50 wonderful WAYS to use Sour Cream from Appetizers to Desserts

RECIPES FROM THE TEST KITCHEN OF THE AMERICAN DAIRY ASSOCIATION
Dear Mrs. Homemaker:

This cookbook has been designed to introduce you to the many wonderful ways that sour cream may be used to impart fine flavor and texture to the foods you prepare. This book has been developed because we felt that the full story of sour cream’s versatility has not been told.

Sour cream does wonders for your meals from soups to desserts. It is not a new product. In fact, our grandmothers and their mothers before them relied on sour cream to add fine full flavor to their cooking and baking.

Perhaps one reason all people are not familiar with the wonders of sour cream is a result of the name itself. The word “sour” may be misleading. Sour cream today is a far superior product to that used in grandma’s day. Today’s product is made from Grade A cream which has been pasteurized and homogenized. Lactic culture is added to produce a rich, clean, medium sharp cultured flavor.

Sour cream may be obtained from your milkman or at the food store. Review the sour cream recipes in this booklet and open the door to new taste-thrilling meals. You will be so delighted that sour cream will become one of your favorite cooking and baking ingredients.

*In many communities, dairy sour cream is referred to as SALAD CREAM.*
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Anchovy Chip Dip

Yield — 2 Cups

2 tablespoons anchovy paste
½ cup minced onion
1 tablespoon lemon juice
1 tablespoon tarragon vinegar
½ cup dairy sour cream
1 cup mayonnaise
½ cup finely chopped parsley

Combine all ingredients and mix well. Use as a dip for crackers or potato chips.

Shrimp Chip Dip

Yield — 1 ½ Cups

1 5-ounce can shrimp drained and chopped
1 cup dairy sour cream
¼ cup chili sauce
2 teaspoons lemon juice
½ teaspoon salt
½ teaspoon pepper
1 teaspoon prepared horseradish
Dash tabasco sauce

Cut the shrimp into very small pieces and mix well with the remaining ingredients. Use as a dip or spread for potato chips or crackers.

Sour Cream and Cheddar Chip Dip

 Yield — 4 Cups

2 cups dairy sour cream
1 ½ cups shredded sharp cheddar cheese
1 medium green pepper, chopped
½ cup chopped stuffed olives
1 small onion, minced
2 tablespoons lemon juice
1 teaspoon salt
¼ teaspoon paprika
1 teaspoon Worcestershire sauce
Dash tabasco sauce

Combine all ingredients and mix well. Chill several hours in the refrigerator and serve with potato chips or small crackers.

Tangy Sour Cream Dip

Yield — 1 ½ Cups

1 cup dairy sour cream
½ to ½ cup drained horseradish
1 teaspoon Worcestershire sauce
½ teaspoon celery seed
½ teaspoon salt
¼ teaspoon paprika

Combine sour cream with other ingredients and stir gently until blended. Serve with crisp crackers or potato chips.
**Soups**

A rule to remember in serving soup is that a swirl of sour cream may be stirred into any clear soup or cream soup before serving. Top cream of tomato soup, consomme or cream of mushroom soup with a spoonful of dairy sour cream before serving. With fish soups, season the cream with a bit of salt and ginger or curry powder.

**Potato Soup**

Yield — 6-8 Servings

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>1/4 cup butter</td>
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<tr>
<td>4 cups potatoes, diced</td>
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<tr>
<td>1 cup finely cut celery</td>
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<tr>
<td>1 medium onion, chopped</td>
<td></td>
</tr>
<tr>
<td>1 pimiento, minced</td>
<td></td>
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<tr>
<td>2 tablespoons minced parsley</td>
<td></td>
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<tr>
<td>4 cups broth, stock, or bouillon</td>
<td></td>
</tr>
<tr>
<td>1/2 teaspoon paprika</td>
<td></td>
</tr>
<tr>
<td>1 1/2 cups dairy sour cream</td>
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</table>

Melt butter in a large saucepan and saute the potatoes, celery, onion, and pimiento until the onion begins to brown. Add the parsley and the stock or bouillon and simmer until the vegetables are thoroughly cooked. Season to taste. Remove from the heat and blend in the sour cream. Serve at once.

