



**YANKEE ALPINERS**—Members of the Third infantry, stationed at Fort Snelling, Minn., prepare for arctic action. Equipped with skis, snowshoes, and toboggans, they train thus for fun or war in rigorous climes.

(Photograph from International.)



**WEIRD PRODUCTS OF RED RUSSIA**—In Sovietland there are bicycle soldiers going in for the serious study of chemical warfare. Members of this corps donned gas masks before proceeding to the scene of recent maneuvers.

(Photograph from International.)



Hurtling into space! MR. CHARLES B. WEBBER, JR., going over the top . . .

## "Afflicted" was a mild word for my case"

East Milton, Mass.

"MY EMBARRASSMENT was natural enough. I work in a bank and am in constant contact with people with whom appearance counts.

"Also I am thrown socially with a group of young people interested in sports—and a blotchy complexion doesn't fit there either.

"I was 'afflicted'—that's a mild word for the case—with a whole series of eruptions. No sooner had one harvest of pimples begun to disappear than another crop sprang up . . . The situation got on my nerves.

"I knew that my father had found Fleischmann's Yeast beneficial. I myself began eating three cakes faithfully every day. The results were surprising—and amazingly prompt. My skin cleared—completely. My morale rose—enormously."

Charles B. Webber, Jr.

**FRESH** as any vegetable from the garden, Fleischmann's Yeast is a food—not a medicine.

Yet this food possesses a truly remarkable power. The power to cleanse the intestines of poisons. To keep them active. To "regulate."

As your constipation disappears, your whole being awakens to new vigor and life. Your blood clears. Your skin freshens. Your indigestion gives way.

You can get Fleischmann's Yeast from any grocer. Buy two or three days' supply at a time and keep in any cool dry place. And write for a free copy of the latest booklet on Yeast in the diet. Health Research Dept. N-806, The Fleischmann Company, 701 Washington Street, New York City.

RIGHT

"I WAS TENDING the gates at the crossing. A fellow from the power house down the line happened along, and we got to talking about different things. I happened to mention how I had tried all kinds of medicines for my indigestion and he said, 'Why not try Fleischmann's Yeast? I take it regularly.' Well, after eating it for a few months, I felt ten years younger. My indigestion simply disappeared."

William Miller, Little Neck, L. I., N. Y.



LEFT

"I WAS SO NERVOUS and run down I couldn't stand the slightest noise, and could hardly do my housework. I weighed only 97 pounds. And I was badly constipated.

"Naturally I am only too glad to submit my own little 'True Story' of what Fleischmann's Yeast has done for me and indirectly for my family.

"I began eating Fleischmann's Yeast on or about the first of August after reading about it and through the advice of friends.

"I am now entirely relieved of constipation, thanks to Fleischmann's Yeast. I have never felt better in my married life than I do at this time."

Mrs. M. S. Parsons, Minneapolis, Minn.

**Health, new joy in living—this easy way**

Eat three cakes of Fleischmann's Yeast every day, one cake before each meal or between meals. Eat it plain, or dissolved in water (hot or cold), or any other way you like. For stubborn constipation drink one cake in a glass of hot water—not scalding—before meals and before going to bed. And train yourself to form a regular daily habit.



Still life by William Clive Denson

## A Taste of the Country—

Snow along fence rows . . . blotches of green on sun-swept hillsides . . . faint signs of Spring . . . the lure of out-doors in the air . . . awakened appetites . . . how good things taste!

### DECKER'S TOWN CLUB HAM

Note slight change in the name; there has been NO CHANGE in the supreme excellence.

Made the good old-fashioned way from the choicest young corn-fed porkers—enriched with a cure that requires many weeks, and then spiced with the pungent fragrance of real hickory-wood smoke. A taste of the country, available to you, by ordering direct from us at 50c a pound, delivered. They weigh between 14 and 16 pounds (we sometimes now get TOWN CLUB quality in a 12 lb. ham), and come in specially designed cartons, which we originated. We suggest that you order two hams: one to slice and one to roast.

### DECKER'S TOWN CLUB BACON

is made with the same infinite care. A customer wrote: " . . . finest I have ever tasted. It has a tang of hickory smoke which I thought could never be again. It makes you think of hazy, smoky, boy-hood days on the farm in Indian Summer."

The weight is 5 1/2 lbs. the flitch. The price is 60c a pound, delivered. If you are not delighted, your money will be returned.

JACOB E. DECKER & SONS  
Creators of TOWN CLUB Hams  
Mason City, Iowa

ANDERSON,  
THORSON & CO.  
54 East Monroe  
(Central 1234)

JACOB E. DECKER & SONS, MASON CITY, IOWA  
Please send me, please for which I enclose check  
TOWN CLUB Ham weighing 14 lb. at 50c.  
TOWN CLUB Bacon weighing 5 1/2 lb. at 60c.

## Corns

Relief in one minute

In one minute—in fact the instant you apply Dr. Scholl's Zino-pads—corn pain stops. Zino-pads remove the cause—friction and pressure of shoes. That is why they give such quick relief. You will keep permanently rid of corns if you apply Zino-pads at the first sign of irritation.

Powerful liquids or caustic plasters ignore the cause—often make the toes sore from acid burn. Zino-pads won't harm the tenderest skin. Thin, protective, healing. At all drug, shoe and dept. stores—35c per package.

**Dr. Scholl's Zino-pads**  
Put one on—the pain is gone!



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The Scholl Mfg. Co., Inc.  
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