Dear Friend:

You may have found yourself in the "middle of a recipe" when you needed to know how many tablespoons in an ounce, etc. Your memory may have failed you.

For such a situation, this Ready Reference Chart has been prepared. It may come in handy under many other circumstances.

We hope you like it and that it earns a permanent spot in your home.

Sincerely,

Gladys Kimbrough
Director of Consumer Service
Ball Brothers Company

SUGGESTION

Post this Ready Reference Chart in a permanent spot in your kitchen. Use cellophane tape or thumb tacks.

Attractive colors are used so that it will fit in a prominent place.

Or — you may like to post it on the inside of a kitchen cabinet door. Here it would always be available for "ready reference".
READY REFERENCE

FLUID (VOLUME)
3 tsps. = 1 tbs.
2 tbs. = 1 ounce
8 ozs. = 1 cup
2 cups = 1 pint
2 pts. = 1 quart
4 qts. = 1 gallon
8 qts. = 1 peck
4 pks. = 1 bushel

WEIGHT and EQUIVALENTS
28.4 grams = 1 oz.
16 ozs. = 1 lb.

V 2 lb. butter ≈ ⅛ cup
1 fluid oz. = 29.6cc
1 pt. water = 1 lb.
1 lb. gran. sug. ≈ 2½ tsp.
1 lemon = 3-4 tbs. juice
3 tbs. cocoa + 1 tbs. butter = 1 oz. chocolate

APPROXIMATE HOME CANNING YIELDS (Quarts)
- Apples (sauce) 24 Qts. 12-18
- Berries 22 Lbs. 8-12
- Cherries 1 Bu. 15-18
- Peaches 1 Bu. 18-24
- Pears 1 Bu. 16-20
- Tomatoes 1 Bu. 12-16
- Tomato Juice 1 Bu. 8-12
- Asparagus 1 Bu. 11-14
- Green Beans 1 Bu. 9-10
- Corn 1 Bu. 20-25
- All Greens (Add 2 Minutes for Each 1,000')
- Green Peas 1 Bu. 17-20
- Squash 40 Lb. 16-20
- Beets 1 Bu. 17-20
- Corn 1 Bu. 8-9
- Greens 1 Bu. 6-8
- Green Peas 1 Bu. 6-7
- Squash 40 Lb. 16-20

HOME CANNING PROCESSING TIMES (Quarts)
Pressure Canner @ 10 lbs.
- Asparagus 30 mins.
- Green Beans 25 mins.
- All Greens (Increase 1 lb. for Each 2,000' Above Sea Level)
- Corn 30 mins.
- Green Peas 25 mins.
- Squash 30 mins.

In Boiling Water Bath
- Tomatoes 45 mins.
- Tomato Juice 15 mins.
- Apples 20 mins.
- Berries 20 mins.
- Peaches 30 mins.
- Corn 30 mins.
- Green Peas 20 mins.
- Squash 40 mins.

For complete instructions refer to Ball Blue Book, Dept. RF, Box 5, Muncie, Indiana. For your copy send 25c in coin to Ball Blue Book, Dept. RF, Box 5, Muncie, Indiana.