**Hamburger Stroganoff**

Yield — 6-8 Servings

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
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</thead>
<tbody>
<tr>
<td>1/2 cup minced onion</td>
<td></td>
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<tr>
<td>1/4 cup butter</td>
<td></td>
</tr>
<tr>
<td>1 lb. ground beef</td>
<td></td>
</tr>
<tr>
<td>1 clove garlic, finely chopped</td>
<td></td>
</tr>
<tr>
<td>2 tablespoons flour</td>
<td></td>
</tr>
<tr>
<td>2 teaspoons salt</td>
<td></td>
</tr>
<tr>
<td>1/4 teaspoon pepper</td>
<td></td>
</tr>
<tr>
<td>1 lb. sliced mushrooms</td>
<td></td>
</tr>
<tr>
<td>1 can cream of chicken soup,</td>
<td></td>
</tr>
<tr>
<td>undiluted</td>
<td></td>
</tr>
<tr>
<td>1 cup dairy sour cream</td>
<td></td>
</tr>
<tr>
<td>Minced parsley or chives</td>
<td></td>
</tr>
<tr>
<td>Chow mein noodles</td>
<td></td>
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</table>

Saute onion in butter until tender. Stir in all remaining ingredients except soup, sour cream and parsley. Saute 5 minutes. Add soup; simmer, uncovered for 10 minutes. Stir in sour cream; sprinkle with parsley. Serve on chow mein noodles.
**Paprika Schnitzel**

Yield — 6 Servings

1 1/2 lbs. veal cutlets or steaks 1 4-oz. can button mushrooms, sliced
3 tablespoons flour 2 tablespoons flour
1 teaspoon salt 1 cup milk
2 teaspoons paprika 1 bay leaf, crumbled
3 tablespoons butter 1/2 teaspoon caraway seed
1 tablespoon butter 1 cup dairy sour cream
1 medium onion, chopped

Combine flour, salt and paprika and dredge veal in this. Melt 3 tbsp. butter in a large skillet and brown veal. Cook until done. Remove from skillet onto warm serving dish. Add 1 tablespoon butter, onion, and mushrooms. Brown. Add 2 tablespoons flour, milk, bay leaf, and caraway seeds. When thickened and hot, add the sour cream and blend. Serve over the meat. Add salt if desired.

**Beef Stroganoff**

Yield — 8-10 Servings

1 1/2 lbs. round steak 1 6 oz. can tomato paste
1 lb. sliced fresh mushrooms 1 teaspoon salt
1 cup butter 1/8 teaspoon pepper
2 lbs. Bermuda onions, finely chopped 1 teaspoon soy sauce
1 can condensed tomato soup Minced parsley


**Swedish Sour Cream Meat Balls**

Yield — 5 Servings

MEAT BALLS:

1 1/2 pounds ground beef 1/4 teaspoon pepper
1/2 cup fine dry bread crumbs 1 teaspoon dry mustard
1 medium onion, finely chopped 1/2 teaspoon chopped mixed herbs
1 egg (thyme, oregano, sage, rosemary, marjoram, and basil)
1 teaspoon salt 1 teaspoon paprika
1/4 cup butter

Combine all the ingredients and mix well. Form into meat balls and brown in butter. This will make 10 meat balls about 2 inches in diameter. Meanwhile, prepare the sauce.
Swedish Sour Cream Meat Balls (Continued)

SOUR CREAM TOMATO SAUCE:

1 6-oz. can tomato paste
2 teaspoons Worcestershire sauce
2 cups dairy sour cream

Heat the water, add beef bouillon cubes, and stir until dissolved. Add tomato paste and Worcestershire sauce and bring to a boil. Stir in the sour cream. Pour over meat balls and simmer for about 10 minutes or until the sour cream is heated through. Serve alone or with noodles or rice.

Ham Noodle Bake

2 qt. casserole  Yield — 8 Servings
2 8-oz. packages noodles, cooked
1 pound diced, cooked ham
2 tablespoons chopped onion
1 cup coffee cream

In a buttered 2 quart casserole put a layer of noodles and a layer of ham. Combine onion, coffee cream and sour cream and pour \( \frac{1}{3} \) over mixture. Season with salt and pepper. Repeat until there are 3 layers. Top with buttered bread crumbs. Bake in a moderate oven (350°) for about 20 minutes, or until crumbs are brown.

