat on your back, and

wide apart, knees straight. Holding stretching rope taut between wrists. Stretch, without jerks, backward and forward, touching alternate hands to ankles as you come forward.



Awfully good for the stiff, kinky spine: Place both feet in the loops of the rubber exercise rope, knees straight. Hold that line-and slowly lean back, sliding the hands along the rope until they reach the loose end. Return to sitting position and repeat.



Lie on back with arms outstretched at shoulder level, one loop of rope over each ankle. Swing legs smoothly from side to side until first one and then the other touches the floor at the side. Keep the flexible rope taut.

stretch your legs. You can, as call them exercises-that will few lessons at a Chicago salon a matter of fact, work out a stretch every single muscle in where you can learn to do these The nice thing about stretch- simple routine of about half a your body. ing exercises is that they aren't dozen exercises-only these are

You can, as a starter, have a

Republican aircraft mercilessly strafed the attacking army and bombed the armored cars Italian and German aircraft were in the hands of the repub- about the end of that year, there Barcelona rail line and roads. and tanks. The Italian aircraft were bogged down on their im-Portugal to Spain in large num- ists had an estimated force of Germans, all of whom were salient jutting west into the na- provised air fields, unable to go bers. In all Spain at the begin- 750 Italian and German planes. skilled technicians, gunners, and tionalist territory. Franco's aim to the aid of the ground forces, and what began as an attack

slimming and suppling routines in the fashion that gives you the best and most needed results. Then you can use your little "lithe line" yourself. The directions come with it-and nothing could be simpler. And, we might add, less expensive! Here is a sample of the gentle

but effective exercises: For slimming down those hip alges at the sides: Stand erect,

feet about one foot apart, arms

overhead, one wrist in each loop.

holding the sponge rubber thong

taut. Swing the torso from side

to side, keeping hips almost im-

movable, and not relaxing the

These are in one sense rather

lazy exercises. But there's noth-

ing lazy about their action on

Join a class of stretching

exercises if you possibly can. If

you can't, arm yourself with

the simple little aid to stretch-

ing and help yourself to a better

your muscle structure.

line held aloft.

arduous. You can do them in so "unstrenuous" we hate to

were allowed to pass through licans. At the end the national- were about 60,000 Italians, 10,000 Madrid itself remained in a

HERE'S at least one feline

characteristic every wom-

an can profitably cultivate.

Right now, if you've suffered

gaining weight, you should re-

solve to get kittenish, in a man-

looms more important than ever

as an attribute of your beauty

and chic. If you start to stretch

now you should be sleek and

lithe when winter comes, able

to wear with shining success

those clothes that demand a high

bust line, hips slim enough to

stand a bustle, and abdomen flat

as a pancake!

That's S-T-R-E-T-C-H-I-N-G!

as little as possible. Combine beef, pickle, and enough mayonnaise to moisten, blending well.

154 military planes in good condition, and nearly all of them

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week of the war-three of them flying to Spanish Morocco from Libya crashed in Algeria July 30 -and German and Italian planes helped Franco to break the republican blockade of the Strait of Gibraltar so he could get troops across.

Once the Badajoz road was opened, they poured in-German Heinkel 52 fighters and Junkers 52 bombers, Italian Arado and Fiat fighters, and Savoia-Marchetti S 81 bombers-and with them came light tanks and other modern arms. On the other side of the pic-

ture, France, Russia, and Mexico were trying to aid the republicans. But the French had violent opposition in their own country to selling arms to Spain, and the Russians found great difficulty getting arms over the long route to Spain. What planes the republicans had at the beginning were quickly wiped out, however, and they depended almost entirely on foreign supplies.

Most of their aircraft later in the war were Russian copies of American models, Boeing and Curtiss fighters and Martin bombers, made in Russia under license from the patent holders. Revolutionaries from all over the world flocked to fight for the republic. Their number was never great and it is extremely doubtful that the strength of the international brigades ever reached 20,000 at any given moment, but the effect on morale was important. It gave the republicans the feeling they had foreign support; and the men were good troops.

Franco's foreign troops were more numerous, better trained, and brought with them fine mod-1937 there was no infantry, but the Italians sent in two divisions then (the March 23 and the guese.

At the end of the war they had dwindled to roughly 35,000 Italians, 8,000 Germans, and 15,000 Portuguese.

Much more important than the man power was the equipment provided. It is impossible to state in detail because of the care taken to hide details, but there were at least 300 tanks and armored cars, not fewer than 1,000 guns from 3-inch to 9-inch (with a few 12-inch howitzers), and probably twice that many lighter guns, including anti-tank guns and light anti-aircraft guns. In the air all the planes came from Franco's allies.

