



















coffee was having such an effect on me?" "I heard my Daddy say that chil-

effects of the drug. Then my indigestion, headaches and nervousness dis-

appeared...and I could sleep soundly again!"

If you suspect that coffee disagrees with you...try Postum for 30 days. Postum contains no caffein. It is simply whole wheat and bran, roasted and slightly sweetened. It's easy to make, and costs less than half a cent a cup. Postum is a delicious drink, too... and may prove a real help. A product of General Foods.

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dren aren't the only ones who should	© 1935, G. F. CORP.
never drink coffee. He said our doctor told him the caffein in coffee can keep lots of grown-ups awake at night make 'em nervous or give 'em indi- gestion. Daddy said there isn't any caffein in Postum."	GENERAL FOODS, BATTLE CREEK, MICH. Please send me, without cost or obligation, a week's supply of Postum.  Name
"I see that's why it gave my system a chance to throw off the ill	Street

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