Chicken Paprika

Yield — 4-6 Servings
3 to 4 tablespoons butter
\( \frac{1}{2} \) cup chopped onion
1 large frying chicken, 3 to 3\( \frac{1}{2} \) pounds
Paprika
1 1/2 teaspoons salt
1 bayleaf, if desired
1/2 cup water
1/2 pint (1 cup) dairy sour cream

Melt butter in heavy frying pan with tight fitting cover. Add onions and cook over very low heat until onions lose crispness. Pull onions to one side of pan. Add chicken cut in pieces for serving and sprinkle heavily with paprika. Cook slowly for about 5 minutes (does not need to brown). Turn. Add more paprika until chicken is well coated. (Paprika depends upon its color rather than its flavor for its mark of distinction.) Add bayleaf, salt and \( \frac{1}{2} \) cup of water. Cover tightly. Cook very slowly for 45 minutes or until chicken is tender. To prevent sticking, add a bit of water if necessary. Spoon the sour cream over the chicken, cover and cook slowly 8 to 10 minutes more. Stir the cream down into the paprika sauce. Arrange chicken on warm platter and pour sauce over all.
**Veal Chops In Sour Cream**

Covered baking dish  
Yield — 4 Servings  
350° preheated oven  
4 lean veal chops  
2 tablespoons butter  
Salt and pepper  
4 large slices sweet onion  

Brown chops in butter in frying pan. Arrange in baking dish. Season to taste with salt and pepper and place an onion slice on top of each chop. Mix 1/4 cup water with the drippings in the frying pan and pour over the chops. Cover and bake in a 350° oven for 45 minutes. Remove the cover, spread sour cream over the tops of the chops, sprinkle with grated Parmesan cheese, and return to the oven uncovered for 20-30 minutes more or until brown.

**Fish Fillets In Sour Cream**

Yield — 3-4 Servings  
10" x 6" x 1 1/4" baking dish (1 1/2 qts.)  
1 pound fish fillets or steaks  
Salt and pepper  
1 cup dairy sour cream  
2 tablespoons finely chopped dill pickle  
2 tablespoons minced onion  

Arrange fish in a well buttered baking dish. Sprinkle with salt and pepper. Combine remaining ingredients and spread on fish. Sprinkle with paprika and bake in a 375° oven for 20-25 minutes or until the fish flakes when tested with a fork.

**Swiss Steak With Sour Cream Gravy**

Yield — 4 Servings  
1 1/2 pounds round steak (thick slice)  
1/4 cup flour  
1/4 cup butter  
1/2 cups water  
2 bay leaves  
2 teaspoons salt  
1/2 pt (1 cup) dairy sour cream  

Wipe steak with a damp cloth. Pound flour into it. Melt butter in skillet and saute steak in this, over low heat, until browned on both sides. Pour water over meat. Add bay leaves and salt. Cover and simmer for 1 1/2 hours or until the meat is tender. Remove cover and continue to cook, allowing most of the water to evaporate. Remove steak onto hot serving platter. Add sour cream to meat drippings in skillet and blend well. Pour over steak and serve at once.
Lamb Stew With Sour Cream

Yield — 4 Servings

3 tablespoons flour
2 teaspoons salt
2 teaspoons paprika
1 teaspoon pepper
2 lb. lamb shoulder, cubed

Combine flour, salt, paprika and pepper. Coat the meat cubes with this mixture. Melt butter in a 3 quart saucepan. Add meat and chopped onion and brown lightly. Add remaining flour mixture if all was not used to dredge the meat. Mix well. Add tomatoes. Cook over low heat for 2 hours. Add additional tomatoes or tomato juice if necessary. Just before serving carefully stir in the sour cream and blend well.

Sauerkraut Goulash

Yield — 4 Servings

2 tablespoons butter
1 pound lean veal, cubed
1 1/2 teaspoons caraway seed
1 1/2 teaspoons dill
1 medium onion, sliced
1 cup water
2 cups sauerkraut
1 cup dairy sour cream

Melt butter and brown veal in it over low heat. Add caraway, dill, onion and water and simmer for 2 hours. Add more water if necessary so that the meat does not become dry. Add sauerkraut and bring to the boiling point. Mix in sour cream and serve at once.

Stuffed Veal Birds

Yield — 4 Servings

4 veal steaks, cut very thin
1 1/4 cups soft bread cubes
1/2 cup chopped celery
2 teaspoons chopped onion
1/4 teaspoon salt
Pepper
1/8 teaspoon sage
5 tablespoons butter, melted
1/2 cup milk, scalded
3 tablespoons butter
1 cup hot water
2 1/2 tablespoons flour
1 cup dairy sour cream

**Green Beans Supreme**

Yield - 4 Servings

- 1 cup dairy sour cream
- 2 cups French style green beans, cooked, canned or frozen
- ½ cup grated sharp cheddar cheese

Simmer onion in melted butter. Add flour, salt, and pepper and mix well. Add sour cream and heat through. Blend with cooked beans and pour into a shallow baking dish. Top with grated cheese and bake at 350° for 15 minutes.

