



Take a parenting class. Many classes are available, sometimes free-of-charge, that can help you learn good parenting skills.

Contact your local mental health center: where you'll be given many good suggestions about where to turn for help.

If you are concerned about emotional abuse and its impact on the ones you love, there are resources available to you:

Telephone Hotline/Referral Service or Counseling Service: in Chicago, call Parental

Stress Services 24 hours a day at (312) 427-6644.

Self-Help Parents Anonymous (a self help group for parents under stress): in the Chicago area, call (312) 427-6644 or to find a PA group outside Chicago call 1-800-421-0353.

To report child abuse in Illinois — physical, emotional, sexual, neglect — please call the Illinois Department of Children and Family Services (DCFS) at 1-800-252-2873.

This educational supplement, produced by

Marvel Comics and the National Committee for Prevention of Child Abuse (NCPCA), is brought to you with the support of the Chicago Tribune and the NCPCA Chicago Board.

For more information about child abuse and its prevention, write to NCPCA's local program:

Greater Chicago Council, NCPCA
Box 2866
Chicago, IL 60690
(312) 663-3520.

Marvel Comics Group has been awarded a Special Citation by President Ronald Reagan for its contribution to child abuse prevention.