SPRING WATER

AN IRISH FAIRY TALE
SPRING WATER

Long ago, in Ireland, lived great King Core, in whose palace was a wonderful spring of fresh, pure water. This spring was a wonder and a blessing to all the people, who came from miles around to draw the water.

The king became afraid that the spring would be drawn dry so he had a high wall built around it and permitted only Fior Usga, his daughter, to enter and draw water. This was a great loss to all the poor people of the countryside.

One night the king gave a great entertainment and one of the guests was a handsome prince who danced with the princess and sat beside her at dinner. Presently one of the guests asked for a drink of water.

The king was pleased at this request, and turning to his daughter, bade his daughter take a golden vessel and fill it with water from the wonderful spring.

The princess Fior Usga was not very well pleased at having to perform this menial service before the hand-
some prince and she hesitated to obey. But the king, to excuse her confusion, requested the young prince to accompany his daughter, saying she was fearful of going to the spring alone at night.

The prince was delighted to serve the princess, so carrying the golden vessel, the two entered the walled enclosure and the princess stooped over to lower the vessel into the well. The golden vessel was very heavy, and suddenly the princess lost her balance and fell into the well.

The prince tried his best to save her but could not, for all at once the fairies of the water, tired of being walled in for so long, made the water rise and overflow the court yard and cover the palace. The water rose to such a height that it filled the whole valley.

But the king and the court were not drowned. Fior Usga, his fair daughter, returned to the banquet-hall that very night, and the dancing and revelry goes on in the palace to this day under the water, and will go on until someone has the luck to bring up the golden vessel out of the bottom of the spring.

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**JELL-O RECIPES**

**IMPERIAL SALAD**

Drain juice from half a can of pineapple, add one tablespoonful of vinegar and enough water to make a pint. Heat to boiling point and add one package of Lemon Jell-O. Just as Jell-O begins to set, add three slices of canned pineapple, cubed, one-half can Spanish pimentos, shredded, and one medium size cucumber, salted and cut fine. Mould in individual moulds or in one large mould and slice. Serve with cream salad dressing.

**JELL-O AND BAKED APPLES**

Bake six medium-sized or small apples with cores filled with brown sugar and chopped nuts. When cold arrange the apples in a pan and cover them with Raspberry Jell-O (one package dissolved in a pint of boiling water). After the Jell-O has set, cut into squares, using a knife dipped in hot water and serve with whipped cream. Or place each apple in a cup and pour the Jell-O over.
**CHOCOLATE WALNUT JELL-O**

Dissolve a package of Chocolate Jell-O in half a pint of boiling water and add half a pint of milk. When it begins to harden, add one-half cup of English walnut meats and a half-dozen figs cut up fine. Set away to harden. Serve plain or with whipped cream.

**ROMAN SPONGE**

Dissolve a package of Cherry Jell-O in a pint of boiling water. When cold whip to consistency of whipped cream, then add a cup whipped cream, one-half dozen macaroons crushed, and a handful of chopped nuts. Set in a cold place to harden. Garnish with cherries and serve with whipped cream.

**CHERRY JELL-O**

Dissolve a package of Cherry Jell-O in a pint of boiling water. Pour into a bowl or mould and put in a cold place to harden. When set, turn out on a plate and serve plain or with whipped cream. Any of the other six flavors of Jell-O can be used instead of the Cherry Jell-O.

Any of them may be whipped as easily as cream, and all are very attractive in that form.
Nobody can doubt that it was a judgment upon the king for shutting up his well in the courtyard away from the poor people. The lake is there today, and if you have good eyesight, you can see the towers of the palace far below the surface of the water.

A beautiful new Jell-O book will be sent free to any address upon request.

THE GENESEE PURE FOOD COMPANY, LeRoy, N.Y.

Imperial Salad