**Sour Cream Scalloped Potatoes**

Yield - 6 Servings

- 4 cups sliced cooked potatoes
- ½ cup chopped onion
- 2 tablespoons butter
- 1 cup dairy sour cream
- 2 tablespoons water
- 2 eggs, well beaten
- 1 teaspoon salt
- Dash pepper
- 1 cup shredded sharp cheddar cheese

Cook potatoes in salted water until done. Saute onion in butter. Combine with sour cream, water, eggs, salt and pepper. Place potatoes in a buttered 1 qt. casserole. Pour sour cream sauce over them. Top with shredded cheese and bake in a 350° oven for 20-25 minutes.

**Corn In Sour Cream**

Yield - 4 Servings

- 2 tablespoons butter
- ¼ cup minced onion
- 1 cup cooked, canned or frozen corn
- 2 tablespoons flour
- 2 teaspoons salt
- ¼ teaspoon pepper
- 1 cup water
- 1 cup dairy sour cream
- 2 cups cooked, canned or frozen corn

Saute onion and green pepper in butter in saucepan. Add flour, salt and pepper and mix well. Add water and sour cream and stir until thickened. Use medium heat for cooking. Add corn and stir until the corn is heated through. Serve at once.
**Baked Beets Julienne**

Yield — 6 Servings

1½ qt. casserole

350° oven, 25-30 min.

- 4 cups Julienne beets, drained
- 1 cup dairy sour cream
- ¼ cup beet liquid
- 2 tablespoons lemon juice
- 2 tablespoons grated onion
- Salt and pepper
- ½ cup buttered bread crumbs

Combine all ingredients except bread crumbs and mix lightly. Turn into a buttered 1½ quart casserole. Top with buttered crumbs. Bake at 350° about 25-30 minutes.

**Asparagus With Horseradish-Sour Cream Sauce**

Yield — 6 Servings

- 2 lbs. asparagus spears or 2 boxes frozen asparagus
- ½ cup dairy sour cream
- ¼ cup drained horseradish
- Salt and pepper
- Few grains cayenne or ⅛ teaspoon paprika

Cook asparagus in a small amount of boiling salted water until tender. Drain. Meanwhile make sauce. To sour cream add horseradish and seasonings and blend. Serve over the cooked asparagus.

## Salad Dressings

### Pineapple Cream Dressing

Yield — 1½ Cups

- ⅓ cup crushed pineapple, drained
- ⅓ cup pineapple syrup from canned pineapple
- 2 teaspoons sugar
- ⅛ teaspoon salt
- 1 cup dairy sour cream

Blend first four ingredients together. Fold in the sour cream and mix well. Serve with fruit salad or cole slaw.

### Sour Cream Dressing for Shrimp

Yield — 1 Cup

- 4 slices bacon
- 1 cup dairy sour cream
- 2 tablespoons tarragon vinegar
- 1 teaspoon grated onion (optional)
- 1 teaspoon salt

Pan-broil bacon slowly until crisp. Remove it from the pan and place on paper towels to drain. Let bacon drippings cool. Chop bacon fine. Add bacon drippings to
sour cream, beating with a fork. Add vinegar, onion, salt and bacon. Chill dressing thoroughly. Dressing may be kept in refrigerator for several days in a tightly covered jar.

**Sour Cream Salad Dressing**

Yield — 2½ Cups

- 3 tablespoons sugar
- 3 tablespoons flour
- 1 teaspoon salt
- ¼ teaspoon white pepper
- ¼ teaspoon paprika
- 1 teaspoon dry mustard
- 2 eggs, slightly beaten
- ½ cup vinegar
- 2 tablespoons butter
- 1½ cups dairy sour cream

Mix dry ingredients. Add eggs to vinegar; add to dry ingredients. Cook over low heat, stirring constantly until smooth and thick. Add butter; blend. Remove from heat; stir in sour cream. Chill.

**Sour Cream Dressing**

- 1 cup dairy sour cream
- 1 tablespoon chopped chives or minced onion
- 2 tablespoons vinegar (tarragon is excellent)
- ¼ teaspoon salt
- ¼ teaspoon black pepper
- ¼ teaspoon sugar
- ½ cup mayonnaise or cooked salad dressing

Mix all ingredients together carefully, except mayonnaise, which is folded in last. (Extra flavor for garlic lovers — rub clove of garlic cut fine into salt.)

