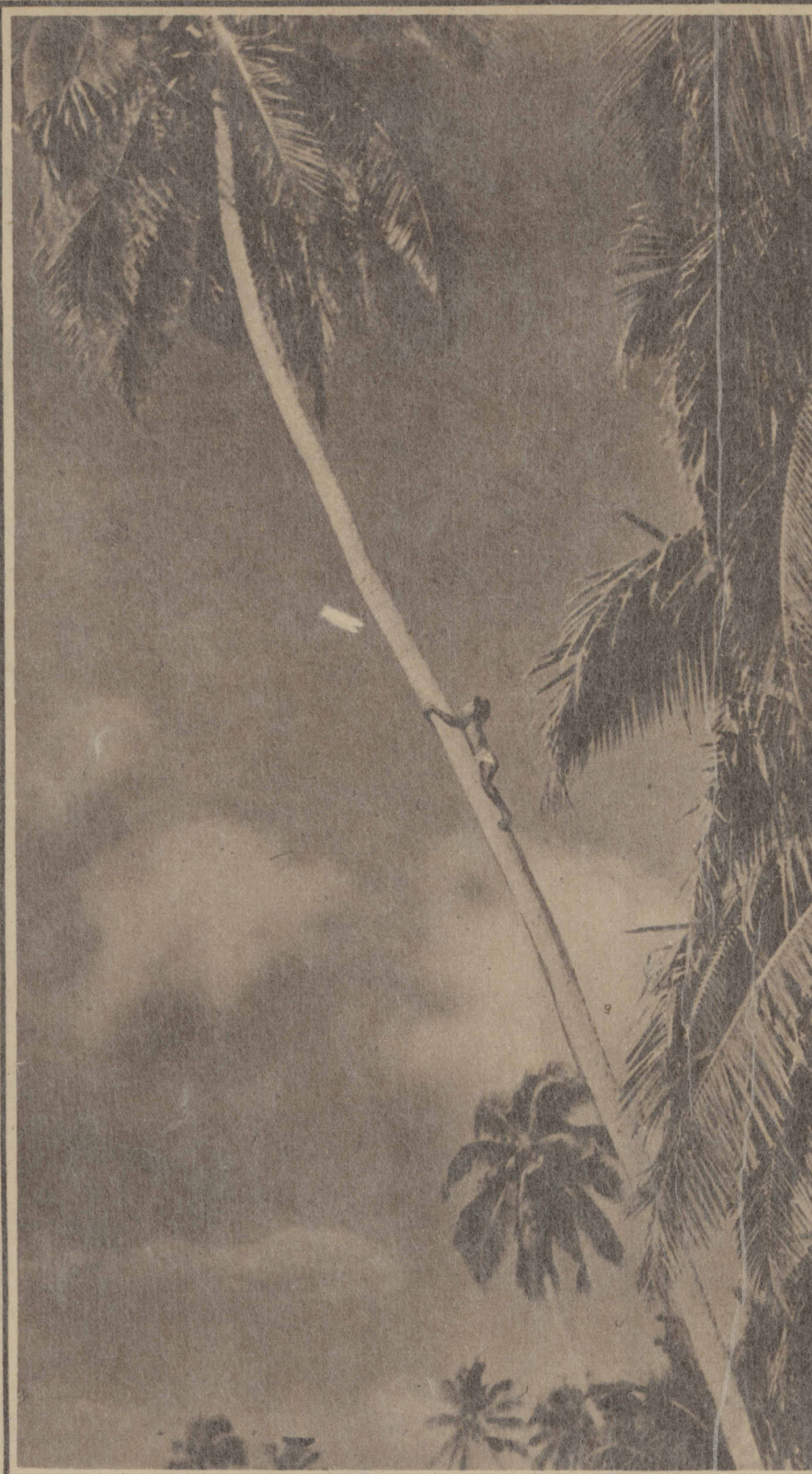


ARMY DIRIGIBLE HAS SUCCESSFUL test in an hour's flight through a snowstorm at Belleville, Ill. The RS-1, with a crew of eight men and commanded by Lieut. Orval Anderson, averaged forty miles an hour on its journey. It is the largest airship in the United States army and the second largest in the country, being 282 feet in length.

(Photograph from Underwood & Underwood)



LIFE IN THE SOUTH SEA isles has its ups and downs, as might be gathered from this picture taken by Robert Flaherty, a movie director. He went to those far away islands to catch a camera study of life there, and snapped one of the natives of Maona climbing what appears to be a palm tree. (Photograph from Underwood & Underwood)



"I WAS CONTINUALLY DEPRESSED, morbid, lost weight, suffered from insomnia and constipation—in fact was desperate. To augment my misery, my body became covered with eruptions. Medicines drained my system—but to no avail. A friend recommended Yeast. I was skeptical. But I persisted. Then, wonder of wonders, my eruptions disappeared, my appetite increased—I became myself again. Two cakes of Fleischmann's Yeast a day—dissolved in malted milk—had performed the miracle."

Alexander H. Schullman, Pittsburgh, Pa.



"AFTER MY RETURN FROM THE WORLD WAR, I suffered with stomach trouble; after meals had pains in my stomach, later turning into periods of constipation. I went to U.S. Veterans' Hospital at Jefferson Barracks. A fellow patient suggested Yeast. I started this treatment. Now I feel like a new man. No more stomach pains. My bowels are regular. I owe it all to Fleischmann's Yeast." Thomas F. Scully, St. Louis, Mo.



"WHEN MY LITTLE DAUGHTER WAS BORN I lived in a small isolated town where good medical attention was unavailable. My baby was undernourished. I knew that Fleischmann's Yeast had done wonders as a builder of tissues and I disguised it in the child's fruit and cereals. In one week she showed slight improvement; in six months she was a perfect specimen of childhood. Her body was plump and a pleasure to see."

Mrs. A. H. Gifford, New York City

Millionaires in Health

Rich in vitality, energy—how they conquered their ills—found new joy in life—with one simple fresh food

NOT a "cure-all," not a medicine in any sense—Fleischmann's Yeast is simply a remarkable fresh food.

The millions of tiny active yeast plants in every cake invigorate the whole system. They aid digestion—clear the skin—banish the poisons of constipation. Where cathartics give only temporary relief, yeast strengthens the intestinal muscles and makes them healthy and active. And day by day it releases new stores of energy.

Eat two or three cakes regularly every day before meals: on crackers—in fruit juices, water or milk—or just plain, nibbled from the cake. For constipation especially, dissolve one cake in hot water (not scalding) before breakfast and at bedtime. Buy several cakes at a time—they will

keep fresh in a cool dry place for two or three days. All grocers have Fleischmann's Yeast. Start eating it today!

And let us send you a free copy of our latest booklet on Yeast for Health. Health Research Dept. N-752, The Fleischmann Company, 701 Washington Street, New York.



THIS FAMOUS FOOD tones up the entire system— aids digestion—clears the skin—banishes constipation.



"THE SPRING OF 1924 is memorable to me for what I suffered through loss of sleep, nervousness—general run-down condition. I endured boil after boil on neck and back. Kind people recommended Yeast, but it took a well-known physician to convince me that 'there must be something to it.' Before I had finished one week's treatment of two yeast cakes a day, I felt a change in my system. Every boil disappeared, my skin cleared, my strength increased. Life now seems to hold more 'pep'."

Roberta O'Brien, Montreal, Canada