Roof of the World

TIBETAN YAK-SKIN FERRY.

POSTWAR MADRID.

SOMEONE OUGHT TO TELL HER ABOUT RY-KRISP!

Today's fashions demand trim figures—lose ugly fat this simple, sensible way

Don't let ugly bulges keep you from looking smart and young. Try the easy RY-Krisp reducing plan used by thousands. See it if it doesn't help you have the slim, attractive figure you want. This plan, given in our free booklet, involves no drastic diet, no exhausting exercise. It's the sensible sort of reducing method a doctor can approve.

Here's the plan in brief: Eat sensibly, exercise moderately, enjoy 2 or 3 RY-Krisp wafers as your bread at each meal. Each delicious whole wheat wafer has only 20 calories yet supplies minerals and “bulk” so important in most diets.

Made of choice whole wheat with no sugar or fats added, RY-Krisp is a wholesome, nourishing food for all the family as well as a delightful reducing aid.

FREE REDUCING BOOKLET gives step-by-step instructions on how to lose weight. Write how to get one copy now.

If you want the charm of sparkling teeth—use Powder

Do As Your Dentist Does—when he cleans your teeth

NOTHING else cleans and polishes teeth more quickly and thoroughly than the dental powder naturally white—then POWDER. That is why your dentist uses it. This is the only all-purpose—brush and tooth paste—never fails. No acid, no grit, or pumice.

All Cleansing Properties

As in all the preceding part of this article, we are not trying to say that all powder is naturally clean. If so, Dr. Lyon's Tooth Powder is ALL powder—all cleansing properties. For your money, no better decontaminants have been prescribed. Dr. Lyon's Tooth Powder is the only tooth powder that works! It cleans teeth, removes cavity germ and cleans out your mouth. No acid, no grit or pumice.

As a Do-it-Yourselfer, you can prepare your own tooth powder simply by mixing fine flour and fine salt. A pinch of this will be found in every mouth.

REduce the Easy RY-KRISP WAY!