**salads**

**California Salad**

Yield — 8 Servings

- 1 cup pineapple chunks, drained
- 1 cup orange segments, drained
- 1 cup shredded coconut
- 8 marshmallows quartered
- 1 cup dairy sour cream

Combine all ingredients. Chill in refrigerator 24 hours. Serve on crisp salad greens.
**Frozen Pineapple Salad**

Medium sized muffin tins

1 pint (2 cups) dairy sour cream
2 tablespoons lemon juice
3/4 cup sugar
1/8 teaspoon salt
1 9-oz. can crushed pineapple, well drained

Yield — 10 individual salads

1/4 cup chopped maraschino cherries
1/4 cup chopped walnuts
1 banana, sliced

Mix sour cream, lemon juice, sugar, and salt. Add remaining ingredients and blend. Pour into medium sized muffin tins which have been lined with paper cups. Freeze until firm. Remove the papers to serve. This mixture will fill 10 muffin tins.

**Beet Velvet Salad**

1 quart mold or 6 individual molds

1 package lemon flavored gelatin
1 cup hot water
2 cups diced cooked beets

Yield — 6 Servings

1 cup dairy sour cream
1 tablespoon lemon juice
1 teaspoon grated onion
Salt and pepper

Dissolve gelatin in hot water; stir in beets. Add sour cream and blend well; add remaining ingredients. Pour mixture into an oiled 1 quart mold or 6 individual molds. Chill until firm. Unmold on crisp salad greens and serve with mayonnaise.

**Potato Salad With Sour Cream Dressing**

Yield — 6 Servings

3 cups chopped, cooked potatoes
2 hard cooked eggs, chopped
1/2 cup chopped celery
1/3 cup chopped pickle
2 teaspoons salt
1/2 teaspoon pepper

1/3 cup chopped onion
1/3 cup chopped pimento
1 tablespoon vinegar
1 tablespoon prepared mustard
3/4 cup sour cream dressing

Combine all of the ingredients and chill before serving.

Good for a packed lunch when chilled in the wide-mouthed thermos bottles.
**Lime Fruit Mold**

Yield — 10-12 Servings

2 quart mold

2 packages lime flavored gelatin
1 1/2 cups hot water
1 1/2 cups cold water
2/3 cup fruit syrup

1 cup crushed pineapple, drained
1 cup diced canned pears, drained
1 cup dairy sour cream

Dissolve gelatin in hot water; add cold water and fruit syrup. Chill until partially thickened. Fold in fruits and sour cream. Pour gelatin mixture into an oiled 2 quart mold or individual molds. Chill until firm. Unmold on crisp salad greens and garnish with pineapple slices, pear halves and maraschino cherries.

**Lime-Lemon Layer Salad**

Yield — 10-12 Servings

2 quart mold

1 package lime flavored gelatin
1 cup hot water
1/2 cup sliced, stuffed olives
1 cup dairy sour cream
1 package lemon flavored gelatin

1/2 cups hot water
1/2 cup pineapple juice
1 cup crushed pineapple, well drained
1/2 cup diced celery

Dissolve lime flavored gelatin in hot water. Chill until partially set. Add olives; fold in sour cream. Pour into oiled salad mold or individual salad molds, filling each one-half full. Chill until firm. Dissolve lemon flavored gelatin in hot water; add pineapple juice. Chill until partially set. Add crushed pineapple and celery. Pour over lime layer and chill until firm. Unmold on crisp salad greens.

**Caraway Cole Slaw**

Yield — 6 Servings

1/2 medium head cabbage, shredded (4 cups)
1/2 cup dairy sour cream
2 tablespoons sugar

2 tablespoons vinegar
1/2 teaspoon salt
Dash pepper
1-2 teaspoons caraway seed

Shred chilled cabbage. Combine remaining ingredients and pour over cabbage. Mix lightly and serve immediately or refrigerate until ready to serve.
**breads**

### Sour Cream Nut Bread

- **Yield — 1 Loaf**
- **350° preheated oven, 1 hour**

- 2 cups sifted flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- ¼ teaspoon cinnamon
- ¼ teaspoon cloves
- ¼ teaspoon nutmeg
- 1 egg, beaten
- 1 cup brown sugar, firmly packed
- 1 cup dairy sour cream
- 1 cup broken nut meats

Sift flour, baking powder, soda and spices together. Beat egg. Add sugar and mix well. Stir in sour cream carefully. Add dry ingredients, stirring only enough to moisten them. Add the nut meats. Pour into a well buttered loaf pan and bake in 350° preheated oven for 1 hour. Good served warm or cold.