. . .

On Nov. 18, 1936, the German and Italian governments gave Franco a powerful boost with the announcement they had decided to recognize his as the legitimate government of Spain. It has been said that with 5,000 good and disciplined shock troops the republicans could have won the war at the end of September. But they did not have them, and they gradually lost the natural advantage of position and resources that were theirs at the start.

Foreign aid on both sides began to be really evident in the field when the nationalists reached Madrid and tried to take After the failure of frontal it. attack two more attacks were made, one from the southwest and the other through Guadalajara, on the northeast. Both fell through.

In February the nationalists tried to attack across the Jarama river and seize the Valencia road so as to starve out the capiern equipment. Until early in tal, which could get its supplies only from that side.

To the north the country was in nationalist hands as far east Black Flames). At the strongest, as Saragossa, cutting off the

Violent air bombing from Nov.

ô to 25 seemed only to stiffen the defenders' morale and had the bad effect of arousing great sympathy abroad for the republicans. The raids showed that short of wiping out the city air bombing probably could not make it surrender. Madrid was

not bombed after February, 1937, though it was heavily shelled throughout the war.

On Feb. 8 the troops attacking from the southwest managed to cut the main Valencia road at Arganda, just east of Madrid, but communications were not interrupted. The break was short-circuited by other roads and the attack was halted without achieving its aim.

The final and most disastrous attempt to cut off the city came in the next month at Guadalajara.

Two divisions of Italian shock troops (mostly veterans of Ethiopia), accompanied by tanks and armored cars, modern artillery, and all the other weapons that had been so woefully lacking, had landed at Cadiz in January and taken the leading part in capturing Malaga on Feb. 7. After Malaga's fall that front was quiet for the rest of the war and the Italians were used in the north.

Rushed to the north, the Italians tried to sweep down from the northeast through Brihuega and Guadalajara and Alcala de Henares and meet the forces on the Jarama to close the jaws of the army around Madrid.

Mismanagement of their modern weapons, coupled with bad weather, cost them the battle. Success brought on defeat. The mechanized forces got too far ahead of the supporting infantry and artillery and were caught in a trafic jam without the protection of their guns and infantry

turned first into a retreat and then a helter-skelter rout that has been called "a second Caporetto."

That was March 31, 1937. From then on the nationalists settled down to a long siege that ended only when the city surrendered two years later.

For the next few months attention was concentrated on the northern front and the conquest of the vital spots held there by the republicans.

NEXT SUNDAY-Franco cracks Bilbao's "Iron Ring."

Chicago Scenes in Color

figure.

Color pictures of the Museum of Science and Industry and the M. S. Chicago Tribune appear on page one of today's Picture Section.

THE Museum of Science and Industry, Chicago, occupies a building in Jackson park that as the Fine Arts building was part of the World's Columbian exposition of 1893. After the fair it was until 1920 the home of the Field Museum of Natural History.

In 1926 a gift by the late Julius Rosenwald made possible the founding of the Museum of Science and Industry. From 1929 to 1931 the exterior of the building was completely restored in limestone. The first section was opened to the public July 1, 1933.

The exhibits, which number in the thousands, are divided among nine main departments, as follows: (1) Agriculture, forestry, and textiles, (2) physics, (3) chemistry, (4) medical science, (5) geology and mineral industry, (6) power, (7) transportation, (8) architecture and civil engineering, and (9) graphic arts. The floor space of the museum is nearly thirteen acres. Dr. Philip Fox is director.

THE MOTOR SHIP Chicago Tribune is one of a fleet of five vessels operated by the Quebec and Ontario Transportation company, a subsidiary of the Ontario Paper company, which in turn is a subsidiary of the Tribune company.

The M. S. Chicago Tribune, an all-steel craft designed primarily for carrying newsprint paper, was built at Hull, England, and launched Jan. 18, 1930. Powered by a 970-horsepower Diesel engine, it is 253 feet long, 23 feet in depth, and 43 feet 3 inches in beam. It normally carries 3,150 tons of paper from Thorold, Ont., in the Welland canal, to Chicago, in four and one-half days. Occasionally it carries grain on its eastbound trip, being capable of handling 145,000 bushels of corn at one sailing. Not long ago radio telephone equipment was installed, making possible communication with shore stations by voice instead of the old wireless code.

The captain of the Chicago Tribune is R. J. Brown.