### Pineapple Coffee Cake

- **Yield — 9 Servings**
- **375° preheated oven, 25-30 minutes**

- 1½ cups sifted flour
- 2 teaspoons baking powder
- ½ teaspoon soda
- ½ teaspoon salt
- ½ teaspoon cinnamon
- ¼ teaspoon nutmeg
- 1 egg, beaten
- 1 cup dairy sour cream
- ½ cup drained crushed pineapple
- ½ cup brown sugar, firmly packed

**TOPPING:**

- ¼ cup light corn syrup; ½ cup chopped walnuts; ⅓ cup shredded coconut

Sift dry ingredients together. Combine egg, sour cream, pineapple, and brown sugar; add to dry ingredients stirring only until flour is moistened. Brush bottom of a buttered 8-inch square pan with corn syrup; sprinkle nuts and coconut over syrup. Spread batter over topping. Bake at 375° for 25-30 minutes. Cut into squares and serve warm.
Prune Bread

9 x 5 x 3 inch loaf pan       Yield — 1 Loaf       350° preheated oven, 1 hour
2½ cups sifted flour       ¼ cup butter, softened
1 teaspoon allspice        1 cup sugar
½ teaspoon cloves           3 eggs
1 teaspoon cinnamon        ½ cup dairy sour cream
1 teaspoon baking powder   1 teaspoon vanilla
½ teaspoon soda            1 cup chopped, cooked prunes

Sift dry ingredients together. Cream butter and sugar, add eggs one at a time, mixing well after each addition. Mix well. Carefully add sour cream and vanilla and mix until smooth and well blended. Add dry ingredients and prunes. Mix well. Pour into a buttered 9 x 5 x 3 inch loaf pan and bake in a 350° preheated oven for 50 minutes to 1 hour. Remove from the pan when done and cool on a cake rack.

sandwich spreads

Tuna Sour Cream Sandwich Filling

Yield — 1¼ Cups

1 7-oz. can tuna fish, flaked       2 tablespoons pickle relish
½ cup chopped celery                6 tablespoons dairy sour cream
2 tablespoons minced onion

Combine ingredients and mix well.
Use as a sandwich filling or a spread for crackers.

Cheese and Pickle Sandwich Spread

Yield — 1 Cup

3 tablespoons pickle relish       ¼ cup dairy sour cream
1 cup shredded sharp cheddar cheese

Combine all ingredients and mix well.
Use as a spread for sandwiches or crackers.
**Frozen Cheese and Strawberry Dessert**

Yield — 4 Servings

<table>
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<th>Ingredients</th>
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<tr>
<td>cottage cheese</td>
<td>1 cup</td>
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<td>lemon juice</td>
<td>1 tablespoon</td>
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<tr>
<td>sugar</td>
<td>½ cup</td>
</tr>
<tr>
<td>dairy sour cream</td>
<td>1 cup</td>
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<tr>
<td>strawberries</td>
<td>1 pint</td>
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Put cottage cheese through food mill. Add lemon juice and sugar and beat smooth. Add sour cream and mix well. Freeze in a refrigerator tray until firm around the edges then turn into a chilled bowl and beat until smooth. Return to tray and freeze firm. Serve in squares with fresh sweetened berries or defrosted frozen ones. Raspberries, blueberries or sliced peaches may be used if desired.

**Pineapple Apricot Refrigerator Cheese Cake**

Yield — 8-10 Servings

<table>
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<tr>
<td>crushed pineapple</td>
<td>1 9-oz. can</td>
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<tr>
<td>apricot halves</td>
<td>1 1-lb. (No. 303)</td>
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<tr>
<td>salt</td>
<td>1½ teaspoons</td>
</tr>
<tr>
<td>cottage cheese</td>
<td>2 cups sieved</td>
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<tr>
<td>gelatin</td>
<td>2 tablespoons</td>
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<tr>
<td>lemon juice</td>
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<tr>
<td>sugar</td>
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<tr>
<td>graham cracker crumbs</td>
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<tr>
<td>melted butter</td>
<td>3 tablespoons</td>
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<tr>
<td>chopped nuts</td>
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Sieve apricot halves and pineapple. Add salt and sieved cottage cheese and mix well. Dissolve the gelatin in the lemon juice. Heat the fruit juice to boiling and pour over the gelatin. Stir until gelatin is dissolved. Cool slightly. Gradually add to cheese mixture and blend thoroughly. Add sour cream. Whip cream and add sugar. Fold into cheese mixture. Pour into an 8-inch spring form pan and chill several hours. Unmold on plate. Mix crumbs, butter, and chopped nuts and sprinkle over top of cake. Garnish with fresh or canned apricot halves.

**Simple, Yet Simply Delicious Sauce**

Cool, canned purple plums with a splash of sour cream on top.
Sour Cream and Apricot Dessert Sauce

Yield — 2 Cups Sauce

1 cup dried apricots
1½ cups water
1 cup sugar

Simmer apricots in water until tender. Press through sieve or food mill. Add the sugar and salt to the hot apricot puree and stir until dissolved. Cool. Stir in the sour cream. Serve over ice cream, waffles, or French dessert pancakes.

cakes

Spicy Cream Cake

2 8-inch layer cake pans
1/2 cup butter
2 cups brown sugar, firmly packed
3 eggs yolks, slightly beaten
2 cups sifted cake flour
1/4 teaspoon salt
1 teaspoon baking soda
350° preheated oven, 30 minutes
2 teaspoons cinnamon
1/4 teaspoon cloves
1/2 teaspoon allspice
1/2 teaspoon nutmeg
1 cup dairy sour cream
3 egg whites, stiffly beaten

Cream butter, add sugar and beat until light and fluffy. Add egg yolks and mix thoroughly. Sift dry ingredients and add alternately with sour cream, mixing well after each addition. Fold egg whites into batter. Pour into two buttered and floured 8-inch layer cake pans. Bake at 350° for 30 minutes.

Chocolate Cream Cake

3 8-inch layer cake pans
6 tablespoons butter
1 1/2 cups sugar
2 eggs, beaten
3 1-ounce squares unsweetened chocolate
3/4 cup boiling water
1 1/2 teaspoons soda
2 1/4 cups sifted cake flour
1 1/2 teaspoons baking powder
1/4 teaspoon salt
3/4 cup dairy sour cream
1 teaspoon vanilla

Cream butter; gradually add sugar and continue creaming until fluffy. Add beaten eggs. Melt chocolate with water; cool. Add sifted dry ingredients alternately with
sour cream, mixing well after each addition. Stir in chocolate mixture and vanilla. Pour batter into 3 buttered and floured 8-inch cake pans. Bake at 350° for 25-30 minutes.

**Mahogany Sour Cream Cake**

2 9-inch round cake pans
3 squares baking chocolate
1/2 cup water
1 cup dairy sour cream
2 cups sifted cake flour
1 teaspoon soda
1 teaspoon salt

350° preheated oven, 30-35 min.

1 1/2 teaspoons baking powder
1/2 cup butter
2/3 cup light brown sugar
1 cup granulated sugar
3 eggs
2 teaspoons vanilla

Cook chocolate and water over very low heat, stirring until blended. Cool and add sour cream, mixing well. Sift dry ingredients together. Cream butter and add brown sugar and granulated sugar. Add eggs one at a time, mixing well after each addition. Add vanilla and beat. Add dry ingredients alternately with the sour cream mixture. Mix well. Pour batter into 2 buttered and floured 9-inch round layer cake pans and bake in a 350° oven for 30-35 minutes. Remove from pans and cool on cake racks. Or bake one 9 x 13 inch loaf cake and use a 350° oven for 40 minutes.

**cookies**

**Sour Cream Date Delights**

Yield — 5 Doz. Cookies
1 1/4 cup sifted flour
1/2 teaspoon soda
1/4 teaspoon baking powder
1/4 teaspoon salt
1/4 teaspoon cinnamon
1/8 teaspoon nutmeg
1/4 cup butter

400° preheated oven, 10 minutes

3/4 cup brown sugar, firmly packed
1 egg
1/2 teaspoon vanilla
1/2 cup dairy sour cream
2/3 cup chopped pitted dates
1/2 cup chopped nuts

Sift flour with dry ingredients. Cream butter and sugar; add egg and vanilla and mix well. Add sifted dry ingredients alternately with sour cream. Fold in chopped dates and nuts. Drop by teaspoonfuls on a greased cookie sheet and bake in a 400° oven for 10-12 minutes.
**Sour Cream Oatmeal Cookies**

Yield — 4-5 Doz. Cookies

1 1/4 cups sifted flour  
1 teaspoon baking powder  
1/4 teaspoon soda  
1/4 teaspoon salt  
1/4 teaspoon nutmeg  
1 teaspoon cinnamon  
1/4 cup butter

<table>
<thead>
<tr>
<th>425° preheated oven, 8-10 minutes</th>
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<tbody>
<tr>
<td>1 cup firmly packed light brown sugar</td>
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<tr>
<td>1 egg</td>
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<tr>
<td>1 teaspoon vanilla</td>
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<tr>
<td>1/2 cup dairy sour cream</td>
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<tr>
<td>1/2 cup chopped raisins</td>
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<tr>
<td>1/2 cup chopped nuts</td>
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<tr>
<td>1/3 cup quick cooking oatmeal</td>
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Sift dry ingredients together. Cream butter and sugar, add egg and blend. Add vanilla. Add sifted dry ingredients alternately with sour cream. Lastly fold in raisins, nuts, and oatmeal. Drop by teaspoonfuls onto a greased cooky sheet and bake in a 425° oven for 8-10 minutes. Remove from cooky sheet and cool on cake racks.

**Chocolate Chip Cream Cookies**

Yield — 7-8 Doz. Cookies

3 1/2 cups flour  
1/2 teaspoon salt  
1/2 teaspoon baking powder  
1 teaspoon soda  
1/2 cup butter  
1 1/2 cups dark brown sugar

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<thead>
<tr>
<th>375° preheated oven, 10-12 minutes</th>
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<tr>
<td>2 eggs</td>
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<tr>
<td>1 teaspoon vanilla</td>
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<tr>
<td>1 cup dairy sour cream</td>
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<tr>
<td>1 cup chopped nuts</td>
</tr>
<tr>
<td>2 6-oz. packages semi-sweet chocolate bits</td>
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Sift dry ingredients together. Cream butter and sugar. Add eggs and vanilla and mix well. Add sifted dry ingredients alternately with sour cream. Add chopped nuts and chocolate and blend. Drop by teaspoonfuls on a greased cooky sheet and bake in a 375° oven for 10 minutes or until browned. Remove from cooky sheet at once and cool on cake racks.

**Chocolate Cream Drops**

Yield — Approx. 5 Doz. Cookies

1/2 cup butter  
2 1-ounce squares unsweetened chocolate, melted  
1 1/2 cups sugar  
2 eggs  
1 cup dairy sour cream

<table>
<thead>
<tr>
<th>375° preheated oven, 10 minutes</th>
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<tbody>
<tr>
<td>1 teaspoon vanilla</td>
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<tr>
<td>2 3/4 cups sifted flour</td>
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<tr>
<td>1/2 teaspoon soda</td>
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<tr>
<td>1/2 teaspoon baking powder</td>
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<tr>
<td>1/2 teaspoon salt</td>
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<tr>
<td>1 cup chopped nuts</td>
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Cream butter and add chocolate. Gradually add sugar. Beat in eggs, one at a time; then add sour cream and vanilla. Sift flour, soda, baking powder and salt; gradually add to mixture. Add nuts. Chill at least 1 hour. Drop rounded teaspoonfuls about 2” apart on lightly greased cooky sheet. Bake at 375° for 10 minutes.
Candies

Cream Candied Nuts


1½ cups sugar
½ cup dairy sour cream
2 tablespoons butter
1 teaspoon vanilla
1 teaspoon cinnamon
2½ cups pecan halves

In a 2 quart saucepan, bring sugar, sour cream, and butter to a boil. Cook to soft ball stage, 238° F., stirring occasionally. Remove from heat and add vanilla and cinnamon. Stir until mixture begins to thicken. Add nuts and stir until well coated. Turn out onto buttered cooky sheet and separate into individual clusters.

Chocolate Sour Cream Fudge

8-inch square pan

2 cups sugar
1 cup dairy sour cream
2 oz. (2 sq.) unsweetened chocolate
½ teaspoon salt
2 tablespoons light corn syrup
2 tablespoons butter
1 teaspoon vanilla
½ cup chopped walnuts

Combine sugar, sour cream, broken chocolate, salt, and syrup in 2 quart saucepan. Cook over low heat, stirring until sugar dissolves. Heat to boiling; cover, and cook for 3 minutes. Uncover and cook to the soft ball stage, 238°, stirring frequently. Remove from heat. Add butter and vanilla; let cool to lukewarm, 110°, without stirring. Beat vigorously until the candy is creamy and has lost its gloss. Add walnuts and pour into buttered pan. Cut in squares.
Featuring CROWLEY'S fresh fresh DAIRY FOODS